ESSEX HEIGHTS Primary School

Contact

Issue 27, 30th August 2019

At EHPS we value: Friendliness, Honesty, Inclusiveness, Respect, and Persistence

CALENDAR

September

Sun 1-Sat 7 ..... Legacy Badge Appeal
Tue 3 ..... Yr 4 Mulgrave District Basketball Gala Day
Thu 5 ..... Prep 2020 Transition Session 1
Fri 6 ..... Yr 6 Graduation Opposites fundraiser
Fri 6 ..... Division Athletics
Mon 9-Wed 11 . Dental Van visit
Tue 10 ..... JSC fundraiser: Jeans for Genes
Thu 12 ..... Yrs 5&6 Mulgrave District Basketball Gala Day
Sat 14 ..... Victorian State Schools Spectacular
Thu 19 ..... Footy Colours Day & Hot Dog Lunch
Fri 20 ..... Term 3 ends - 2.30pm dismissal

October

Sun 6 ..... Daylight Savings starts - 2am
Mon 7 ..... Term 4 starts
Fri 11 ..... Yr 6 Graduation photo

Students do not attend school on public holidays or student-free days.

School Assembly
Every Monday at 2.40pm in the Stadium. *All welcome.*

School Banking - every Tuesday.

School Tours
for 2019 or 2020 entry - Thursdays at 9.30am.
Bookings essential - contact the Office.

Enrolment
Enrol for 2019 and 2020 entry.

2019 Term Dates
Term 1: 29 January* to 5 April
Term 2: 23 April to 28 June
Term 3: 15 July to 20 September
Term 4: 7 October to 20 December
** 29 January is a state wide student free day.*
EHPS student-free days: 30 January, 22 May, and 2 August

COMPASS PARENT PORTAL
https://essexheightsps-vic.compass.education

Essex Heights Primary School
22-30 Essex Road
Mount Waverley VIC 3149
Telephone: (03) 9807 4944
essex.heights.ps@edumail.vic.gov.au
www.essexheightsps.vic.edu.au
Principal: Mr George Perini
Office Hours: 8.30am to 4.30pm Monday to Friday during school terms.

PRINCIPAL'S REPORT

Dear parents and friends of our Essex Heights community,

District Athletics

On Wednesday our Years 3 to 6 Athletics Team competed in the District Athletics Carnival at the Knox Athletics Track. The children in our team made everyone proud with the way they competed and behaved throughout the day. The staff were so proud of them all and they were outstanding ambassadors for Essex Heights PS.

There were some outstanding results, with 18 children placing first and second in individual events, and 'A' relays qualifying for the next level of competition, the Monash/ Waverley Division Finals.

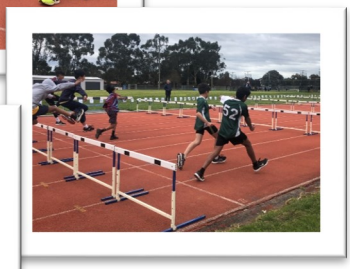
Congratulations to the following children for their athletic success and qualifying for Division Athletics:

9/10: Mitchell L, Tommy H, Karl S, Emma C
11: Aydin J, Jake S, Rihan R, Michael M, Jack F, Kira A, Emma O
12/13: Nicholas T, Tom F, Bihan J, Lucas S, Kayla S, Jayda M, Lucia C

Thanks to Elisha Cotterell who organised all the team after a delayed school athletics program. Also thanks to the staff, Ms Dix, Ms Dillon, and Mr Appleby, and parents who helped out on the day. I know the children really appreciated your efforts.

To top off the day, despite the cold and wet conditions, our team led by Jayda and Nicholas finished second overall, which was an amazing and terrific effort.

Well done everyone!!!



