

CALENDAR

May

Mon 1 Yr 5 Excursion - A day in the life of AHS
 Tue 2 School Banking day
 Tue 2 After School Dance (P-Yr 2) starts
 Tue 2 PFA Meeting
 Tue 2 Understanding Mental Illness workshop
 Wed 3 Lunchtime Dance starts
 Wed 3 After School Dance (Yrs 3-5) starts
 Thu 4 Fun Run
 Thu 11 Mother's Day Breakfast
 Fri 12 Mother's Day Stall
 Sat 13 Sayembara Lisan Indonesian Oral Competition
 Wed 17 Secondhand Uniform Sale
 Thu 18 Harmony Day celebration
 Wed 24-Fri 26 ... Yr 5 Camp - Sovereign Hill
 Mon 29 EHPS Student free day

June

Mon 12 Queen's Birthday public holiday

August

Fri 11 House Athletics
 Fri 18 EHPS Student free day

November

Thu 2 Music: Count Us In
 Thu 2 Showcase
 Tue 7 Melbourne Cup public holiday

Students do not attend school on public holidays.

Whole School Assembly

Every Monday at 2.30pm in School Hall. *All welcome*

SCHOOL TOURS

Thursdays & Fridays at 9.30am
Bookings essential - please call School Office

ENROLMENTS FOR 2018

are being accepted now—please submit by the end of Term 2.

2017 Term Dates

Term 1: 30 January* to 31 March

Term 2: 18 April to 30 June

Term 3: 17 July to 22 September

Term 4: 9 October to 22 December

** 30 January is a state wide student free day.*

EHPS student free days: 31 January, 29 May and 18 August.

Essex Heights Primary School
 22-30 Essex Road
 Mount Waverley VIC 3149
 Telephone: (03) 9807 4944
 Fax: (03) 9888 2249
 essex.heights.ps@edumail.vic.gov.au
 www.essexheightsps.vic.edu.au

Principal: Mr George Perini

Office Hours: 8.30am to 4.30pm Monday to Friday
 during school terms

PRINCIPAL'S REPORT

Dear parents and guardians,

On Monday our whole school stopped at 2.30pm to commemorate ANZAC Day. We were very lucky with the weather because students, staff and families were able to assemble on the basketball court and participate in an important moment for our school community.



Our flag monitors, Ellen T and Jake S, lowered the flags and our school captains, Stephanie and Ruby, explained the meaning of ANZAC Day. This was then followed by a wonderful commemorative address by

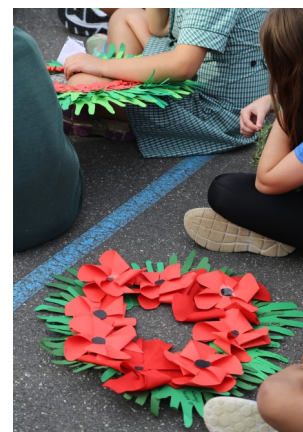


Captain Luke Geddes (Dad of Stefan V) about the ANZAC story. Our other school captains, Lochie and Lewis, then read the traditional poem 'In Flanders Field'. All classes had prepared wreaths and these were placed, in turn, at the base of the flag poles. The whole school read 'The Ode' from 'For the Fallen' by Laurence Binyon and then prepared for the most solemn part of the service. As the last post rang out, played beautifully by Amber on trumpet,

the flags were lowered to half mast and the minute silence was observed by all. The Rouse followed and our official service concluded with the national anthem played so well by the Chamber Strings conducted by Ms Alyssa Kennedy. Our assembly concluded with 'Blow, Bugle, Blow' (based on a poem by Alfred Lord Tennyson, music by Ruth Scram), sung beautifully by the Chorale, conducted by Ms Tanya Dolence.

The whole service was so well received by all students.

... continued



It truly reflected the importance of this day in modern Australia. I would like to thank Captain Geddes, Anita Dix, the staff and students mentioned above and the teachers and classes who prepared the beautiful wreaths for making this ANZAC Day service really memorable.



Yesterday I visited Year 3C and I found the class and Mr Cavill very excited. When I enquired about this I found out that as part of music and then completed as a writing piece, 3C had written the lyrics to a song. Then with the help of Mr Cavill had put them to music. I was just lucky to be in the right place at the right time and they sang it for me. It was a fun song about school life. Well done 3C, great work!!!

On Thursday I was fortunate to be able to present my first class award to Prep B. They were awarded their certificate for their excellent work as a team and for their hard work and cooperation. Well done Prep B.

