Principal’s Report

Compass for Parents

Last week you would have received your family login details for the Compass Parent Portal. As outlined in the accompanying bulletin, this will improve and streamline communication and administrative tasks between home and school. I would encourage you to check regularly as we will increasingly use Compass for notices and communications from school.

To date, half of the Essex Heights Families have logged in to view the Compass portal. **I would encourage all families to do this as soon as possible to become familiar with the process.**

Ultimately, all notices will be emailed and posted on Compass, thereby reducing the need for paper notes to be sent home with
the children. Initially we will provide both, as families get used to the new system, but eventually we will phase out hard copies. We will also be posting Contact on the Compass News bulletin board (as well as the school website) each week. Please note that you can download an app for tablets and smartphones, ‘Compass School Manager’.

‘Land Down Under’ Dance Program

A reminder to parents of the booking process for the upcoming Dance Concert on May 2\textsuperscript{nd} & 3\textsuperscript{rd}. Please log into the TryBooking site (link below) and order your allocated 2 x Tickets per family. \textbf{This must be completed by April 22\textsuperscript{nd}} so that we can then make any extra tickets available for those who would like them.

Booking Link: trybooking.com/LAMZ

ANZAC Day Service

We have planned our ANZAC Day Service for Friday, April 22\textsuperscript{nd} at 10:00am. The whole school will participate and we will assemble together at the flagpoles (on the basketball crt). This year we will also be commemorating the Centenary of the Gallipoli landings in 2015, by planting a ‘Gallipoli Oak’. This has been propagated and grown from an oak on the Gallipoli peninsula and has been supplied to schools across Australia following the Centenary celebrations last year. We would invite any children who are members of Scouts, Guides, Cadets or similar groups to wear their uniforms to school on that day.

We would like to invite interested parents to join us on that day for the ANZAC Day Service, which will be 30-45mins.

Baik Sekali Awards

This week at Assembly there were four lucky children selected from the many ‘Baik Sekali’ recipients in the prize box. Congratulations to; Shanon 2B, Yura 4L, Gaurav 4G, Nathan 4G

No Assembly May 2\textsuperscript{nd}

Due to the Dance Concert rehearsals, we will not hold an Assembly on Monday, May 2\textsuperscript{nd}. This means that out next Assembly will be Monday, May 9\textsuperscript{th} at which we will present this Semester’s Junior School Council badges for parents who may want to attend.

Student Surveys

Next week we will conduct a survey to find out what the Yr 5 & 6 children think of our school. The ‘\textit{Attitudes to School Survey}’ is an annual student questionnaire for Year 5 to Year 12 students offered by DET (the Department of Education and Training) to assist schools
in gaining an understanding of students' perceptions and experience of school. Our school will use the survey results to plan programs and activities to improve your child's schooling experience. The results also help us to judge the effectiveness of the programs and initiatives that we have implemented as part of our ‘Strategic Plan 2015-2018’, which is available on the website.

**Student Safety**

As you may be aware, there was a serious incident nearby at Laburnum Primary School, where a man entered the school grounds acting inappropriately. We are taking this incident very seriously, and have been working with the Department to ensure the safety of our students. Police are continuing to investigate the incident.

We have taken this opportunity to remind students of how to respond if they are approached by someone they don’t know or who makes them feel uncomfortable. Student safety is always a top priority at our school, and like all Victorian schools we follow a number of important established guidelines on student safety.

I would also encourage parents and carers to speak with their children about safety around unknown adults. Some practical tips may include telling them:

- To walk directly to and from school
- Not to walk alone
- To leave the area if anything makes them feel uncomfortable
- To avoid talking to strangers
- Not to get into cars with people they do not know
- Tell a trusted adult such as a teacher or parent immediately

If you have any concerns for your child please do not hesitate to contact the school, as further support is available.

**Pupil Free Days**

Please note that School Council has approved the following date for our next Pupil Free Day allocated by DET. It will be on **Monday May 30th** as a Reporting and Assessment Day. Children will not be required at school on that day.

See you around the school,

Andrew
Watch the International Space Station pass overhead

The space station looks like an airplane or a very bright star moving across the sky, except it doesn't have flashing lights or change direction. It will also be moving considerably faster than a typical airplane (airplanes generally fly at about 965 kilometers per hour; the space station flies at 28,160 kilometers per hour).

