

## CALENDAR

### August

Sat 17-Fri 23 ..... Book Week: *Reading is my Secret Power*  
 Mon 19 ..... Monash Youth Music Festival  
 Tue 20 ..... Science Discovery Dome  
 Wed 21 ..... Yrs 3-6 House Athletics **\*\*NEW DATE\*\***  
 Wed 21 ..... PFA Meeting  
 Thu 22 ..... Prep PMP  
 Thu 22 ..... Yr 1 Fairy Tale Fiasco incursion  
 Thu 22&Fri 23 ... Yr 4 Taskworks Excursion & Sleepover  
 Fri 23 ..... Science Discovery Dome  
 Mon 26 ..... EMR TeeBall Girls Finals  
 Wed 28 ..... District Athletics **\*\*DATE CHANGE\*\***  
 Wed 28 ..... Maths Olympiad  
 Thu 29 ..... Father's Day Breakfast  
 Fri 30 ..... Father's Day Stall

### September

Tue 3 ..... Yr 4 Mulgrave District Basketball Gala Day  
 Thu 5 ..... Prep 2020 Transition Session 1  
 Fri 6 ..... Division Athletics  
 Mon 9-Wed 11 . Dental Van visit  
 Thu 12 ..... Yrs 5&6 Mulgrave District Basketball Gala Day  
 Sat 14 ..... Victorian State Schools Spectacular  
 Thu 19 ..... Footy Colours Day & Hot Dog Lunch  
 Fri 20 ..... Term 3 ends - 2.30pm dismissal

*Students do not attend school on public holidays or student-free days.*

### School Assembly

Every Monday at 2.40pm in the Stadium. *All welcome.*

**School Banking** - every Tuesday.

### School Tours

for 2019 or 2020 entry - Thursdays at 9.30am.  
 Bookings essential - contact the Office.

### Enrolment

Enrol for 2019 and 2020 entry.

### 2019 Term Dates

Term 1: 29 January\* to 5 April

Term 2: 23 April to 28 June

Term 3: 15 July to 20 September

Term 4: 7 October to 20 December

\* 29 January is a state wide student free day.

EHPS student-free days: 30 January, 22 May, and 2 August



### COMPASS PARENT PORTAL

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School  
 22-30 Essex Road  
 Mount Waverley VIC 3149  
 Telephone: (03) 9807 4944  
[essex.heights.ps@edumail.vic.gov.au](mailto:essex.heights.ps@edumail.vic.gov.au)  
[www.essexheightsps.vic.edu.au](http://www.essexheightsps.vic.edu.au)  
 Principal: Mr George Perini  
 Office Hours: 8.30am to 4.30pm Monday to Friday  
 during school terms.

## PRINCIPAL'S REPORT

Dear parents and friends of our Essex Heights community,

### Hari Indonesia



What a marvellous day we have had celebrating Indonesia's Independence Day. So many wonderful activities including craft, drumming, and dancing as well as Independence day games. This year we were honoured to have the Consul General for Indonesia attend our final assembly. Ibu Spica Tutuhaturunewa was greeted by our Indonesian Captains had a tour of the school, and met the staff prior to talking about Indonesia to the students. Today was a day to be immersed into Indonesian culture and to have fun celebrating all things Indonesian. A huge thank you must go to Bu Sarah for her meticulous organisation of the whole day, also to all staff that supported children throughout all the activities, and to our marvellous Indonesian Captains - Evelyn, Jordan, Nicholas and Rashi - that have been so supportive and reliable throughout the whole lead up to this day. Bagus!!!



Photos: George Perini

... continued on page 3



## August

17th .....	James A
18th .....	Shihao H
	Rami P
	Caitlin D
19th .....	Veronika S
20th .....	Selena Z
21st .....	Alejandra G
	Kai L
22nd .....	Eshan C
23rd .....	Felix L
	Sen L
	Bihan J

## Information sent home:

Follow up with your classroom teacher about any items on this list

### Year/Group

### Notice/Activity

Whole school (each family) .....	Father's Day Breakfast
Whole school (all students) .....	Essex Heights art competition

## This week's information on Compass:

### Year/Group

### Compass News Feed

Prep .....	Indonesian Day
Year 2 .....	Year 2 dress up news
Year 6 .....	Grade 6 - Transition program: Being an Ally
Whole School .....	Protecting your child's online privacy
	The loss of healthy rites of passage
	Secondhand Uniform Stall TODAY
	Book Fair Visitors!
	Book Fair opens today!
	Refining your parenting style
	Upcoming Webinar: Creating 21st century rites of passage
	Hari Indonesia reminders
	Developing leadership skills in your child