Photos: George Perini & Elisha Cotterell

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August

31st ..... Tess S

September

1st ..... Zachary B
Annabelle X
2nd ..... Arjun K
4th ..... Lachlan C
Chantelle L
Sophie E
5th ..... Kaitlin D
6th ..... Max T
Anabelle H

This week's information on Compass:

Year/Group	***Compass News Feed***
Year 4	September Learning in Grade Four + Assignment
Year 6	Transition Program ArtSEL. Topic this week: Friendships and Relationships
Whole School	Father's & Special Person's Day Stall on Friday Father's Day Breakfast Leaving your fathering mark Magazines for Art Father's Day Events on Thurday and Friday

Compass Events:

Year/Group	***Notice/Activity and Payment & Consent Due Date***
Years 4 to 6	Grade 4 & Senior 5/6 District HoopTime Basketball Gala Days - $12 & consent by TODAY, 30th August.
Selected Students	Monash Waverley Division Athletics - consent only by 4th September.

Assembly: Monday 2nd September

At Assembly on Monday:

- Science presentation
- School Banking winners
- Student of the Week & Baik Sekali awards

Note: Items listed above are correct at time of publication, but may be subject to change.

Assembly starts at 2.40pm in the Stadium. All welcome.

NAPLAN 2019

Even though there have been items in the media regarding this year's NAPLAN results, they have not been released to schools at this time.

We will be notified shortly about the 2019 results and when they become available they will be distributed to families.

Magazines Needed

We are in need of magazines for an Art activity. If you have any magazines, can you please deliver them to the Art Room and drop them at the door entrance.

Prep D Developmental Play

Do you have any spare Coles Little Shop figures? If so, Prep D would love to add them to their collection used for developmental play. Hand them to Lauren Davies in Prep D or at the Office.

Principal's Report

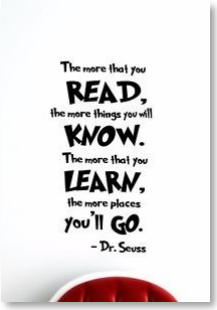
Father's Day Breakfast and Stall

On Thursday, another memorable Father's Day Breakfast was held. Both sittings were very well attended. This was again a great opportunity for children to spend a morning with Dad or a special person in their lives. I know a number of Dads have commented upon how thrilled they are to attend every year. Special thanks must again go to the PFA for their organisation of the breakfast. Our community really values these events, and the PFA does such a great job every year and is such an important part of the whole event.

Also today, children had the opportunity to buy a small gift for their Dad for Sunday. The children were so excited and they spent time deciding how to spend their money wisely. There was such a wide variety of items. Thank you to the PFA again for this wonderful community effort. The children and Dads love it!!

Photos: Kristi Lloyd & Steph Trace

Reading to Children



I think every parent knows the value of reading books to young children. However, I was interested in an article in The Age - "Reading together still important after children start school, expert says". Professor Bridie Raban, at the University of Melbourne's Graduate School of Education, makes the point that many parents stop reading to their children after they reach school age, and this is a lost opportunity to continue to develop their literacy skills.

"Research identifies a clear link between the development of good literacy and numeracy skills at an early age and higher levels of educational achievement, employability, higher earnings and social participation later in life," she said.

Despite the bells and whistles of digital books, 86 per cent of Australian children preferred to read a traditional book.

The article provided the following reading tips for parents:

1. Make reading part of the daily routine. Make a bedtime story something to look forward to.
2. Read regularly yourself.
3. Join a local library.
4. Read books on different topics and find themes that interest your kids.
5. Play word and word association games.
6. Talk with your child: it builds communication skills, vocabulary and increases confidence.

Last week was Book Week, where we celebrated reading as a secret power, so now let us take up the challenge to make time every night to read with your children. Make reading a close bonding and fun time for you and your child.

And by the way, reading at night, just before bedtime, helps the children to wind down and then go to sleep. Win, win all round!!

George Perini
Principal

*P.S. There's just **one week** to go in the **Principal's Reading Challenge**.*

ArtSEL

Accepting Differences

We are all different. Sometimes we may make judgements about someone because they are different. That's called prejudice. Prejudice means judging or forming an opinion about a person before even knowing him or her.

It's easy to judge by what you see on the outside. Differences are often what makes people unique and interesting. And just because someone is different in one way doesn't mean you can't find other ways you're similar. When we form opinions about people without getting to know them-it is unfair, hurtful and disrespectful. When we have empathy and accept and appreciate other people's differences, it is respectful.

Year 6 Transition Program: My Friendship Skills Unit - Friendships and Relationships

This week in ArtSEL, we focused on helping students to consider ways to repair friendships and relationships if they fall into difficulties. We also focused on, helping students to consider which situation they would walk away from (leaving the relationship or friendship) and which one they would choose to talk through the problems (try to patch it up and solve it).