At Essex Heights we are all very conscious of road safety. This week on yard duty at the front of the school I was disappointed to see some very unsafe behaviour. Therefore I would like to remind all families that greater care and observance of road laws must be followed in Essex Road before and after school. If you are dropping off your children, please make sure that you use the drop off zone properly. Please do not park and leave your car; it is only a 2 minute park (up to 9.30am and from 3pm each day), meant for a 'drop and go'. Also, please DO NOT 'U turn' in front of the school, it causes traffic problems (and it's a solid centre line!). Please make sure that children get out of your car on the footpath/nature strip side, not onto the road. Most importantly make sure that your children cross at the school crossing. I realise that we are all busy and pressed for time, but safety awareness and good road behaviour will avoid accidents. You are also reminded that the car park on Essex Road is for staff only (with the only exception being if you hold a valid permit and require the disabled parks); also, the gates from this car park are for the use of staff only. Several staff have reported close calls with students or parents walking through this car park. Your attention to and compliance with these matters is appreciated; your children are our priority.



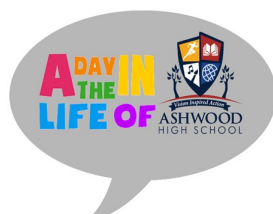
*George Perini
Principal*



Making Rosemary Tea in Prep M and L

We had a discussion about Gallipoli and how rosemary grew wild on the peninsula there. It is a herb that has a lot of significance on ANZAC Day alongside the poppy.

The children loved smelling the fresh rosemary twigs from Miss Misso's garden and then drinking the tea. From the positive reaction from the children, we might need to make tea more often! Many of them wanted to go home and make it.



The Year 5 local excursion [*A Day in the Life of Ashwood High School*](#) has been rescheduled to Monday 1st May. Students will be travelling by bus.



Tanggal Penting: Important Dates/Events

29th & 30th April

Nusantara Indonesia Street Festival

Queen Victoria Market

Cnr Elizabeth and Victoria Streets

25th April to 22nd May

Exhibition: Expressions of the Sacred

The Highway Gallery

14 The Highway, Mt Waverley (Free Entry)



MUSEUM OF
indonesian
arts

invites you to an exhibition entitled:

Expressions of the Sacred in Indonesian Arts

incorporating Tabanan Cultural Expo in Melbourne
to highlight the sacred in the UNESCO recognized
subak system of rice cultivation in Bali

Free entry to all events – donations gratefully accepted

Exhibition: 26 April 2017 to 21 May 2017

Gallery hours: 12.00 noon – 6.00 pm Tuesday to Sunday (closed Mondays)

Location: **The Highway Gallery** 14 The Highway, Mount Waverley
(Melway 70 E2) parking available in nearby streets/areas – note time limits

General enquiries to: Halina 9525 2683 or halinano@mq.com.au

Raffle: set of 5 Indonesian cushion covers & table runner \$2.00 ticket

On Friday 28 April 6.30 pm – 9.30 pm

Mr O'Conroy Doloksaribu,

Consul for Information, Social and Cultural Affairs

KJRI Melbourne will officially open the exhibition.

Performance of "Sekar Jagat" by visiting Balinese dancer

Light refreshments from Diana's Kitchen

Among honoured guests: the Bupati (Regent) of Tabanan Region,

Ni Putu Eka Wiriyastuti

and accompanying delegates and representatives from

the Subak system of rice cultivation of Jatiluwih, Ulandanu & Tanah Lot

Free workshops: Saturdays 2 pm – 4 pm

6 May: Visiting Subak leaders and Bapak Bagia performing a Topeng dance
accompanied by Gamelan DanAnda

13 May: Sacred music – Maria Obrowski with Sundanese angklung and

Expressions of the sacred in Banyuwangi rhythms – Ron Reeves

20 May: Searching for the Sacred in Megalithic Sumba – Dr David Mitchell

MIA acknowledges the generosity of Kato Lawyers in the printing of this flyer

Website: www.museumofindonesianarts.org Facebook.com/Museum of Indonesian Arts Inc

Saturday 13th May (12pm to 7pm)

The Indonesian Satay Festival 2017

Box Hill Town Hall

Saturday 13th May

Sayembara Lisan: Indonesian Oral Competition

The Sayembara Lisan is an annual statewide Indonesian oral competition for Prep to Year 11 students.

