

CALENDAR

November

Mon 11 Oxfam Concert
Tue 12 Prep 2020 Parent Information Evening
Wed 13 2019 SAE ATOM Awards Presentation
Thu 14 Yr 4 District Cricket Gala Day
Wed 20 Prep 2020 Transition 3
Wed 20 Keyboard Concert
Thu 21 Yr 1 Scienceworks excursion
Mon 25 Region Cricket Finals
Tue 26 Piano Concert
Thu 28 P-Yr2 House Athletics

December

Mon 2-Fri 6 Busking Competition
Tue 3 Prep 2020 Orientation Day
Wed 4 Yr 2 Royal Botanic Gardens excursion
Wed 4-Sun 15 ... *Ever Higher* Art Exhibition - The Track Gallery

Students do not attend school on public holidays or student-free days.

School Assembly

Every Monday at 2.40pm in the Stadium. *All welcome.*

School Banking - every Tuesday



School Hats - every day in Terms 1 & 4.

School Tours

for 2019 or 2020 entry - Thursdays at 9.30am.
Bookings essential - contact the Office.

Enrolment

Enrol for 2019 and 2020 entry.

2019 Term Dates

Term 1: 29 January* to 5 April
Term 2: 23 April to 28 June
Term 3: 15 July to 20 September
Term 4: 7 October to 20 December
* 29 January is a state wide student free day.
EHPS student-free days: 29 January, 30 January, 22 May & 2 August

2020 Term Dates

Term 1: 28 January* to 27 March
Term 2: 14 April to 26 June
Term 3: 13 July to 18 September
Term 4: 5 October to 18 December
* 28 January is a state wide student free day.
EHPS student-free days: 28 January, 29 January, and 2 further dates to be advised



COMPASS PARENT PORTAL

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School
22-30 Essex Road
Mount Waverley VIC 3149
Telephone: (03) 9807 4944
essex.heights.ps@edumail.vic.gov.au
www.essexheightsps.vic.edu.au
Principal: Mr George Perini
Office Hours: 8.30am to 4.30pm Monday to Friday during school terms.

PRINCIPAL'S REPORT

Dear Parents/Guardians & Friends of the EHPS Community,

What a fabulous night!!!! - Showcase 2019

Last Friday night we experienced a truly outstanding Showcase at Robert Blackwood Hall. This marvellous community event is a celebration of the talent of our students and the quality of our classroom music and instrumental music programs. The quality of the show and its diversity of performance is a beacon for many other schools. The children's performances not only impressed our families and staff but also many visitors to the performance. Our special guests made a point of telling me how impressed they were with the standard of the show and how much they enjoyed it. A number of parents have also complimented the overall quality of Showcase, the excellent presentation of our Music Captains and also the standard of musicianship displayed on the night e.g. the EHPS Symphony Orchestra.

All the items were fantastic and the hard work that had gone into preparing the students for their item was obvious.

On the night we had so many past students involved in many different ways. 25 students were part of the Symphony Orchestra, but many others were helping back stage in a variety of role. It shows again the strength of our music alumni.

Thank you to all the parents and friends who attended and supported the children. Having an appreciative audience is a highlight for the children and is the major reason for their enjoyment and enthusiasm to perform. Thanks also to all the teaching and support staff for the weeks of preparation and rehearsal with the children, and for their work in supervision and carrying out key responsibilities on the night.

Thank you

A special thanks must go to our amazing group of instrumental music teachers that make our program so sought after and prestigious. Coordinated by Alyssa Kennedy they are a highly skilled and professional team of musicians and teachers. We are so fortunate to have them teaching our children at Essex Heights. They are the reason we have a high quality program at the school.

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November

9th	Siam P
10th	Jonathan W
11th	Elke G Isaac T
12th	Olivia C Lucas S
13th	Charlie C Hannah K Evelyn K
14th	Manuji W
15th	Rebecca L

This week's information on Compass:



Year/Group Compass News Feed

Year 6	Kidsapes 2019
Whole School	Brave parenting in a culture riddled with worry

Compass Events:

Year/Group Notice/Activity and Payment & Consent Due Date

Year 1	Scienceworks - 'What's with the Weather?' - pay \$22 and consent by 18th November
Year 2	Year 2 Royal Botanic Gardens - pay \$30 and consent by 24th November
Selected Students	2019 SAE ATOM Awards Student Awards Presentation - consent only by 8th November Oxfam Concert - Chamber Choir & Guitar Ensemble - consent only by 10th November

Assembly: Monday 11th November

At Assembly on Monday:

- Remembrance Day
- Walk to School presentation
- Maths Olympiad
- School Banking winners
- Student of the Week & Baik Sekali awards

Note: Items listed above are correct at time of publication, but may be subject to change.

