

CALENDAR

August

Mon 26	EMR TeeBall Girls Finals
Wed 28	District Athletics
Wed 28	Prep Science Morning
Wed 28	Maths Olympiad
Thu 29	Father's Day Breakfast - 7.15am & 8.05am
Fri 30	Father's Day Stall

September

Sun 1-Sat 7	Legacy Badge Appeal
Tue 3	Yr 4 Mulgrave District Basketball Gala Day
Thu 5	Prep 2020 Transition Session 1
Fri 6	Division Athletics
Mon 9-Wed 11	Dental Van visit
Tue 10	Jeans for Genes fundraiser
Thu 12	Yrs 5&6 Mulgrave District Basketball Gala Day
Sat 14	Victorian State Schools Spectacular
Thu 19	Footy Colours Day & Hot Dog Lunch
Fri 20	Term 3 ends - 2.30pm dismissal

October

Sun 6	Daylight Savings starts - 2am
Mon 7	Term 4 starts
Thu 10	Prep 2020 Transition Session 2
Fri 11	Yr 6 Graduation Photo
Wed 16	PFA Meeting
Mon 28	Prep 2020 Glue & Glitter Art Session

Students do not attend school on public holidays or student-free days.

School Assembly

Every Monday at 2.40pm in the Stadium. *All welcome.*

School Banking - every Tuesday.

School Tours

for 2019 or 2020 entry - Thursdays at 9.30am.
Bookings essential - contact the Office.

Enrolment

Enrol for 2019 and 2020 entry.

2019 Term Dates

Term 1: 29 January* to 5 April

Term 2: 23 April to 28 June

Term 3: 15 July to 20 September

Term 4: 7 October to 20 December

* 29 January is a state wide student free day.

EHPS student-free days: 30 January, 22 May, and 2 August



COMPASS PARENT PORTAL

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School
22-30 Essex Road
Mount Waverley VIC 3149
Telephone: (03) 9807 4944
essex.heights.ps@edumail.vic.gov.au
www.essexheightsps.vic.edu.au
Principal: Mr George Perini
Office Hours: 8.30am to 4.30pm Monday to Friday during school terms.

PRINCIPAL'S REPORT

Dear parents and friends of our Essex Heights community,

Book Week and Book Fair

On Monday we celebrated the start of Book Week. The response from the school community was fantastic.

So many children joined into the spirit of the day by dressing up to show their secret power. Super heroes, wizards, famous book characters were all very evident. The parade at our Book Week assembly was so colourful and enjoyable for all. The children loved parading around the stadium and five students from each year level also received prizes. The staff also got into the swing of the day with team members having a themed approach to their costumes. Wonder Woman, The Avengers, The Incredibles, and Where's Wally were just some great examples of staff 'super powers'!!

This week we have continued to promote and encourage reading in classes, as well as hosting a colourful and interesting Book Fair. So many families purchased books to read and different fun packs that all encourage children to engage in reading.

Thanks to all of the staff that worked to promote reading this week to our children.



Photos: A Kennedy & A Millan

... continued on page 3



August

24th William P
Ethan Q
25th Manuka S
George W
Ugo G
26th Reuben H
27th Imogen A
Alexander X
28th Diya H
29th Wendy L
30th Katerina S

This week's information on Compass:



Year/Group	Compass News Feed
Prep	Science Morning
Year 1	Thursday - Incursion/Dress Up
Year 4	Taskworks sleepover last minute reminders
Year 6	ArtSEL Transition Program. How to Greet People and Make New Friends
Whole School	When relationships go wrong for girls Webinar: Step back so kids can step up Compass Mobile App Events Upgrade Last Chance Protecting your child's online privacy
Compass Events:	
Year/Group	Notice/Activity and Payment & Consent Due Date
Selected Students	Eastern Metropolitan Regional TeeBall Girls Finals - consent only by 25th August Mulgrave District Athletics Carnival - \$15 & consent by 26th August

Assembly: Monday 26th August

At Assembly on Monday:

- House Athletics result
- ArtSEL presentation
- School Banking winners
- Student of the Week & Baik Sekali awards

Note: Items listed above are correct at time of publication, but may be subject to change.