Then, we discussed the consequences of their decisions. For example, if they walked away from their friendship, what will be the result? If they talked and tried to patch it up, what should they say?

Some of the scenarios are:

- You have found out a friend is spreading untrue rumours about you.
- Every time you see other people you like, your friend tries to make you feel guilty.
- A friend who really likes you but doesn't like anyone else.
- A friend who insists on having everything his/her own way.
- Your friend is always complaining about other people.
- Your friend often doesn't tell the truth to make themselves look good.
- A friend who is rude and knows it.

What would you do walk or talk?

If you would like to know more about this program, please come and see me.

Nikki Olsen
ArtSEL Teacher

parenting ideas

"Schools are at their dynamic best when teachers and parents work hand-in-hand together" ***Michael Grose***

New *Insights* articles recently distributed via Compass and accessible on our school website:

- Leaving your fathering mark

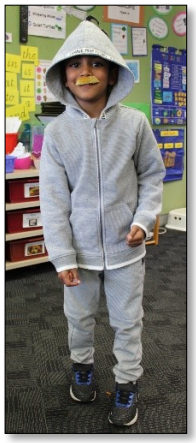
Our school membership of Parentin Ideas entitles our community to attend all webinars for parents at no cost (a saving of $37)! Here is the information about the upcoming webinar:

- *Step back so kids step up* - Wednesday 18th September at 8pm.
  Children and teenagers are capable of so much more than they are often given credit for. Closing the expectation gap between what adults believe kids and young adults are capable of, and allowing them to create their own solutions to the challenges they face will greatly impact their resilience, and society as a whole. In this webinar, Dr. G will outline the practicalities of doing that, and the guiding principles that will make it possible.
  Details on registering for this webinar, including your code to access this webinar free of charge, has been sent to you via Compass.

For further information, including the 2019 webinar series, go to our school website - CLICK HERE.

Prep 100 Days at School Celebration

Prep students celebrated 100 days at school on Wednesday 7th August.



Science Week

This week at EHPS we celebrated the Science Week theme of *"Destination Moon"* by having a special visit from the giant Science Discovery Dome. The Dome offers a planetarium style experience supported by an expert presenter. Nick took every class and talked them through topics such as "Solar System", "Earth, Moon and Stars", and "Night & Day". Many of the students and teachers commented that they thought they might actually be in outer space!! To fill the students with wonderment and awe is such a special way to celebrate Science at Essex Heights.

Some comments from the Level 1's:

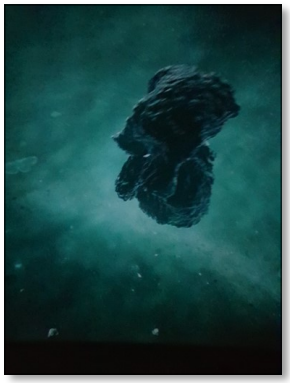
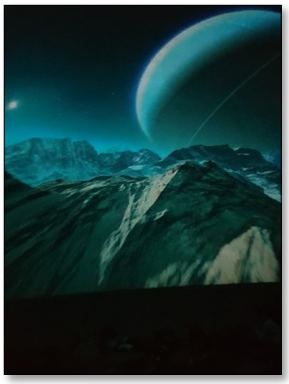
Aiden: 'There was a giant screen in the dome. It was awesome!'
Brian: 'I learnt the sun is made out of gas'.
Lachlan: 'I liked the dark because it looked cool like a cinema'.
Georgia: 'On the moon, it can be really hot or really cold'.

Xander B (5/6S): "I found it interesting that we need black holes to survive, I have always thought that they were dangerous"

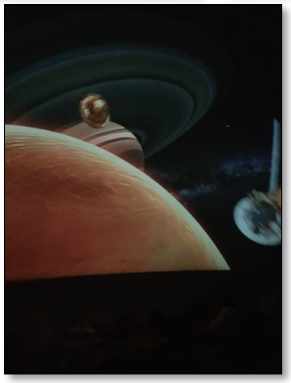
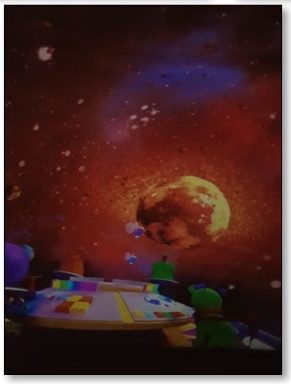
Rashi B (5/6S): "The whole inside of the Dome was filled with projected video".