Assembly starts at 2.40pm in the Stadium. All welcome.

Leaving EHPS?

Our planning for the 2020 school year is well underway. Therefore it is essential that we know if any students are not returning next year. If your child is not returning to EHPS in 2020, please advise the following information to Jo in the Office:

1. Date of last day at EHPS
2. Name of the school that they are enrolled at
3. Commencement date at new school
4. The reason for leaving EHPS
5. New contact details, if any are changing (eg address, phone number, email)

School Banking Survey

The Australian Securities and Investments Commission (ASIC) recently announced that it is seeking the public's views of school banking programs to help inform its review. ASIC would like to hear from you. You can do this online by answering ASIC's short survey and providing any other feedback. Simply [CLICK HERE](https://consultation.asic.gov.au/financial-capability/review-school-banking-programs/), or visit <https://consultation.asic.gov.au/financial-capability/review-school-banking-programs/>



ASIC

Australian Securities & Investments Commission

Principal's Report



Finally, a big thank you must go to Tanya Dolence, our talented classroom Music teacher, for her amazing work in preparation of the many choirs and marimba ensembles throughout the year. Tanya leads the meticulous planning and organisation of Showcase as well as the production on the night. Great work and thanks Tanya!

Well done to all at Essex Heights, a great community event!



Photos: Kristi Lloyd

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Principal's Report

Music Count Us In

Yesterday at 12.30pm many school across Australia gathered to sing a song composed by four students and key musical mentors such as John Foreman. The students had won state competitions and were brought together in Sydney to co-write this year's song. One of those four students was a former student of Essex Heights, Rohan Nair. It is fantastic that one of our own music alumni has continued his love of performance and music and entered this national competition. Yesterday Rohan joined with the school to sing the song that he had written in collaboration with the others. It was called 'We Are'. The whole school also performed this song at Showcase. The children sang the song beautifully and were accompanied by a number of students on a range of instruments. We are so fortunate to have such talented and passionate students at our school.

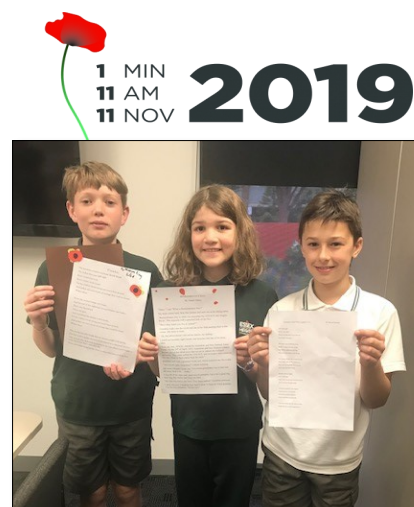


Oxfam Concert

On Monday night (11th November) our Guitar Ensemble, Contemporary Band and Chamber Choir will be performing at the annual Oxfam Concert at Box Hill Town Hall. This is another great opportunity for our students to shine. Good luck everyone!!

Remembrance Day

Monday 11th November is Remembrance Day. Yesterday three students from Years 5 and 6 showed me the pieces they had written to commemorate the end of WW1. They were also entering these pieces into the writing competition conducted by one of our local Rotary Clubs. The pieces varied in style. Two were poems and the other was a piece of prose. They were all very well written, reflective, very thought provoking and showed an understanding of the meaning of war and its consequences.



Have Your Say - Community Engagement Survey

Don't miss your chance to Have Your Say! Complete the survey in 5 to 10 minutes online (links in last two issues of *Contact*) or on paper (collect from School Office). We have extended the community engagement survey closing date to **next Friday, 15th November**. We're listening!

Simplified Chinese

不要错过这次机会! 我们期盼听到您的看法。

我们已将社区互动与参与度问卷调查的截止日期延长至11月15日(星期五)。抓紧这次机会,告诉我们您宝贵的看法!

Traditional Chinese

不要錯過這次機會! 我們期盼聽到您的看法。

我們已將社區互動與參與度問卷調查的截止日期延長至11月15日(星期五)。抓緊這次機會,告訴我們您寶貴的看法!

I look forward to seeing you around the school.