Assembly starts at 2.40pm in the Stadium. All welcome.

parenting * ideas

"Schools are at their dynamic best when teachers and parents work hand-in-hand together" **Michael Grose**

New *Insights* articles recently distributed via Compass and accessible on our school website:

- When relationships go wrong for girls
- Protecting your child's online privacy

Our school membership of Parenting Ideas entitles our community to attend all webinars for parents at no cost (a saving of \$37)! Here is the information about upcoming webinars:

- *Creating 21st century rites of passage* - Wednesday 28th August at 8pm.
Join Dr Arne Rubinstein as he discusses the importance of rites of passage in the 21st century. In this webinar you'll develop clear guidelines and learn impactful strategies to support you to build strong health relationships with your children, bolster their independence and support them in their use of technology in these rapidly changing times.
Details on registering for this webinar, including your code to access this webinar free of charge, has been sent to you via Compass.
- *Step back so kids step up* - Wednesday 18th September at 8pm.
Children and teenagers are capable of so much more than they are often given credit for. Closing the expectation gap between what adults believe kids and young adults are capable of, and allowing them to create their own solutions to the challenges they face will greatly impact their resilience, and society as a whole. In this webinar, Dr. G will outline the practicalities of doing that, and the guiding principles that will make it possible.
Details on registering for this webinar, including your code to access this webinar free of charge, has been sent to you via Compass.

For further information, including the 2019 webinar series, go to our school website - [CLICK HERE](#).

Principal's Report

Monash Youth Music Festival

Congratulations to our Chamber Choir who competed in the Monash Youth Music Festival on



Monday. They were against many schools from within and outside of Monash. Once again our students performed impeccably, and won first prize for their excellent singing. Later in the day they impressed everyone by singing at the school assembly without any accompaniment. Congratulations Chamber Choir and thank you Ms Dolence.



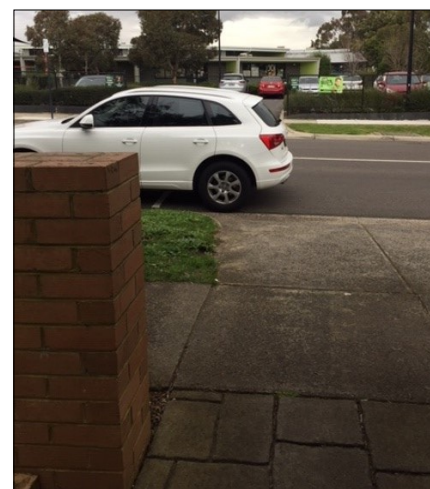
House Athletics

Even though the weather seemed threatening, the Years 3 to 6 House Athletics proceeded on Wednesday, and all the students were fully engaged in their events and the outcome. The house relays at the end of the day were a real highlight with each house cheering on their teams. The official results will be announced at Assembly on Monday. Good luck to all concerned.



Parking

Once again I have received a complaint from our neighbours regarding illegal parking and poor road safety in and around our school. The image (right) is a clear example of a poor decision made by a member of our school community. Can I urge all families that drive their children to school to please ensure that you follow the road laws and obey all parking restrictions. The City of Monash does patrol around the streets surrounding the school and they will fine drivers doing the wrong thing. It should also be remembered that adults should always role model correct road behaviour to our children so that they understand what appropriate and good behaviour is when driving and crossing roads.



Scooters



At Essex Heights we are always conscious of the wellbeing and safety of children. I would therefore like to remind all families that riding a bicycle or scooter without a helmet is breaking the law. All children riding or scooting to school should follow all road rules, and they **MUST** be wearing an appropriate helmet.

George Perini
Principal



*P.S. There's **two weeks** to go in the **Principal's Reading Challenge**!*

Understanding Different Perspectives

This week in ArtSEL, we have learnt about understanding different perspectives. To perceive or have a perception about something is a person's point of view. It means, how you see or understand what has happened in a situation even if someone else might not agree. Sometimes we might disagree about what has happened in a situation. To avoid a big disagreement and stay friends, we need to respect each other's point of view. When we see things from other people's perspectives and look at things from their point of view for a moment, it can help us respond to them in a more respectful and caring way. This will help us get along better with others. This week, practise taking other people's perspective.



Year 6 Transition Program: How to Greet People and Make New Friends

In ArtSEL this week, we are learning how to greet people and make new friends.

To be successful in almost any area of life, people have to learn that you are friendly and approachable and a good friend. How can they learn about you, if you have a tendency to hold back from others?