## Compass Events:

### Year/Group

### Activity and Payment & Consent Due Date

Year 1 .....	Fairytale Fiasco - \$13 & consent by 17th August
Years 3 to 6 .....	Grade 3-6 House Athletics Carnival - \$10 & consent by 19th August
Selected Students .....	Monash Youth Music Festival - Chamber Choir - \$10 & consent by 16th August
	Eastern Metropolitan Region - TeeBall Girls Final - consent by 22nd August



## Assembly: Monday 19th August

At Assembly on Monday:

- Book Week costume parade
- Science Week presentation
- 5CLM Marimba performance
- School Banking winners
- Student of the Week & Baik Sekali awards

*Note: Items listed above are correct at time of publication, but may be subject to change due to the length of the costume parade.*

Assembly starts at 2.40pm in the Stadium. All welcome.

## Parent Opinion Survey

For those families invited to participate (about 30% of the school community, randomly selected), if you haven't completed the Parent Opinion Survey, this weekend is your **last chance** as the survey **closes on Sunday, 18th August**.

Refer to the email from Katrina George sent today, and please follow the instructions to complete the survey.

**NOTE:** Only one parent from your family is to complete the survey.

Thank you for taking the time to participate and enjoy your weekend.



Education  
and Training

## Principal's Report



Our thanks to Matthew and Josephine L's parents, Paul and Christine, for organising the wonderful Indonesian ceremonial food, including Nasi Tumpeng, for our special guests and staff.

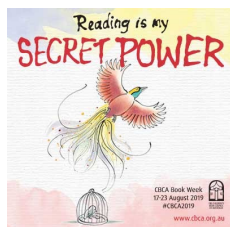


Nasi Tumpeng



Photos: George Perini

### Book Week and Book Fair



On Monday we will be celebrating Book Week by having a dress up day around the theme of 'Reading is my secret power'. I look forward to seeing as many children as possible dressed up for the special Book Week Assembly.

*What is your secret power???*

George Perini  
Principal



## parenting \* ideas

"Schools are at their dynamic best when teachers and parents work hand-in-hand together" **Michael Grose**

New *Insights* articles recently distributed via Compass and accessible on our school website:

- Protecting your child's online privacy
- The loss of healthy rites of passage
- Refining your parenting style
- Developing leadership skills in your child

Our school membership of Parenting Ideas entitles our community to attend all webinars for parents at no cost (a saving of \$37)! Here is the information about the upcoming webinar:

- *Creating 21st century rites of passage* - Wednesday 28th August at 8pm.

Join Dr Arne Rubinstein as he discusses the importance of rites of passage in the 21st century.

In this webinar you'll develop clear guidelines and learn impactful strategies to support you to build strong health relationships with your children, bolster their independence and support them in their use of technology in these rapidly changing times.

Details on registering for this webinar, including your code to access this webinar free of charge, has been sent to you via Compass.

For further information, including the 2019 webinar series, go to our school website - [CLICK HERE](#).

### Year 6 Transition Program: Being an Ally

We know that real friends provide support to one another. Another way to give support and be connected is to be an ally.

Being an ally is empathy in action. Remember, empathy includes understanding how someone is feeling and then responding in a thoughtful and positive way.

We can be an ally to a range of people:

- A friend or new student
- A classmate you don't know very well or a classmate you don't know at all
- A family member or a brother or sister.

We can be an ally in a range of situations, such as when people:

- Have problems with friends
- Need help with homework
- Are being bullied or teased
- Are really angry and can't calm down
- Or for those that want to stand up for what is right against what is wrong, such as racism, bullying

If it is a very serious situation, sometimes, the best way to be an ally is encouraging someone to get help from an adult.

We can be an ally in a number of different ways:

- Use active listening
- Provide actual help
- Show empathy: "that must be frustrating for you"
- Help the person problem-solve
- Speak out with the person against things that are unjust or wrong (such as bullying)
- Keep the person company
- Give ideas for how to deal with the situation
- Go with the person to an adult.

If you would like to know more about this program, please come and see me.

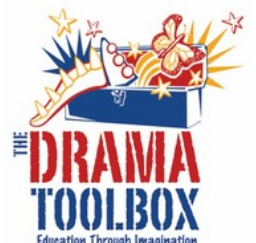


**Nikki Olsen**  
ArtSEL Teacher

### Year 1 Fairy Tale Fiasco Incursion

As part of the Integrated Unit 'Tales: Tall or True,' Year 1 students will work with presenters from The Drama Toolbox to create a fairy tale in the Fairytale Fiasco incursion next Thursday, 22nd August. Children are to come to school dressed in their favourite fairy tale costumes.