It is a wonderful opportunity for students to use their language in an environment other than the classroom and **to have fun speaking Indonesian!**

Students have received all competition questions and material which they are required to learn prior to the day. Practices are in Indonesian class time. However, children are also encouraged to practise at home. Registration is now closed for this event.

Please note families are required to make private travel arrangements to the venue on the day.

We look forward to the students' involvement.

SUSTAINABILITY TEAM



Essex Heights Primary School is proud of our Rubbish Free Lunch days. On Tuesdays and Thursdays we ask that your child's food is wrapper free or that any packaging is recyclable. Ideally, your child's lunch will only contain items that will be eaten, composted or recycled. Any non-recyclable packaging is to be taken home for disposal.

Reusable containers are a handy way to pack a rubbish free lunch. They also make it easy to buy food and drink in bulk (instead of single-servings) which can save money over time.

The Rubbish Free Lunch Challenge is one of Essex Heights Primary School sustainability education initiatives. By participating, students will have a better understanding of how we can take action to reduce our waste. Rubbish Free Lunches also save money and promote healthy eating. On average, a child who has a disposable lunch generates three pieces of rubbish per day, which equals a monstrous 30kg of waste per child per year!

If you have any questions, comments or concerns about the Rubbish Free Lunch, please don't hesitate to contact Marita Steward in B5.

Thank you for supporting your child's participation in Essex Heights Rubbish Free Lunch Challenge.



VICTORIAN PREMIERS' READING CHALLENGE



Once again students from across Victoria have a chance to take part in the Victorian Premiers' Reading Challenge (VPRC) in 2017. The students of Essex Heights have been participating in this since it began and we see it as a means of promoting the importance of reading among students in our school. This year the Victorian Government is encouraging families and parents to be more involved with supporting children's reading, in and beyond school.

Successful Challengers receive a Certificate in Term 4. For your child to be awarded the certificate, you will need to sign the permission form. There is no charge for the certificate. Student's names will also be published in an edition of the Sunday Age if you give permission.

Let's keep up the Essex Heights tradition of being ambassadors for the VPRC in 2017. The [permission & consent form](#) and a [letter from the Premier](#), The Hon Daniel Andrews MP, promoting not only the Premier's Reading Challenge but also the benefits of instilling a love of reading in your child was sent to families via Compass.



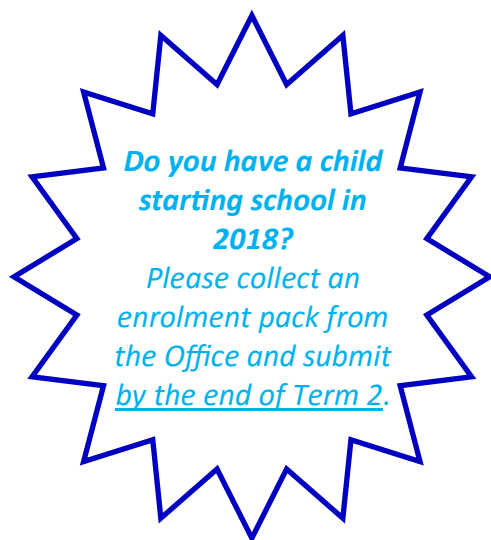
HEALTH CENTRE

Gastroenteritis ('gastro') is a bowel infection which causes diarrhea (runny, watery poo) and sometimes vomiting. The vomiting may settle quickly, but the diarrhea can last up to 10 days.

This is just a reminder that your child should not attend school for at least 24 hours after any vomiting and/or diarrhoea to promote healing and prevent infection to other students, families and staff in our wider school community. Please see below link from the Royal Children's Hospital (RCH) regarding this condition and see your doctor if you have any concerns.

http://www.rch.org.au/kidsinfo/fact_sheets/Gastroenteritis_gastro/

Julie Zuk
First Aid Officer



Student Free Day

Monday 29th May

Care available from 7am to 6pm
- contact Paul Davis

MUNCH & CRUNCH CANTEEN

Monday, Wednesday and Friday - lunch orders only.
No over the counter sales. 2017 menu available in the Office.



Canteen Roster

Please remember to sign the Visitor's Register in the Office before coming to the Canteen.

Monday 1st May at 11.15am Angela Barwick

Wednesday 3rd May at 9.30am Sophie Sauntner

Friday 5th May at 10am Erica Baddeley & James Douglas

If you are unable to do your rostered duty, please contact Maria as soon as possible.

If you have any queries, please call Maria on 0409 934 573.

SCHOOL BANKING

School Banking day returns to Tuesday next week.