Some suggestions to greet new people and make new friends:

- When you first meet people, make eye contact while also smiling at them.
- Try to initiate a conversation. If you don't know what to say, compliment them. Everyone loves to hear a compliment it makes people feel good. Before you compliment them, observe the person you want to interact with and think of a compliment ('I noticed you're good at drawing, what do you like to draw?'). Make it meaningful, never sarcastic.
- Think of a good topic that most people can talk about (movies, sport). Then, initiate the conversation. Ask a few questions around the topic. Don't keep changing the topic, stick to your chosen topic.
- Sound friendly, energised and upbeat. Say that it's good to see them.
- Ask open questions such as: How are you? What have you been doing? or even, "Guess what I did this week-end?" or "want to hear something funny?" Try not ask closed questions (e.g. questions with yes or no answers).
- If you ask someone a question and they only partially answer, just wait. If you stay silent and keep eye contact, they will usually continue talking.
- Psych yourself up. If you get yourself to be really happy and excited to see other people, they will react the same to you. Even if it doesn't happen the first time you do, it will change the way they respond to you eventually.
- When you have finished the conversation, indicate to them that you will be pleased to see them next time by saying something like, 'hope we catch up again soon'.
- There is a golden rule here: people like people, who like them.

If you would like to know more about this program, please come and see me.

Nikki Olsen
ArtSEL Teacher

Prep D Developmental Play

Do you have any spare Coles Little Shop figures? If so, Prep D would love to add them to their collection used for developmental play. Hand them in at the Office, or to Lauren Davies in Prep D (E6/Room 6 in the Eucalyptus Building).



Found

AFL football jumper and club member scarf found in Federal Reserve. If you think this is yours, please call Erica on 0412 357 827.

Art Competition



Christmas Card Competition



We'd like to invite everyone to create a Christmas card. Create your card on the front of piece of A4 paper folded in half.

Decorate the front cover, and write your name and class on the back. Please don't write a message in the middle. Deliver your creation to the Art Competition box on Nikki & Mr Hudson's desk in the Art Room. The winner in each category will be printed and sold to the general public. The Christmas card competition ends on Friday 30th August.

Art Teachers & the Art Captains

Singapore International Choral Festival

33 students, 13 parents and 4 teachers travelled to Singapore in early August, where our students, led by Tanya Dolence, represented Australia and Essex Heights at the 2019 Singapore International Choral Festival. They competed against 38 other choirs in the Under 12 section, receiving a Silver Award with a score of 74.2.





Hari Indonesia 2019

What a joy it was to be part of yet another wonderful Hari Indonesia at Essex Heights last Friday! The school was full of excitement as the buildings were transformed into different Indonesian Islands, and the day was once again full of incredible cultural immersions for the students and staff. We enjoyed workshops with Suara Indonesia, craft activities with a range of Indonesian cultural elements, a snack pack full of Indonesian goodies and the very popular Independence Day games (Tug of War and Balloon Dancing up there as two of the favourites).

This year, we had the privilege of hosting the Indonesian Consul General to Victoria and Tasmania and some delegates from the Indonesian Consulate. She was most impressed with the way the students knew about various islands of Indonesia and their passion to learn more.



Thank you to all the staff, parents and students for embracing this wonderful whole-school incursion once again. Below are some comments from students and parents who shared their reflections of the day:

What a wonderful and truly educational entertaining time was had during this year's Indonesian Day celebrations, so many highlights! Watching the children participate in the Sumatran drumming and dancing sessions was truly captivating. The level of engagement and confidence was high for all as they learnt songs, dances and drumming (which is not as easy as it looks) and genuinely had a great time. Walking through the classrooms and communal areas was a delight as it was clear how much effort and thought the students had put into decorating. It was also a privilege to listen to the Consul General address the whole school assembly, such an honour to have her attend. A very big congratulations and thank you to Bu Sara for all her time, effort, thought and preparation she devotes to making this celebration a truly memorable one for all our children! Well done!

Tonia (Max 4R & Maya 2LD)

My favourite part of Indonesian day was the Suara Indonesia. There was dancing and singing.

Irene, 1P

My favourite part of Indonesian day was the games and the snacks because we got to play the marble race. And for the snacks, we got to eat jelly.