Incursion information has been published on Compass. Payment of \$13 and consent are due by Saturday 17th August.





## Year 3 to 6 House Athletics Carnival

**RESCHEDULED**  
NEW DATE ANNOUNCED

All Years 3 to 6 students will participate in the rescheduled annual **House Athletics Carnival** at **Knox Athletics Track**, Bunjil Way, Knoxfield, **next Wednesday, 21st August**. Updated information has been published on Compass. If you have already given your consent and paid, you don't have to do anything else. If you haven't yet provided consent or paid \$10, please do so on Compass by Monday, 19th August.

This full day event is designed to provide students with an opportunity to practise a range of athletics skills in a friendly and competitive environment. An overall House winner will be announced, and students' performances will be noted and used to help select the inter-school athletics team which will represent our school at the Mulgrave District Athletics Carnival on Wednesday 28th August.

Students need to bring a small bag with a water bottle, snacks, and healthy lunch. If applicable, please also bring a personal asthma puffer. There are no canteen facilities available. Students are to wear their house colours (**Boyd - blue**, **Drysdale - red**, **Lindsay - yellow**, and **Nolan - green**), and ensure all clothing is comfortable and suitable for outdoor athletic activities, including cold weather conditions, and appropriate sports footwear. Please ensure your child is at school by 8.45am. The roll will be marked in classrooms when the bell sounds at 8.50am, and buses will leave school at 9.00am sharp.

Don't forget, that following the relays, you are invited to participate in the **famous parents and friends vs teachers 4x100m 'sprint' relay**. So don't forget your running shoes if you wish to be involved in this fun conclusion to the day.

Looking forward to this exciting day! See you there!

*Elisha Cotterell*

## Book Fair

Our annual Book Fair kicked off in style on Thursday, and is in full swing! We even had two very special guests to help us celebrate. They loved it so much they said they will come back!



Photos: Alyssa Kennedy

The theme of our Scholastic Book Fair this year is **Dino-Mite**, where we hope you will **Stomp, Chomp, and Read!** It's a fun reading event that brings the books kids want to read right into our school. It's a wonderful selection of engaging and affordable books for every reading level. Please make plans to visit our Book Fair in the Library and be involved in shaping your child's reading habits.

SCHOLASTIC  **Book Fairs**

### Book Fair dates & shopping hours

Friday 16th August .....	8.15am to 8.50am and 3.15pm to 4.15pm
Monday 19th August .....	8.15am to 8.50am and 3.15pm to 4.15pm
Tuesday 20th August .....	8.15am to 8.50am and 3.15pm to 4.15pm
Wednesday 21st August .....	8.15am to 8.50am and 3.15pm to 4.15pm

**Keep an eye out for Clifford and Geronimo Stilton popping up around the school!**

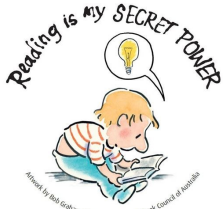
We look forward to seeing you and your family at our Book Fair in the Library, which is being held to correspond with Book Week! Come, look and find your secret power in books. Pay online (details on the Scholastic Book Fair brochure received by all students), or by cash or credit card, and remember, all purchases benefit our school.

## Book Week

**Theme:** *Reading is My Secret Power*

**Dates:** 17th to 23rd August 2019

Each year across Australia, the CBCA (Children's Book Council of Australia) brings children and books together celebrating Book Week. During this time schools, libraries, book sellers, authors, illustrators and children celebrate Australian children's literature.



We will commence our Book Week celebration with a **special assembly** on **Monday 19th August**. Children are asked to **come dressed up as their favourite book character** that shows how reading is their secret power. There will be a costume parade at the special assembly; parents/guardians are welcome to attend, starting at 2.30pm in the Stadium. We are lucky enough to have 10 signed books from Andy Griffiths to give as best dressed prizes!

*Where will you find your secret power - at Hogwarts, the land of Oz, under the sea, or maybe in outer space?*



## Science Week

It's National Science Week (Saturday 10th to Sunday 18th August). We are celebrating Science Week at EHPS next week exploring the theme of **DESTINATION MOON - More missions, more science**. We are looking forward to

the whole school attending an educational session in the Science Discovery Dome on Tuesday 20th and Friday 23rd August. The Science Discovery Dome is a mobile planetarium and science education dome that uses a combination of

fulldome digital projections



Here are some fantastic resources to explore:

[ASTA National Science Week 2019 Official Resources](#)

[Science Buddies STEAM Lesson Plans](#)

[NASA STEM Lessons](#)

[NASA Jet Propulsion Laboratory STEM Resources](#)