Below is a time-lapse photo of the space station moving across the sky.

When do I Spot The Station?

Fri Apr 22, 5:34 AM
Sat Apr 23, 4:44 AM
Sat Apr 23, 6:17 AM
Sun Apr 24, 5:26 AM
Mon Apr 25, 4:36 AM
Mon Apr 25, 6:09 AM
Tues Apr 26, 5:19 AM
Sun May 1, 7:08 PM
Mon May 2, 6:16 PM
Mon May 2, 7:53 PM
Tues May 3, 7 PM

All sightings will occur within a few hours before or after sunrise or sunset. This is the optimum viewing period as the sun reflects off the space station and contrasts against the darker sky.

For more information https://spotthestation.nasa.gov/

Jenny Austin
ARISS Coordinator
**Victorian Premiers’ Reading Challenge 2016**

Once again students from across Victoria have a chance to take part in the Victorian Premiers’ Reading Challenge in 2016. The students of Essex Heights have been participating in this since it began and we see it as a means of promoting the importance of reading among students in our school. This year the Victorian Government is encouraging families and parents to be more involved with supporting children’s reading, in and beyond school. Before the end of term your child will bring home a permission form for the 2016 Premier’s Reading Challenge. Successful Challengers receive a Certificate in Term 4. For your child be awarded the certificate, you will need to sign the permission form. There is no charge for the certificate. Student’s names will also be published in an edition of the Sunday Age if you give permission. Let’s keep up the Essex Heights tradition of being ambassadors for the Reading Challenge in 2016. Attached to the newsletter is a letter from the Premier, Daniel Andrews’ promoting not only the Premier’s Reading Challenge but also the benefits of instilling a love of reading in your child. **Please return the permission form to your class teacher as soon as possible so that your child can get started on their personal challenge.**

**PARENTS AND FRIENDS NEWS**

Hi all,

Remember to get your honey order in by tomorrow. If you missed the notice, you can [find it on the website](mailto:). The Mother’s Day breakfast will be on Thursday 5 May, and the Mother’s Day stall will be on Friday 6 May. If you can help on the stall, please sign up for a time slot at tinyurl.com/ehps-mums. For more details, see the notice later in Contact. Stef needs some empty 500g glass jars (like the pasta sauce ones). Please leave them at the office for her.

If you know a business that could donate a prize to support our Mother’s Day breakfast or trivia night, please us know (ehpspfa@gmail.com). We’re approaching local businesses asking for support for these two social fundraisers.

The next secondhand uniform stall will be held in the Stadium on Wednesday 18 May, 3–3:45pm. We would love some help from 2:30pm. Any donations can be left at the office or in the lost property boxes (but no items with the old logo please).

Bye for now

Andrea J
MOTHER’S DAY STALL

When: Friday 6\textsuperscript{th} May
Where: School Hall
What to bring: Money & a carry bag

Mother’s Day gifts range from $1 to $6

The PFA are looking for helpers on the day. Any amount of time you can offer would be appreciated. Please register your details and availability at tinyurl.com/ehps-mums or email Stef sscanning10@gmail.com or Andrea ajfyfe@optusnet.com.au. Morning tea will be provided. Thanks from Stef & Andrea
Sayembara Lisan: State-wide annual Indonesian Oral Competition

The Sayembara Lisan is an annual state-wide Indonesian Oral Competition for students in Prep-Year 11. It has been great to have so many children who have expressed interest in participating again this year!

Practices will be during school time. However, children will also need to practise at home. Notices (and competition material) are now available for interested students.

Date: Saturday May 14th (students will have an allocated time on this day)
     (Finals: Saturday June 11th. Children who do particularly well on Saturday May 14th will be invited to participate in the Finals, before state winners are announced).

Venue: Heany Park Primary School
        Buckingham Drive
        Rowville

Please note families are required to make their own travel arrangements to the venue on the day and stay for the duration of their child’s participation (approx. 15 - 30 minutes).

Cost: $5.00

Please see song/poem links for Years Prep-4 below.