Clarabelle, 1P

Today we are at school and it is Indonesian Day. Indonesian Day is the day that we celebrate Indonesia's independence. The actual day that Indonesia became independent is the 17th of August.

We had lots of fun playing Indonesian Independence games such as Tarik Tambang (Tug-of-war) and the marble and spoon race. We also had two people come to our school to perform traditional Indonesian dances. Something else we did was the food tasting and craft using Indonesian pictures of animals. Last but not least, we had the Indonesian assembly at the end of the day. Something that we forgot to mention was that on this special day we got to wear red and white (colours of the Indonesian flag) or batik to school for the day.



Jane and Emma, 4R

On Indonesian Day we can wear red and white or batik. In Essex Heights, we celebrate Indonesian Independence Day every year because we learn how to speak Indonesian and we learn about their culture. We play games that are played in Indonesia for example:



Tarik Tambang (Tug of war),
Balloon dancing,
Marble and spoon race and many more.

We also watched two people from Indonesia perform Indonesian dances and play music for us. On Indonesian Day our Indonesian teacher, Bu Sara prepares special Indonesian day food for us to enjoy. We both really enjoyed Indonesian Day and look forward to it again next year.

Isla and Elissa, 4D

*Terima Kasih,
Bu Sarah*



Indonesian Day Reflection

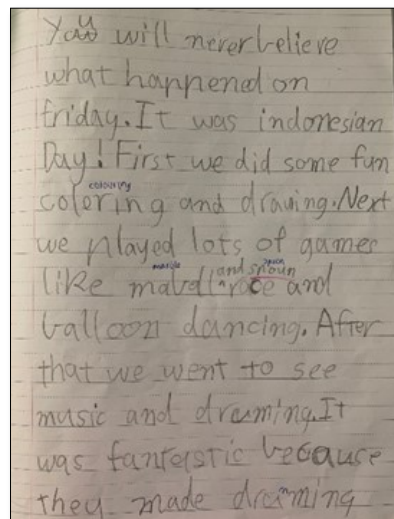
What a great day we had on Friday. The school was dressed in Red and White or Batik to celebrate Indonesia and its Independence Day. In Year 1, we have a continuous recount writing focus. We were very excited to write about Indonesian Day in 1P.

We developed a shared writing piece about our special day:

'You will never believe what happened on Friday. It was Indonesian Day! First we did some fun Indonesian colouring and drawing. Next we played lots of games like marble and spoon race and balloon dancing. After that we went to see music and drumming. It was fantastic because they made drum noises with special pants! We also got to make an Indonesian Zoo. Finally, we finished the day with a special assembly. It was too much fun!'

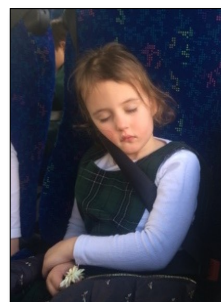
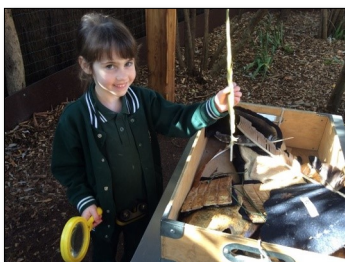
Thanks for all your organisation Bu Sarah! It certainly was a special day!

From 1P



Prep Melbourne Zoo Excursion

Prep students visited Melbourne Zoo in Parkville as part of their integrated unit 'Wonderful Wildlife' on Wednesday 31st July.



On Monday 19th August, the Essex Heights Chamber Choir went to this year's Monash Youth Music Festival which was held at Robert Blackwood Hall. The event was hosted at the Monash University, Clayton Campus (Public University in Melbourne, Australia) where our school's Showcase is held every year.

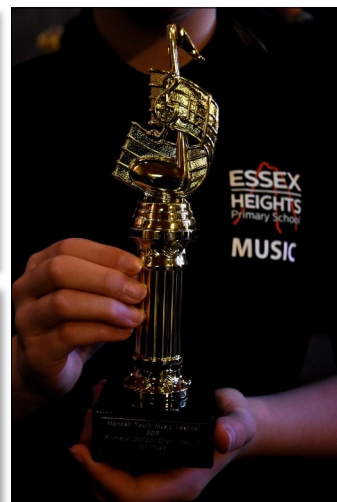
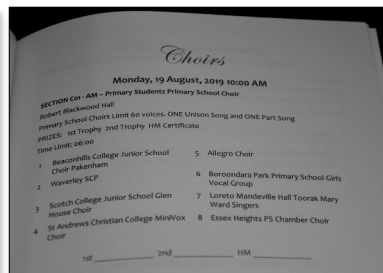
For more information about Showcase this year, please check the school website.