April

27th Luca J
Rachel N
29th Esmond T
Polly Y
30th Aysha K

May

1st Emma Q
Ellie H
2nd Timothy F
Simon C
Sienna P

BEFORE & AFTER SCHOOL CARE

Before School Care: 7.00am to 8.45am Monday to Friday

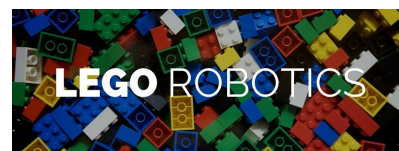
After School Care: 3.30pm to 6.00pm Monday to Friday

Vacation/Holiday Care & Student-Free (Curriculum) Day: 7.00am to 6.00pm

Thank you to all those families that supported the April Vacation Care Program. Could families please bring their Vacation Care accounts up to date before the end of the month.

The program will be running a **Lego Robotics workshop** on Thursdays. This should be a really fun and exciting activity. The only problem is that Bricks For Kids only have places for twenty children (as they only have 20 work stations). This workshop will be over five weeks and we will endeavour to ensure everyone that wants to do it will get an opportunity.

We will also have Dance and Drama on Tuesdays.



Thank you
Paul Davis
Coordinator



Fun Run

Next Thursday, 4th May, the Fun Run will take place. The Fun Run is one of our main fundraisers for 2017 and our goal is to raise \$10,000 for further playground improvements.

We need lots of volunteers to help this event run smoothly, if you are able to assist, please return the Parents and Friends Helper Form which was on the back of the Fun Run Notice sent home recently with your child.

Mother's Day Breakfast

Mums and Special Friends please note in your diary that the Mother's Day Breakfast will be held on Thursday 11th May. More details to come next week.

Mother's Day Stall

The Mother's Day Stall will be on Friday 12th May between 9am and 2pm. If you can help on the stall, please sign up at www.SignUpGenius.com/go/10C084AADA829A2FF2-mothers1.



SECONDHAND UNIFORM STALL

Wednesday 17th May in the Stadium from 3pm to 3.45pm

Helpers needed from 2.30pm. Donations can be left at the Office or in the lost property boxes. Please mark the bag "donations". Remove your child's name from the items and no "old" logo items or stained or torn items please!

Entertainment Books

Support our School by buying the NEW [2017 | 2018 Entertainment Membership](#) for your Mum, other family members, or even spoil yourself this Mother's Day. Entertainment Memberships are filled with hundreds of valuable offers for everything you love to do, and you'll be helping our fundraising at the same time!



Meetings

The next PFA meeting is next **Tuesday, 2nd May, at 7.30pm** in the Staffroom. Hope to see you there.

Have a great week,
Andrea Fyfe

MENTAL HEALTH IN FOCUS

Are hard times, stress and mental illness stopping you from living a full and happy life?

Are you supporting someone with a mental health issue?

Concerned about mental health in your community?

Confused about getting support through NDIS?

If so, one of our free workshops are for you! These workshops are being offered through a partnership project increasing understanding and support around mental health in the City of Monash.

Why should you go?

- Trained facilitators have real life personal experience of a mental health issue - they know what they're talking about and have "been through it".
- Connect with others in a similar situation and relieve your stress and isolation if you're a carer or family member.
- Fun, safe and interactive.
- Free.
- Light refreshments are provided at selected sessions.

Places are strictly limited so register now!

Understanding Mental Illness

Individuals, parents, teachers and community workers

Tuesday 2nd May from 5pm to 8pm at Essex Heights Primary School

Building A Future

Support for families of someone experiencing mental health issues

Saturday 6th and 13th May from 10am to 1pm at Amaroo Neighbourhood House, Chadstone

NDIS & Mental Health Information Forum

Information for anyone wanting to understand NDIS and mental health.

Tuesday 23rd May from 6.30pm to 8pm at Batesford Hub, Chadstone

Building a Future

For families of someone experiencing mental health issues

Starting Saturday 22nd July from 10am to 1pm, eight weekly sessions and four (three hour) follow-up sessions

Link Health & Community, Glen Waverley

To register or for more information, please email: community@ppha.org.au (provide your name, best contact phone number and email address), call 9536 7856 or go to <https://www.wellways.org>

Additional information and workshop information can also be found on the [City of Monash website](#).



CHESS CLUB



The Term 2 Chess Club commenced on Wednesday 26th April and will run until Wednesday 28th June. Classes run from 3.40pm to 4.40pm. Lessons cost \$12.50 per lesson (full Term 2 tuition - ten lessons - is \$125.00). The [registration form](#) can be collected from the School Office or accessed on the school website.