George Perini
Principal



Our school has a membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support. Access this upcoming webinar, hosted by Michael Grose and presented by Lenore Skenazy, at no cost:

- *Brave parenting in a culture riddled with worry* - Wednesday 27th November at 8pm.
To register for this webinar and redeem your voucher:
 1. Click on the link provided in the message in your Compass News Feed, or [CLICK HERE](#).
 2. Click 'Add to cart'.
 3. Click 'View cart'.
 4. Enter the voucher code on the voucher attached to the message in your Compass News Feed, and click 'Apply Coupon'. Your discount of \$37 will be applied to the order. This voucher is valid until 27th December 2019.
 5. Click 'Proceed to checkout'.
 6. Fill in your account details. These are the details you will use to login to your account.
 7. Click 'Place Order'.

More information about this webinar was published on Compass.

For *Insights* articles, the 2019 webinar series, and more Parenting Ideas information and resources - [CLICK HERE](#).

Health Centre



Asthma and Hayfever



Spring is here and that means it's the peak time for pollen and grasses to trigger asthma. Asthma is a common condition in children, caused by narrowing of the small air passages in the lungs. It's an important time to seek a medical review with your child's GP or specialist to ensure your child has the most effective medication to maintain good asthma and hay fever control. This will reduce the risks of being affected by springtime thunderstorm events.

Do you know the 4 steps of asthma first aid?

Epidemic thunderstorm asthma can be sudden, serious and even life threatening; that's why it's important for everyone in the community to know what they can do in grass pollen season, particularly those most at risk of thunderstorm asthma.

If you think someone is having an asthma attack, you can follow these four steps. If you see no signs of improvement, please call 000.

If you feel short of breath, tight in the chest, wheeze or cough during pollen season – please visit your doctor immediately, as you might have undiagnosed asthma.

Step 1: Sit the person upright.

Step 2: Give 4 separate puffs of blue or grey reliever puffer. Make sure you shake the puffer, put 1 puff into the spacer and get the person to take 4 separate breaths from the spacer. Repeat this until the person has taken 4 puffs.

Step 3: Wait 4 minutes. If there is no improvement give the person 4 more separate puffs as in Step 2.

Step 4: If there is still no improvement dial triple zero (000) for an ambulance. Keep giving the person 4 separate puffs every 4 minutes until emergency assistance arrives.

Please call me if you have any concerns or need to complete an updated Asthma plan or allergy plan for management of your child while at school.

Julie Zuk
First Aid Officer

Prep to Year 3 Swimming Program



Prep to Year 3 students are participating in the intensive eight day swimming program run by Just Swimming at Aqualink Nunawading. The program concludes next Friday, 15th November. The swimming program is part of the curriculum.

Students travel by bus to Aqualink Nunawading, Fraser Place, Nunawading. Each session, conducted by trained swimming instructors, will be approximately 40 minutes each day as follows:

- 12 noon - 12.40pm Prep ZB, 1OH, 1B, 2D, & 3F (bus departs 11.20am, returns 1.15pm)
- 1.00pm - 1.40pm Prep M, Prep D, 1G, 2PB, & 3W (bus departs 12.20pm, returns 2.20pm)
- 2.00pm - 2.40pm Prep B, 1P, 2T, 2LD & 3L (bus departs 1.20pm, returns 3.15pm)

EVERY DAY (eight school days from Wednesday 6th to Friday 15th November, inclusive):

1. CHILDREN ARE TO WEAR BATHERS TO SCHOOL UNDER THEIR SCHOOL UNIFORM
2. WHAT TO BRING in a separate bag to their school bag:
 - a. Underwear
 - b. Goggles
 - c. Towel
 - d. Thongs/Crocs, or easy shoes to slip on and off
 - e. Plastic bag for wet clothes
 - f. Swimming cap (recommended)

*** Please ensure all items are clearly named**

Students will be asked to change into their thongs/Crocs prior to leaving school. This will enable a quicker change over in the changerooms. *Note:* School shoes are still required to be worn at school.

All parents are welcome to attend lessons and observe their child's progress; meet your child's class at Aqualink Nunawading. *Note:* only those parents who have arranged with their child's teacher to be a parent helper for swimming and are wearing an identification sticker are permitted into the change rooms.

Verity Bright & Natalie Zaibak

Prep D learning about money with Coles Mini Shop!

This week we have been learning about Australian Money. Prep D were excited to have their own 'Coles Shop' set up in the classroom. This was a fantastic activity to allow

students to explore and experiment with the concept of 'purchasing' and handing over money in exchange of an item.

We had different stations set up with a range of the 'Coles Mini Collectables' at various values (\$2, \$1, 50c, 20c, 10c and 5c).

In partners, students got to have a basket and go shopping. We even had cashiers!