Students had to arrive at 8.30am that morning. Everyone got their school-provided music t-shirts to wear, and prepared for the day. The competition has been held for over 40 years and was founded by Howard Frie in 1979. This year there were eight choirs (including EHPS Chamber Choir) competing in the competition. Some choirs in the Primary School Category included Waverley Christian College, Scotch Boys College, and many more.

After our performance, the awards were announced by the adjudicator. She stated both 2nd and 1st place ... and Essex Heights won! Chamber Choir had come in 1st place! We then received our trophy and results.

It was a great experience for the choir and we all hope to achieve an even higher score next time. Congratulations, Chamber Choir!

Sincerely,
Rennie T, Kyla W, Damien N and Sen L
Music Captains



Sharing Ladybird Well Loved Tales!



A massive THANKS to Rohan B (5/6L) who brought in original copies of Ladybird Well-Loved Tales from home. The books are over 50 years old, and Rohan did a wonderful job sharing these treasures with the students of 5/6L. As the end of term approaches, the 5/6 kiddos are really looking forward to writing a Fairy Tale story for their Prep and Year 1 buddies.

Moira Lennon
5/6L Teacher



Junior School Council

Legacy Badge Appeal: 1st to 7th September

The Legacy Badge Appeal has been providing for families of deceased and incapacitated ex-servicemen and women for over 96 years. By selling badges and other Legacy items, these families get the important help they need.

Further information of the cost of Legacy badges and other items will be revealed in the next issue of *Contact*.



Jeans for Genes Day: Tuesday 10th September

Kids just want to be kids, but instead of playing sports with their friends or catching butterflies on a sunny day, these kids are getting liver transplants, taking dozens of medications, or getting their next dose of chemotherapy. It shouldn't be this way. You can help the scientists at Children's Medical Research Institute find cures, so these kids can go back to being kids.

On Tuesday 10th September, all students are invited to wear jeans and bring a gold coin donation to help support this important cause.

Before & After School Care

Could families please bring their **accounts** up to date. If you have any queries regarding your account please contact me at davis.paul.d@edumail.vic.gov.au.

The Lego Robotics workshops are producing some fantastic and fun afternoons for the children. Due to the success of these workshops we may extend them for another fortnight. The children are being challenged to make create some amazing inventions.



This **Thursday and Friday** (29th and 30th August) Before Care will operate out of the **Eucalyptus Building** due to Father's Day celebrations.

Activities planned for After School Care

Monday Cooking: Melt in the mouth choc mint Oreo fudge
Tuesday Lego Robotics workshop
Wednesday Baseball clinic
Thursday STEM activity
Friday Father's Day cards

If you have any questions, please send them to davis.paul.d@edumail.com.au.vic.gov.au, or phone BASC on 9807 2615 or 0417 941 986.

*Thank you,
Paul Davis
Coordinator*

Munch & Crunch Canteen

Canteen Roster

Monday 26th August - 11.15am to 1.45pm Shiri Krebs
Wednesday 28th August - 9.00am to 1.45pm Sophie Sautner & Chengyan Zhou
Friday 30th August - 9.00am to 1.45pm James Douglas & Yuni Lee

Please remember to sign the Visitor's Register in the Office before coming to the Canteen.

If you are unable to do your rostered duty, or you have any queries, please contact Maria as soon as possible on 0409 934 573.



Maria Vlahos
Canteen Manager



Secondhand Uniform Stall Thanks

Thank you to Jen, Niki, Sophie and Mel for helping with the Secondhand Uniform Stall last week, as well as the children who helped return lost property to the appropriate classrooms. This is a wonderful service that parents provide for our school community, so please consider donating an hour if you are available to help when the notice goes out next term.

The stall also raises valuable funds for our school. Last week's efforts raised close to \$400.

PFA Meeting

Thanks to those who attended the PFA meeting this week.