Keat Voon (5/6S): "I was surprised that Venus was the most unliveable planet."

Conor S (5/6S): "I learnt that iron and gold were made out in space."

Liam (5/6C): "The dome made it feel like we were in outer space."

Sen L (5/6C): "The CGI footage showed us the terrain of Venus, Mars and the Sun, it looked so cool."

Father's Day Breakfast

Photos: Kristi Lloyd

Health & PE

House Athletics

Drysdale Lindsay Nolan Boyd

After nervous rescheduling and administrative persistence to secure a location, it was with much anticipation we were delighted to host the Years 3 to 6 House Athletics Carnival at Knox Athletics Track on Wednesday 21st August. We couldn't have been happier with the blue sky which welcomed our students who were ready and eager to give it their best on the day. Students displayed their improved technique and talent throughout the day, with students participating in Discus, Shot Put, Long Jump, Triple Jump, High Jump, 100m and 800m. Many students also formed relay teams to run in the 4x100m races. Students displayed great determination to win points for their house and the chance to make it into the school Athletics Team. We were thrilled to announce the overall house results at Assembly this week, with the first place position going to Nolan. Congratulations to all involved and thank you to the parents who helped rake, sweep, measure, record, encourage, marshal and cheer on our students.

Result: 1st Nolan 441 points, 2nd Boyd 306 points, 3rd Drysdale 255 points, and 4th Lindsay 177 points.

Eastern Metropolitan Region Girls TeeBall Finals

On Monday our Years 5/6 Girls TeeBall team played in the Eastern Metropolitan Region Girls TeeBall finals at the Waverley Softball Centre. It is a huge achievement to reach this standard of competition in team sports and a wonderful opportunity for our students. Coached on the day by Ben Wooster, the girls improved in skills, technique and tactical strategy throughout the round -robin day. The team finished third overall in their group and should be very proud of their achievements. Thank you to Mr Wooster, Ms Ung, Mrs O'Flynn, Kelly Cutler and parents for their coaching and encouragement of this team throughout the season.

District Athletics

On Wednesday 28th August, 74 students attended the Mulgrave District Athletics at Knox Athletics Track. There was a lot of positive energy and support to our team mates. We started of the day with a fantastic win from Mitchell L in the 1500m. Throughout the day there was a lot of determination and sportsmanship. At the end of the day, things like bad weather and injuries affected the 800m and the 4x100m relay. Even though there was a few unfortunate turn of events, Essex Heights came second out of the district. A fantastic result!

Nicholas T & Jayda-Rose M
2019 Athletics Team Captains

Congratulations to all students who participated in the District Athletics this week. We are incredibly proud of your athletic talent, team camaraderie, determination and resilience in trying conditions late in the day. Thank you to all the parents and staff, including Deakin University student teachers, for their support and encouragement leading up to and on the day. The confidence and excitement in our section of the pavilion was amazing! We now have 18 students in 25 events progressing to the Division event on Friday 6th September. We congratulate and wish these students all the best for this next level of competition.

Elisha Cotterell
Sport & PE Teacher

HoopTime – District Basketball Gala Days

Year 4 and Years 5/6 students who have nominated and been selected to represent Essex Heights in the upcoming HoopTime competition have been training hard at recess and lunch times over the past few weeks. Supported by our All Stars Team and Nunawading Spectres coaches, these players are ready to give it their all at Nunawading Basketball Centre.

The Year 4 Gala Day will be on this Tuesday, 3rd September. We have five teams who will be supported by Mr Russell and student coaches Tom F, Connor M, Oliver S, Josh H and Tyrone I. The five Years 5/6 teams will compete on Thursday 12th September, and will be supported by Mr Cavill. If you are available to assist on either of these days, please contact Elisha Cotterell to advise of your availability (remember, you must hold a Working With Children Check and have signed the Child Safe documentation to volunteer).