Chess Club is run by Chess Ideas. To register, or if you have any enquiries, please go to their website (www.chessideas.com.au) or contact them on 9532 8370.

DANCE CLASSES

Dance classes will be offered for Prep to Year 5 students in Term 2. Children will participate in a variety of warm up routines, create their own movements through activities and learn a choreographed dance to be performed at the end of the last session for family and friends.

LUNCHTIME DANCE will run for students in Years 1 to 4. Lessons are 30 minutes long and will run from Wednesday 3rd May until Wednesday 7th June. Maximum of 30 students. \$40 per child for the six lessons.

AFTER SCHOOL DANCE classes will run on **Tuesdays** (Prep to Year 2) and **Wednesdays** (Year 3 to 5). Lessons take place in the **Stadium**, starting at **3.40pm** and finishing at **4.25pm**. The Term 2 2017 After School Dance program dates are:

Prep to Year 2	\$90	2nd May to 27th June
Years 3 to 5	\$90	3rd May to 28th June

Payment is by cheque (made payable to "Creative Dance and Drama") or cash only. Registration forms can be collected from the School Office or found on the school website. Please bring your completed registration form and payment to the School Office.



Georgia Lombard
Creative Dance and Drama

COMMUNITY NOTICEBOARD

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School.



KARATE

Sport
Fitness
Confidence
Self Defence
Discipline
Fun
Friendship

Karate Classes

Free Uniform—Book in Early!!

Bookings available for term 2, 2017

THURSDAYS:
ESSEX HEIGHTS PRIMARY SCHOOL
 ESSEX ROAD, MOUNT WAVERLEY
 JUNIORS: 7 TO 13 YEARS: 6:30PM TO 7:45PM
 TEENAGERS & ADULTS: 6:30PM TO 8:15PM

LION BUSHIDO KARATE ACADEMY

WWW.LIONBUSHIDO.COM

TUESDAYS:	THURSDAYS Also at:	WEDNESDAYS:	FRIDAYS:
Templeton Prim. School Crestdale Rd. Wanlima	St Timothy's Prim. School 23 Stevens Road Forest Hill	Beverley Hills Prim. School Chr Rosella & Cassowary St East Doncaster	St Leonards Prim. School 349 Springvale Road Glen Waverley

First Class is Free - Phone 9887 4098

YOUR CHILDREN ARE AMAZING ALREADY. WE JUST HELP THEM PROVE IT.

From Prep to Year 10, NumberWorks'nWords after-school tuition brings out the best in Aussie students by:

- tailoring lessons according to each individual's needs
- setting achievable goals and monitoring their progress
- developing our own programmes using only qualified Maths and English experts

**Maths & English
FREE ASSESSMENT
BOOK NOW!**

Balwyn **9888 4396**
Glen Waverley **9574 9964**
numberworksnnwords.com



Specialist Maths tuition
and English tuition



Join the adventure!

We currently have vacancies in local **Joey Scout** groups for 6 year olds and younger 7 year olds (girls and boys)!

2nd/7th West Waverley

Jamboree Ln (off Salisbury Rd), Ashwood

Monday 6:30 – 7:30pm

chrisomeara8@gmail.com

1st Mount Waverley

Corner Orchard St and Cherry St, Glen Waverley

Monday 5:30 – 6:30pm

1stmountwaverleyjoeys@gmail.com

1st West Waverley

Fairway Avenue, Mount Waverley

Tuesday 5:45 – 6:45pm

1stwestwaverleyjoeys@gmail.com

(also accepting 5 year olds!!!)

Waverley Valley

Valley Reserve, Wills Ave, Mount Waverley

Wednesday 6:00 – 7:00 pm

vv.groupleader@gmail.com

There are also limited vacancies for older Scouts (age 8+) in some groups, contact Scouts Victoria on 1800 SCOUTS to enquire.

join.scoutsvictoria.com.au

Parents & Kids Want to get into tennis?

Get started today with a **FREE** intro

- Kids hot shots tennis lesson
- Mon to Fri from 3.45pm
- Saturday & Sunday times
- Adult sessions - mornings & evenings. Get back into tennis with friends



Your Local
Tennis Club
MCC Glen Iris Valley
260 High St Rd
Mt Waverley

- Contact us to organise your **FREE** lesson time
Angelo 0407 477 798 info@vidatennis.com.au
www.vidatennis.com.au/free-intro-tennis-lesson