Prep/Year 1/Year 2 song links
Balonku – https://www.youtube.com/watch?v=bLSEtNEmhTc
Pelangi – pelangi - https://www.youtube.com/watch?v=H3wMjOIHvUE

Year 3/Year 4 poem links
Hai Becak – https://www.youtube.com/watch?v=kveyDKw5TgY
Kapal Api - https://www.youtube.com/watch?v=v3dpiGXKqvY

If there are any queries, please do not hesitate to contact me – douros.alexandra.k@edumail.vic.gov.au

Terima kasih
Alex ‘Bu’ Douros 😊
Prep-6 Dansical (Dance Concert)

Date: Group 1 Performance Monday May 2\textsuperscript{nd}  
      Group 2 Performance Tuesday May 3\textsuperscript{rd}

Venue: Kel Watson Theatre  
       Forest Hill College  
       178-180 Mahoneys Rd, Burwood East (limited onsite parking available. Parking also available in neighbouring streets)

Time: 7.00pm start (students will be asked to arrive at 6.30pm)

Please note that tickets are now on sale.

Prep-6 Dance Concert: Costume List

Below is an outline of what students will need to wear on the night. If you have any concerns please let your classroom teacher know well before the concert.

<table>
<thead>
<tr>
<th>Grade</th>
<th>Costume</th>
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| Prep ZR & Prep B Amazing | Girls: White leggings, white singlet and white canvas shoes. A yellow skirt will be provided on the night.  
Hair: Piggy tails with yellow ribbons.  
Boys: White T-Shirt and white canvas shoes. Orange shorts will be provided on the night. |
| Prep L & Prep C Crocodile Rock | Girls and boys: Black pants/shorts/skirt, black shoes and a white T-Shirt.  
Girls Hair: Piggy tails with a green ribbons.  
Children will be given a calico crocodile to paint at school. This crocodile will be sent home and you will need to sew the crocodile on to the FRONT and in the CENTRE of the T-Shirt. |
| 1T & 1J Gotta Feeling | Girls: Black leggings, black singlet and black flats. Hair to be worn out. A skirt will be provided on the night.  
Boys: Black pants and black top. A headband will be provided on the night. |
<p>| 1W &amp; 1C | Girls: Black leggings, blue denim skirt or shorts |</p>
<table>
<thead>
<tr>
<th>Song Number</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Go West</strong></td>
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</table>
and a white T-Shirt with black flat shoes. Hair: High pony tail with a blue ribbon.  
Boys: Blue denim jeans with a white T-Shirt and black shoes.  
Children will be given a calico shark to paint at school. This shark will be sent home and you will need to sew it on to the **FRONT** and in the **CENTRE** of the T-Shirt. |
| **2S & 2O Can You Feel It?** |  
Girls and boys: Black pants/shorts/skirt/leggings. No shoes. Please wear a pair of thongs or slip on shoes to wear before performing.  
Girls’ hair to be worn out.  
White T-shirts will need to be sent to school. **Please name clearly.** Students will be decorating this T-Shirt at school. |
| **2LB & 2B I’m So Excited** |  
Girls: Black leggings, white singlet and black flat shoes. A red skirt will be provided on the night.  
Hair: High pony tail with a red ribbon.  
Boys: Black pants, black shoes and a red singlet. |
| **3AW & 3F Run To Paradise** |  
Girls and Boys: Wear bright beach style clothing. Board shorts, singlet’s, dresses, sunglasses, zinc cream etc. No shoes. Please wear a pair of thongs or slip on shoes to wear before performing. |
| **3C & 3CW Crazy** |  
Girls: Black leggings and a white singlet with black flat shoes. A blue skirt will be provided on the night. Hair: Free choice.  
Boys: Black pants and a navy blue singlet (bonds chesty style) with black shoes. |
| **4L & 4O Cold As Ice** |  
Girls: Black leggings, black singlet and black shoes. A blue skirt will be provided on the night. Hair: Free Choice.  
Boys: Black pants with a black T-Shirt and black shoes. A blue tie will be provided on the night. |
| **4G & 5/6B Livin’ On A Prayer** |  
Boys: Black pants, white singlet and black shoes. A black headband will be provided on the night. |
| **5/6M & 5/6P Holiday** |  
Girls: Black leggings and a black skirt with black flat shoes. Hair in a high ponytail with a pink ribbon.  
Boys: Black pants and shoes.  
Students will need to bring a white T-Shirt to school. **Please name clearly.** Students will be decorating this T-Shirt at school. |
| **5/6T & 5/6R Song 2** |  
Girls: Black leggings, black singlet and black flat shoes. A red skirt will be provided on the night. Hair: Teased.  
Boys: Black clothing. A red headband will be provided on the night. |
Make up is **optional but recommended**, Brown eye shadows, blush, black mascara and eyeliner and a red lipstick.