Information has been published on Compass, and payment of $12 and consent is due TODAY, Friday 30th August.

Principal's Reading Challenge

ONE WEEK TO GO!

Prep to Year 2: Classroom teachers have been reading books in class and keeping a record of book titles read, and students will receive a Participation Certificate for listening to 30 books read in class. They will also receive a Principal's Challenge Reading Certificate if they read 30 books at home (take home readers can be included); these must be recorded on the record sheet provided.

Years 3 to 6: Read a minimum of five novels independently to be eligible to receive a Principal's Reading Challenge Certificate; record the details on the provided record sheet.

Return the completed record sheet to your classroom teacher by next Friday, 6th September.

Happy reading everyone!

Lena Papadatos

Junior School Council

Legacy Badge Appeal: 1st to 7th September

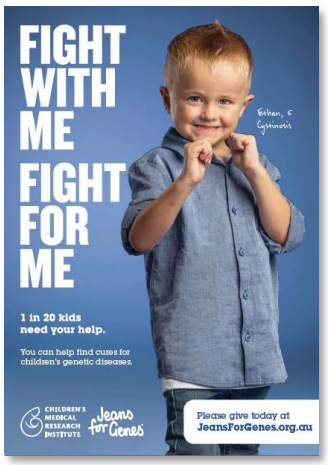
The Legacy Badge Appeal has been providing for families of deceased and incapacitated ex-servicemen and women for over 96 years. By selling badges and other Legacy items, these families get the important help they need.

Legacy Week raises funds for the vital work it does for families of servicemen and women who have served their country in military/armed forces.

The official week is always the first week of September and has been held since World War 2. JSC representatives have been selling merchandise each day next week, until Friday 6th September or until all sold. They will come around to classes daily from 1.30pm. Items for sale are:

- Badges - $2
- Wrist Bands - $3
- Balls - $5
- Bears (see picture) - $20

Legacy cares and so do we. Please support this great cause.



Jeans for Genes Day: Tuesday 10th September

Kids just want to be kids, but instead of playing sports with their friends or catching butterflies on a sunny day, these kids are getting liver transplants, taking dozens of medications, or getting their next dose of chemotherapy. It shouldn't be this way. You can help the scientists at Children's Medical Research Institute find cures, so these kids can go back to being kids.

On Tuesday 10th September, all students are invited to wear jeans and bring a gold coin donation to help support this important cause.

Thank you,

Maria Capsalis, Aubrey Hudson and the Junior School Council

THE VICTORIAN STATE SCHOOLS SPECTACULAR 2019 MADE OF STARS

TWO WEEKS TO GO!

The 2019 Victorian State Schools Spectacular (VSSS) will be held on Saturday 14th September. Two shows will be performed at Melbourne Arena - 1pm and 6.30pm.

The EHPS VSSS mass dancers!

Our team of Years 5 and 6 students performing in the mass dance continue their regular rehearsals, and are getting excited for the big day!

For more information about the VSSS - CLICK HERE.

Tickets are available from Ticketek - CLICK HERE or type www.ticketek.com.au/spectacular into your web browser.

Dance Classes in Term 4

Lunchtime Dance - Years 1 to 6

Lunchtime dance classes will run on Tuesdays in Term 4 for students in Years 1 to 6 in the Hall. Lessons will commence on Tuesday 15th October and conclude on Tuesday 3rd December. Please note there will be no classes on Tuesday 5th November or Tuesday 12th November.

Children will be involved in dance warm ups, dance creation activities and learn a choreographed dance. In the last session students will perform their routine for family and friends giving them a sense of achievement. A notice will be sent home a week before this performance.

The cost is $40 per child for 6 x 30 minute sessions.

If you would like your child to participate in these classes, please obtain a registration form from the School Office or visit creativedanceanddrama.com and request a form via the contact page.

After School Dance - Prep to Year 2

After School Dance classes are offered on Tuesdays for students in Prep to Year 2 in the Stadium beginning at 3.40pm and finishing at 4.25pm.

Children will be participate in a variety of warm up routines, create their own movements through dance creation activities and learn a choreographed dance to be performed at the end of the last session for family and friends.