[Rebel Girls Boundless- Celebrating the achievements of great women](#)

[Microsoft Hacking STEM Lessons & Hands-On Activities](#)

[The Mathematical Association of Victoria- Primary Resources](#)

[Neuroscience for Kids- University of Washington Center for Sensorimotor Neural Engineering](#)

[100 Jobs of the Future](#)



## Music Count Us In

This year's Music Count Us In song has been released and it's extra special this year as one of our past students, Roan Nair, was chosen to help write the song. He was flown to Sydney where he worked with John Foreman, Jack River and three other school students from across Australia to compose the song. At Essex Heights we are so proud to now have two students who have been chosen for this wonderful experience. In 2015 Lynn Ng (as a Year 5 student) helped to write 'Gold'.

The 2019 song is titled 'We Are', and so far we *are* loving it! The students in Prep to Year 3 have all begun learning the song, and we were fortunate to have a visit from Roan (now in Year 11) on Wednesday afternoon during Prep Choir and 1/2 Choir. He performed his original song to the students, spoke about his experience and how he won this opportunity, answered questions from the students, and he taught us some of 'We Are'. It was a really special experience and he hopes to come and visit again to help with the song.



Photos: Tanya Dolence

The performance date for this year falls on the Thursday after Showcase. It will be on Thursday 7th November and will take place in the Hall.

*If you don't know about this event, here is a little info...*

*The idea came about as a way of promoting music in schools; each year, one song is written and thousands of schools across Australia sing the same song on the same day at the same time as a way of joining students, teachers, parents and friends nationwide to celebrate the importance of music and community.*

If you would like to listen to the 2019 song at home, please use the following link - <https://www.youtube.com/watch?v=nYUwYAx4VA> - or search "MCUI We Are" in your web browser.

Happy singing!

**Tanya Dolence**

## National Songwriting Competition

The Australian Children's Music Foundation is hosting its 17th annual National Song Writing Competition. It's easy to enter - students simply upload a recording and lyrics to their song using the online entry form on our website - [CLICK HERE](#). Entries are due by Thursday 29th August.






## Art Competitions





### Birthday Card Winners

Thank you to all of you who submitted beautiful cards in the Birthday Card art competition. The cards that we received were outstanding, which made it very difficult for us to choose the winners.

Congratulations to our winners:

 **First Place:** Evelyn L 56O, Emma C 4R, Umme V 56C, Catheryn 3L, Olivia R 2PB, Ayana 1OH, and Isla PM.

 **Second Place:** Rennie T 56L, Jane L 4R, Aditi S 56S, Ayla J 2PB, and Alana 3L.

 **Third Place:** Darsh 1B, Georgia K 4D, Tess S 56O, Karen C 56A, Ellie F 2D, Celina W 3F, Emily C PD, and Hailey T 1OH.



Come to the Office reception to see a display of the winning cards.

**Art Teachers & the Art Captains**

### Christmas Card Competition

We'd now like to invite everyone to create a Christmas card. Create your card on the front of a piece of A4 paper folded in half (A5 size). Decorate the front cover, and write your name and class on the back. Please don't write a message in the middle. Deliver your creation to the Art Competition box on Nikki & Mr Hudson's desk in the Art Room. The winner in each category will be printed and sold to the general public. The Christmas card competition ends on Friday 30th August.



## Munch & Crunch Canteen



### Canteen Roster

Monday 19th August - 11.15am to 1.45pm ..... Cindy Yeo & Saifon Photha

Wednesday 21st August - 9.00am to 1.45pm ..... Karen Lam & Qingfang Yu

Friday 23rd August - 9.00am to 1.45pm ..... Erica Baddeley & Amanda Kelsall

*Please remember to sign the Visitor's Register in the Office before coming to the Canteen.*

If you are unable to do your rostered duty, or you have any queries, please contact Maria as soon as possible on 0409 934 573.

**Maria Vlahos**  
Canteen Manager





### Second Hand Uniform Stall

Thanks to all those who donated uniform, and organised and helped at the Secondhand Uniform Stall held today.