Thank you,
Georgia Lombard  
*Dance Teacher*  
Alex Douros  
*Dance Program Co-ordinator*

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**Land Downunder**

**Prep-6 Dansical (Dance Concert)**

Our concert preparation is well and truly underway! Thank-you in advance to our amazing parent group who have been working on the costumes.

*A request for help please*

We are also looking for 2 parents (one for each evening) who would be able to take some **photos**. If you are available, please email me directly **douros.alexandra.k@edumail.vic.gov.au**

Please note, that a professional DVD of both concert evenings will be available for purchase.
Please collect the bins from driveway behind art room. Check the gate and if the gate is locked please use alternate gate. Please space the bins out for the driver. The bins need to go out Sunday night as collection times vary on the Monday morning. Alternately they cannot go out on Sat as we may receive a fine or worse still the bins may fall over!! Please see Marita Steward V7 after adding your name to the roster. The roster is kept at the Front Office.

<table>
<thead>
<tr>
<th>DATE</th>
<th>FAMILY</th>
<th>SPECIAL NOTES</th>
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<td>Term 1 21/2</td>
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<td>Term 1 6/3</td>
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<td>Term 1 20/3</td>
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<td>Term Holiday</td>
<td>Thomas family</td>
<td>School Holidays</td>
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<td>Term 2 26/6</td>
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<td>Term Holiday</td>
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<td>Sun 10th July</td>
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<td>Term 3 24/7</td>
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<td>Term 3 4/9</td>
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<td>Term 3 18/9</td>
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<td>Term Holiday</td>
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<td>Sun 20th Sept</td>
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<td>Term 4 2/10</td>
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<td>Term 4 16/10</td>
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<td>Term 4 11/12</td>
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CANTEEN

MONDAY

FRIDAY
10.15 a.m.
22nd April
Jenny May, Nadeeka Priyashanth

WEDNESDAY
10.15 a.m.
27th April
Angela Milan, Maria Akrididis

FRIDAY
10.15 a.m.
29th April
Jo O’Mara, Amanda Kelsall, Erica Baddeley

DON’T FORGET –
Please report to Front Office to sign the Visitor’s Book and get a Visitor’s Label
BEFORE proceeding to the Canteen. Any queries please see Maria.

ESSEX HEIGHTS PRIMARY SCHOOL CALENDAR

APRIL 2016

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<td>11th</td>
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<td>14th</td>
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<td>Deakin Science Week</td>
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<td>First day Term 2</td>
<td>ARIS forms due in to Jenny Austin</td>
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<td>18th</td>
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<td>21st</td>
<td>22nd</td>
<td>ANZAC Day Service 10am</td>
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<td>Anzac Day Public Holiday</td>
<td>District Tennis Carnival (Selected 5/6 Children)</td>
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<td>Dance Concert</td>
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<td>Mother’s Day Breakfast</td>
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<td>School Fun Run</td>
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<td>District Cross Country</td>
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<td>PFA meeting 7:30pm Staffroom</td>
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<td>Pupil Free Day</td>
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<td>Yr 5 Sovereign Hill Camp</td>
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<td>Queens Birthday Public Holiday</td>
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Glen Waverley ANZAC Services 2016

Sunday 24th April
Commemoration Service
Cenotaph
Kingsway, Glen Waverley

All Ex-Service personell are invited to March from Waverley RSL
Form up 9:45 am
Step off 10 am
Service 10:15 am

Monday 25th April
ANZAC Day
Dawn Service
6:00 am

WW1 Cenotaph
Central Reserve
Springvale Rd, Glen Waverley

An invitation is extended to all to attend a gun-fire breakfast at the Waverley RSL following the respective Services. Gold coin donation.
A free courtesy bus will operate between the RSL and the Cenotaphs.
Bookings essential. Ph: 9560 6885