Prep D identified their favourite parts of the activity as, "Getting to play with money", "Using the register and being a cashier" and "buying lots of different items".

We would like to thank everyone that helped set up this activity by providing their collectables. It was such a fantastic activity that the students absolutely loved! They are looking forward to the next time our 'Shop' is set up!



Miss Davies and Prep D



Showcase DVD/USB Orders

Showcase has been professionally recorded and you can purchase a DVD or USB of this year's production. Order envelopes were provided with the Showcase program, or you can collect one from the School Office. DVDs are \$25 each and USBs are \$30 each. Pay by cash (correct amount in envelope returned to School Office) or credit card (online at www.trybooking.com/570361). Orders must be placed **by next Wednesday**, 13th November.

Music



Oxfam Concert

On Monday 11th November the Essex Heights Guitar Ensemble, Chamber Choir and Contemporary Band have been invited to perform as part of the 51st Oxfam Festival to be held at Box Hill Town Hall. This will be a wonderful opportunity for the students to share their talents with the broader community and perform in an amazing venue. It also helps to raise money for a very good cause. Tickets (Adults \$17, Concession \$12, and children free of charge) are available at <https://www.trybooking.com/BFZTO>.

Information for participating students has been published on Compass. Consent only is required by this Sunday, 10th November.

Instrumental Music



Keyboard & Piano Concerts

We have two concerts coming soon that will be held in the School Hall. The **Keyboard Concert** will be on Wednesday 20th November from 6.30pm to 7.30pm, and the **Piano Concert** will be on Tuesday 26th November from 6.30pm to 8pm. We look forward to seeing you there.

THE VICTORIAN STATE SCHOOLS

SPECTACULAR

The Victorian State Schools' Spectacular (VSSS) is an annual event and is one of the largest recurring productions in Australia. The Victorian State Schools Spectacular brings together over 3000 school students performing as a 64 piece orchestra, 1300 voice choir, 1200 mass dancers, 30 lead vocalists, 16 principal dancers, 20 ensemble dancers, eight backing vocalists, roller skaters and puppeteers and much more.

VSSS encourages creative skills, discipline, perseverance and confidence over months of rehearsals. Students, working towards a common goal in a collaborative, competition-free environment. Its dual aim is to provide an invaluable performing arts opportunity to students and to showcase the enormous talent that exists in our schools. This all comes together in a three hour show that celebrates a diversity of performance mediums, including choir, dance, vocal, drama, and orchestra.

Participating students have the opportunity to work with industry professionals including Creative Director Neill Gladwin, Musical Director Chong Lim AM and Dance Director Deon Nuku, (Scooby Doo, Happy Feet, Moulin Rouge).

Audition registration for 2020 now open

For more information on participating in the 2020 Victorian State Schools Spectacular, and to register - [CLICK HERE](#).

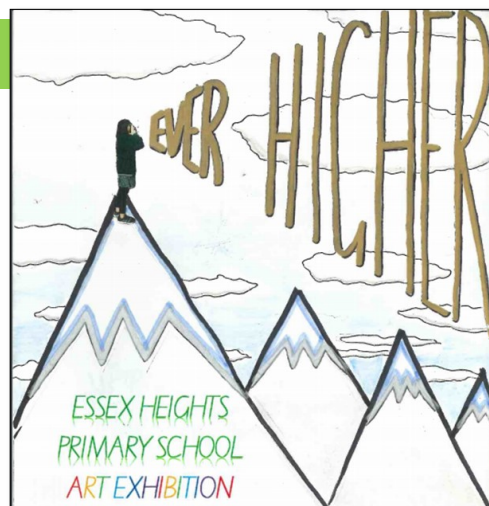


Ever Higher Art Exhibition

We are so excited about running our upcoming exhibition, *Ever Higher*, at The Track Gallery in Mount Waverley from Wednesday 4th to Sunday 15th December.

Class Art

The children and teachers have been working in collaboration to create class art pieces for the exhibition. You will have received a notice with a picture of the class art piece and a bidding slip. This will provide the opportunity to place a silent bid to purchase the artwork. Simply fill in the bidding slip and return it to your child's classroom teacher. All proceeds help fund the exhibition so we would appreciate the support. Happy bidding!



VOLUNTEERS NEEDED

Volunteers Needed at the Gallery

Without volunteers this event cannot happen. We are asking parents/guardians to please consider offering two hours of your time to attend the exhibition. The opening hours are from 11am to 3pm every day (including weekends). If you are able to help, [CLICK HERE](#), or enter

<https://www.signupgenius.com/go/8050B48AEA72CA4FB6-artgallery> into your web browser.