Father's Day

The Father's Day events are on next week. Please don't forget to sign up to help:

- **Father's Day Breakfast** (Thursday 29th August) - [CLICK HERE](#) or type <https://tinyurl.com/FDBreak2019> into your web browser.
- **Father's Day Stall** (Friday 30th August) - [CLICK HERE](#) or type <https://tinyurl.com/FDStall19> into your web browser.



Entertainment Membership

Purchase an Entertainment Membership for Dad for Father's Day and not only will you be supporting our fundraising but you will also go in the draw to WIN the Ultimate Father's Day Prize - 2 tickets to the 2019 Toyota AFL Grand Final + a \$400 flight voucher! Get your Membership today - [CLICK HERE](#) or type <https://www.entertainmentbook.com.au/orderbooks/187402c> into your web browser.



The PFA can be contacted via email on ehpspfa@gmail.com.

See you all at the Father's Day events next week,

Fiona Nicholson Stocker
(Mum of Allison 3F)

Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School.



BRANDON HEIGHTS T-BALL



Boys & Girls

Saturdays – 10am – Starts Oct 5th

Contact Brandon Heights Softball Club for more details:
Brandon.heights@gmail.com or 0407877158

Website: Brandonheightssoftballclub.com
Email: Brandon.heights@gmail.com



FREE

Jells Park Sports Precinct – Cnr Jells & Waverley Rds. Glen Waverley

CITY OF MONASH

CONNECTING

WITH YOUR PRETEEN **8-12 YEARS**

Tuesday 10 September 2019
6.30pm - 8pm
Clayton Community Centre, 9-15 Cooke St, Clayton

TOPICS INCLUDE:
Brain development
Navigate the preteen years
Communication and connection
Understand your preteen's behaviours
Explore ways to be a more effective and supportive parent

Monash Family Services
FREE workshop, bookings essential
To book a place contact:
Rebecca Giles on 9518 3571 or
Rebecca.Giles@monash.vic.gov.au

Teddy Bear Hospital

Winter Check-up

SAT 24 AUG - SUN 25 AUG
10 AM - 5 PM, LAST ENTRY 4:30 PM
CHADSTONE - THE FASHION CAPITAL
1341 DANDENONG RD, CHADSTONE

We need your help to treat some bear-y bad cases of the winter sniffles! Bring your teddy for a check-up at the Teddy Bear Hospital Winter Check-up!

Teddy Bear Hospital is run by volunteer health students from The University of Melbourne. Funds raised will support **The Royal Children's Hospital** and **Good Friday Appeal**.

See you bear-y soon!

Scan the QR code using your camera app or visit facebook.com/events/396110577708613

Don't forget to follow our Facebook page for the latest Teddy Bear Hospital news
facebook.com/tbh.melb



ART n EASEL

ART CLASSES FOR ALL AGES

Proudly Presents

The Colour Palette

Paintings by Rashmi Gore & her Students



August 14-25, 2019

Open: Wed to Fri 10am - 2pm,

Sat & Sun 10am to 5pm

Opening ceremony: 16th Aug at 6pm

Ph: 0469882251
info@artneasel.com
<https://www.artneasel.com>

At: **The Track Gallery**
47 Miller Crescent, Mount
Waverley (located within the Mount
Waverley Community Centre)

LEARN TO PLAY BASKETBALL



Nunawading Basketball delivers a variety of introductory and development programs for children aged 5-12 years.

Sessions are available on a Monday, Tuesday, Thursday and/or Sunday afternoon and focus on establishing the fundamental skills of the game in a fun learning environment.

Contact luke@nunawadingbasketball.com.au for more information on the most appropriate session for your child.

Tuesday / Thursday	4:00pm
Aussie Hoops	4:00pm
Skills Academy	4:00pm
Next Gen	4:00pm

Friday	4:00pm
Spook Hoops	

Sunday	
Aussie Hoops	12:30pm, 1:30pm
Skills Academy	12:30pm, 1:30pm
Next Gen	12:30pm, 1:30pm

FREE IN-SCHOOL CLINICS • AFTER SCHOOL PROGRAMS • DOMESTIC COMPETITIONS

NUNAWADING BASKETBALL CENTRE
EAST BURWOOD RESERVE
BURWOOD HIGHWAY
EAST BURWOOD 3151

9802 6711
WWW.NUNAWADINGBASKETBALL.COM.AU