The Term 4 2019 After School Dance program dates are Tuesday 8th October to Tuesday 10th December. The cost is $80 for 8 x 45 minute sessions. Please note there will be no classes on 5th & 12th November.

Georgia Lombard
Creative Dance and Drama

Munch & Crunch Canteen

Canteen Roster

Monday 2nd September - 11.15am to 1.45pm ..... Sandy Shen
Wednesday 4th September - 9.00am to 1.45pm ..... Angela Millan & Vicki Milevski
Friday 6th September - 9.00am to 1.45pm ..... Carolyn Mott & Erica Baddeley

Please remember to sign the Visitor's Register in the Office before coming to the Canteen.

If you are unable to do your rostered duty, or you have any queries, please contact Maria as soon as possible on 0409 934 573.

Maria Vlahos

Parents & Friends News

Father's Day Breakfast & Stall

Thank you to Andrea, Kathryn, Betty, Jan, Katy and Kristen who helped run the **Father's Day Breakfast** on Thursday. Thank you to their families who came and set up the night before and to those who helped pack and clean up after the breakfast. We are very grateful to Miss Lloyd for taking some beautiful photos!

Some of our wonderful helpers on the Father's Day Stall

Thank you to Steph and Nicole for organising the **Father's Day Stall**. Thank you to Heather, Karen, Irit, Andrea, Cindy, Andrea, Minning, Yuni, Cat, Kim and Boon for setting up. Thank you to Jo, James, Mel, Sophie, Steph, Eliza, Kathryn, Jan, Katy, Nicole, Catriona and Anusha on the day. We hope the children enjoyed their shopping experience and that all the father's and special people enjoy their presents!

These events have become annual events that our children look forward to and enable fathers to engage with other men. However, such events can only continue if there is enough support to cater for our wonderful school of 400+ families. Please consider putting your hand up next year to help for an hour or so at these events to ensure this tradition is able to continue.

We are very appreciative of the support that local businesses provide, including Bakers Delight (Burwood One) and Bunnings, and for St Luke's loaning us their crockery.

Happy Father's Day to all Essex Heights fathers. We hope you can all share some special time with your children at the weekend.

Entertainment Membership

Purchase an Entertainment Membership for Dad for Father's Day and not only will you be supporting our fundraising but you will also go in the draw to WIN the Ultimate Father's Day Prize - 2 tickets to the 2019 Toyota AFL Grand Final + a $400 flight voucher! Get your Membership today - CLICK HERE or type https://www.entertainmentbook.com.au/orderbooks/187402c into your web browser.

The PFA can be contacted via email on ehpspfa@gmail.com.

Fiona Nicholson Stocker
(Mum of Allison 3F)

Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School.

LEARN TO PLAY
BASKETBALL

NUNAWADING BASKETBALL
EST. 1969

Nunawading Basketball delivers a variety of introductory and development programs for children aged 5-12 years.

Sessions are available on a Monday, Tuesday, Thursday and/or Sunday afternoon and focus on establishing the fundamental skills of the game in a fun learning environment.

Contact luke@nunawadingbasketball.com.au for more information on the most appropriate session for your child.

Tuesday / Thursday	
Aussie Hoops	4:00pm
Skills Academy	4:00pm
Next Gen	4:00pm
Friday	
Spook Hoops	4:00pm
Sunday	
Aussie Hoops	12:30pm, 1:30pm
Skills Academy	12:30pm, 1:30pm
Next Gen	12:30pm, 1:30pm

FREE IN-SCHOOL CLINICS • AFTER SCHOOL PROGRAMS • DOMESTIC COMPETITIONS

NUNAWADING BASKETBALL CENTRE
EAST BURWOOD RESERVE
BURWOOD HIGHWAY
EAST BURWOOD 3151

9802 6711
WWW.NUNAWADINGBASKETBALL.COM.AU

BRANDON HEIGHTS T-BALL

Boys & Girls

Saturdays – 10am – Starts Oct 5th

FREE

Contact Brandon Heights Softball Club for more details:
Brandon.heights@gmail.com or 0407877158

Website: Brandonheightssoftballclub.com
Email:Brandon.heights@gmail.com

Jells Park Sports Precinct – Cnr Jells & Waverley Rds. Glen Waverley