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School.
Celebrating Excellence
Ashwood High School Academic, Sporting Excellence, Leaders & Community Spirit and Instrumental Music Music Scholarships available in 2017

Ashwood High School congratulates 2016 Sporting Excellence Scholarship winner, Sienna Spencer (Essex Heights Primary School, 2015). Applications are opening soon for 2017 FIND OUT MORE AT OUR OPEN NIGHT (below)

Ashwood High School
VISION INSPIRED ACTION

Open Night - Ashwood Revealed
Wednesday 27 April, 2016
Tours at 4:30pm, 6:30pm & 7:00pm Principal’s Address at 6:00pm Accelerated Curriculum & Enrichment (ACE) Program information at 6:30pm

Bookings essential – see website or phone 9807 1333 www.ashwood.vic.edu.au | Vannam Drive Ashwood
PARENTING ADOLESCENTS 10 - 15 YEARS

Parenting Adolescents is a program for parents of young people aged 10-15 years of age. Over 6 weeks the program will cover a number of topics including:
- Understanding adolescent development
- Setting boundaries & limits
- Consequences
- Strategies to deal with adolescent behaviours
- Respectful communication
- Problem solving
- Anger
- Self-care

In addition to these topic areas, the program will give parents the opportunity to share their experiences and learn from each other.

When:
Starts 28th April and finishes 2nd June 2016

Time:
Thursdays 10am - 12.30pm

Where:
Monash Training & Seminar Centre
1A Alberton Road
Oakleigh

There is no fee but bookings are essential as places are limited. To book call Libby or Emily at MYPF on 9518 9900

YOUR CHILDREN ARE AMAZING ALREADY. WE JUST HELP THEM PROVE IT.

From Prep to Year 10, NumberWorks’nWords after-school tuition brings out the best in Aussie students by:
- tailoring lessons according to each individual’s needs
- setting achievable goals and monitoring their progress
- developing our own programmes using only qualified Maths and English experts

Maths & English FREE ASSESSMENT BOOK NOW!

Balwyn 9888 4396
Glen Waverley 9574 9964
numberworksbnwords.com

THE SHACK
Military Fitness

1 Free Trial Session

Ph: 9888 9625 or E: info@sportsshack.com.au
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WDNA -
NetSetGo!

Registrations are now open for the Winter 2016 NetSetGo! program which commences on Saturday, 30 April 2016 from 8.00am to 9.00am at Ashwood Netball Courts, Cassinia Ave, Ashwood.

NetSetGo! is Netball Australia’s Junior Netball Program and Waverley District Netball Association is an accredited NetSetGo! Centre.

The structured 10 week program is aimed towards players (girls and boys) aged 7 to 9 years old and incorporates activities to enhance player’s netball skills and understanding of the game.

To register or for further information please visit - http://www.wdna.com.au/

Mental Health Foundation of Australia (Victoria) Community Education Seminar Series 2016

RESILIENCE AND RECOVERY FROM DOMESTIC VIOLENCE

Dr Manjula O’Connor
MBBS FRANZCP M Med

Seminar Topic

Dr Manjula O’Connor is a social activist, a volunteer, a campaigner and a leader. Manjula is a psychiatrist, and a senior research fellow at The University of Melbourne’s Department of Psychiatry. She is also Director of 20 Collins St Medical Centre. Her public campaign is focused on domestic violence and gender based inequality. She Chairs the Family Violence Working Group of the Royal Australian and New Zealand College of Psychiatrists. She is a member of White Ribbon Diversity Reference group. She is the Executive Director of the NGO Australian Centre for Human Rights and Health. Through her various roles she has campaigned tirelessly to educate the public communities, creating awareness of human rights of women suffering domestic violence; conducted action research with the community and highlighted the connection between domestic violence and mental illness.

Details

Tuesday 3rd May 2016
7:30 pm — 9:00 pm

The Melbourne Clinic
Isaac Schwitzer Room
138 Church Street
Richmond VIC 3121
(Enter via Treasury Place)

Student/Pensioner $10
MHFA(V) Member $15
Non Member Adult $30

Contact Mental Health Foundation of Australia (Vic) to book your seat.
Call: 03 9826 1422 Fax: 03 9826 1411
Email: admin@mentalhealthvic.org.au
www.mentalhealthvic.org.au

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