### PFA Meeting

The PFA is holding a meeting next week on Wednesday 21<sup>st</sup> August at 7.30pm in the Staff Room. *All welcome!*

### Father's Day

Father's Day events are approaching:

#### ★ Breakfast on Thursday 29th August

I hope you will join the children of Essex Heights for the 2019 Father's Day Breakfast. We will be serving a selection of cereals, toast, pastries, fruit, juice, tea and coffee. We will host two sessions:

- **Session 1 from 7.15am to 7.55am**

*If you are coming to Session 1, you will need to arrange for your children to attend Before School Care or take them back home, as children cannot be supervised by the volunteers helping out.*

- **Session 2 from 8.05am to 8.45am**

*Hope to see you there. No RSVP required.*

#### ★ Stall on Friday 30th August



**ESSEX HEIGHTS PRIMARY SCHOOL**  
**FATHERS DAY**  
**And Special Persons**  
**STALL** Friday 30<sup>th</sup> August  
School Hall  
Gifts ranging from \$1 to \$10  
Must bring money & carry bag  
**VOLUNTEERS NEEDED:**  
[www.signupgenius.com/go/10c084aada829a2ff2-fathers10](https://www.signupgenius.com/go/10c084aada829a2ff2-fathers10)  
Fiona (Allison 3F) 0411 237 122 Steph (Ben 3W & Sam 1B) 0412 660 086

Please sign up to help:

- **Father's Day Breakfast** (Thursday 29th August) - [CLICK HERE](#) or type <https://tinyurl.com/FDBreak2019> into your web browser.
- **Father's Day Stall** (Friday 30th August) - [CLICK HERE](#) or type <https://tinyurl.com/FDStall19> into your web browser.

The PFA can be contacted via email on [ehpspfa@gmail.com](mailto:ehpspfa@gmail.com).

**Fiona Nicholson Stocker**  
(Mum of Allison 3F)



## Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School.




# HAVE A BLAST!

GET INTO WOOLWORTHS CRICKET BLAST. IT'S A FUN AND ACTIVE PROGRAM FOR KIDS OF ALL ABILITIES - WHETHER IT'S YOUR FIRST TIME WITH A BAT OR YOU'RE A BACKYARD CRICKET STAR!

Ashwood Cricket Club - Fridays 5:30pm  
starting on 8 November

Registrations are open now! Go to: [playcricket.com.au](http://playcricket.com.au)  
For information contact: Suzannah Hawtin  
[ashwoodccblasters@gmail.com](mailto:ashwoodccblasters@gmail.com)

JOIN A CREW NEAR YOU TODAY 

QR CODE  OFFICIAL 2019 PROGRAM 

Cult Classics

# curiosity show sounds like science

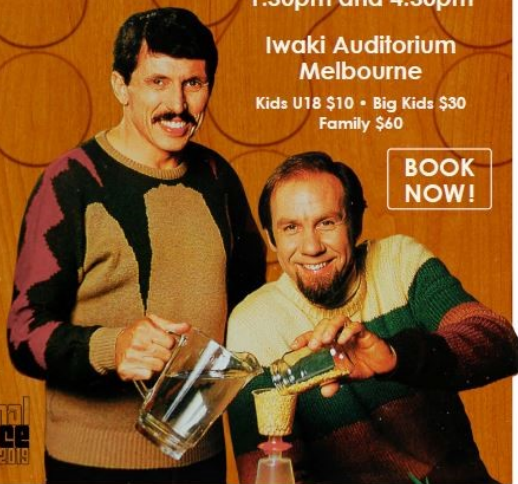
Rob and Deane with the  
Victorian Youth Symphony Orchestra



Sunday 18 August 2019  
1.30pm and 4.30pm

Iwaki Auditorium  
Melbourne

Kids U18 \$10 • Big Kids \$30  
Family \$40

**BOOK NOW!**



 #RAWVYSO 

Brandon Heights Softball Club encourages you to attend the following event!

# COME & TRY SOFTBALL

**FREE!**

 **Jells Park**

**AUG 17  
10am**

**THE DAY INCLUDES:  
FUN AND GAMES  
SKILLS STATIONS  
FREE BBQ  
GIVEAWAYS  
PRIZES**

**GIRLS & BOYS  
ALL AGES  
ALL ABILITIES**

**WAVERLEYSOFTBALL.ORG.AU**

CNR. JELLS & WAVERLEY ROADS, WHEELERS HILL  
  
 [WAVERLEYSOFTBALL@GMAIL.COM](mailto:WAVERLEYSOFTBALL@GMAIL.COM)  **0404 377 069**



# ART n EASEL

ART CLASSES FOR ALL AGES

Proudly Presents

## The Colour Palette

Paintings by Rashmi Gore & her Students



**August 14-25, 2019**

Open: Wed to Fri 10am - 2pm,  
Sat & Sun 10am to 5pm  
Opening ceremony: 16<sup>th</sup> Aug at 6pm

Ph: 0469882251  
[info@artneasel.com](mailto:info@artneasel.com)  
<https://www.artneasel.com>

At: **The Track Gallery**  
47 Miller Crescent, Mount  
Waverley (located within the Mount  
Waverley Community Centre)