The Art Exhibition Committee

Magazines Wanted

Donations of old magazines for Art would be greatly appreciated. Please deliver to the Art Room.



Bird of the Year

Visit the link below to vote for the Australia's Bird of the Year -

<https://www.theguardian.com/environment/ng-interactive/2019/oct/27/australian-bird-of-the-year-2019-vote-for-your-favourite>.



Over the Spring months a resident pair of Tawny Frogmouths have successfully hatched two chicks. The students are caring for the chicks by respecting their privacy and not startling them. Many chicks are vulnerable to predators such as cats and foxes.



Tyrone, Conor & Thomas

Today we saw four beautiful Tawny Frogmouths sitting on a branch close together like a cute family! Bu Sarah took us down to see these amazing birds. They were camouflaged on the branch. They were asleep, one little fluffy baby bird also a bigger bird and a Mum and Dad. It was an epic sight and an exciting experience. We hope to see them sometime soon!

See Ms Marita Steward for information about wildlife in urban zones.

Year 1 Scienceworks Excursion



SCIENCEWORKS

The Year 1 "What's with the Weather?" excursion to Scienceworks in Spotswood is on Thursday 21st November. This excursion is part of our Term 4 integrated topic "Wise Weather Watchers". They will explore the Museum, engage in interactive exhibits, and attend a presentation looking closely at the Science behind weather. They will use this experience to consolidate and extend their understanding of this topic.

Excursion information has been published on Compass. Pay \$22 and consent by 18th November.

Munch & Crunch Canteen



Canteen Roster

Monday 11th November - 11.15am to 1.45pm Monica Fulton

Wednesday 13th November - 9.00am to 1.45pm Katy Smith & Qingfang Yu

Friday 15th November - 9.00am to 1.45pm Carolyn Mott

Please remember to sign the Visitor's Register in the Office before coming to the Canteen.

If you are unable to do your rostered duty, or you have any queries, please contact Maria as soon as possible on 0409 934 573.

Maria Vlahos
Canteen Manager

Parents & Friends News



World Teacher's Day Lunch

We wish to thank Nicole and her team of people who cooked, purchased, helped set up, serve and clean up last Friday. The teachers were most appreciative on such a big day. Special thanks go to Nicole, Caz, Somya, Kathryn, Stephanie, Minning, Sophie, Nick, Tina, Natasha, Isaac, Yuni, Angeline, Smal and Subadra for making it a successful event.

Family Portraits Fundraiser – Sunday 24th November

Spaces are selling fast, but with a few spots remaining ... **book now** for your FREE 8x10 size family portrait! Our school will receive a \$15 donation from T & G Photography for every family that is photographed and a \$5 bonus from each full package sold. Book your session now at www.trybooking.com/562123



T & G PHOTOGRAPHY

FROZEN II – Sunday 1st December

Don't forget to purchase your tickets to see Frozen II at Pinewood Cinemas with all your Essex Heights friends. It's a great way to start raising money for our Years 1 and 2 playground at the same time! [Book your tickets here](#).



Collecting Mangoes


We'll let you know the date and time of the delivery as soon as it is confirmed.

Fiona Nicholson Stocker
(Mum of Allison 3F)
ehpspfa@gmail.com


Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School.






 Rotary Club of Emerald & District Inc.


KIDS FUN RUN

with **THOMAS** 

24th of November 2019 at Puffing Billy Station Gembrook
 Children 3-12 years running against Thomas The Tank Engine
 Proudly supporting


Monash Children's Hospital

THANKS TO OUR FANTASTIC SPONSORS





Trophies to 1st Girl & Boy in each run!

Train rides with Thomas the Tank Engine

Show Bags & Certificates for runners

Enter Online
www.kidstunrunwiththomas.org.au
 Information Line 0408 769 491

 Find us on facebook.
 Kids Fun Run with Thomas

Sport

Fitness

Confidence

Self Defence


Discipline

Fun

Friendship

Karate Classes

Free Uniform – Book in early!!



Thursdays:
Essex Heights Primary School
 Essex Road, Mount Waverley

Juniors, 7 to 13 years, 6:30pm to 7:45pm
 Teenagers & Adults, 6:30pm to 8:15pm

LION BUSHIDO KARATE ACADEMY

www.lionbushido.com

LBKA Centers:

Forest Hill – Wantirna – Rowville – Glen Waverley – Mount Waverley
Dandenong - Doncaster East - Cranbourne
Fountain Gate – Narre Warren South – Patterson Lakes

For Bookings Phone 9887 4098