

CALENDAR

September

Fri 18 Term 3 ends

October

Sun 4 Daylight Saving Time starts at 2am

Mon 5 Term 4 starts

Mon 5-Fri 9 Remote Learning

Thu 8 Prep 2021 Story Time & Song Session

Fri 9 PFA Trivia Night

Mon 12 P-Yr 2 return to on site learning

Mon 12-Fri 23 ... ICAS Assessments (Science, English & Mathematics)

Mon 19 Prep 2021 Glue & Glitter Art

Mon 19-Sat 25 .. Aussie Backyard Bird Count

Fri 23 Friday before AFL Grand Final public holiday

Mon 26 P-Yr 2 School Photos

Fri 30 Yrs 3-6 School Photos

November

Tue 3 Melbourne Cup public holiday

Wed 4 Prep 2021 Sing-a-Long

Students do not attend school on public holidays or student-free days.

Remote Learning Packs

Packs for coming week available from 9am on Friday.
Year level tubs located outside Office.

Whole School Assembly

~~Every Monday at 2.40pm in Stadium. All welcome~~
SCHOOL ASSEMBLIES CANCELLED

School Banking - every Tuesday.

SCHOOL BANKING POSTPONED

School Tours

~~Thursdays & Fridays at 9.30am. Bookings essential.~~
SCHOOL TOURS CANCELLED; VIRTUAL TOUR ON WEBSITE

2020 Term Dates

Term 1: 28 January* to 23 March

Term 2: 14 April to 26 June

Term 3: 13 July to 18 September

Term 4: 5 October to 18 December

Statewide student-free days: 28 January*, 14 April, 25 May & 13 to 17 July.

EHPS student-free days: 29 January, 5 March & one additional day to be confirmed.



PARENT PORTAL ON COMPASS

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School

22-30 Essex Road

Mount Waverley VIC 3149

Telephone: (03) 9807 4944

essex.heights.ps@education.vic.gov.au

www.essexheightsps.vic.edu.au

Principal: Mr George Perini

Office Hours: 8.30am to 4.30pm Monday to Friday during school terms. School currently closed to visitors; please contact us by phone or email. The School and Office are closed over the school holidays, and will reopen on Monday 5th October.

Principal's Report



Dear Parents and Carers,

As we enter the last week of the term it is opportune to reflect upon these past 10 weeks and celebrate the amazing resilience shown by our community to persevere and accomplish a successful term's work. Even though it has been very challenging, most students have engaged in the learning tasks and continued their learning.

The **Government's Road Map** for the way forward out of lockdown was released just over a week ago. The implications for our school can be summarised as follows:

- **Friday 18th September** is the last day of Term 3. **Classes will finish no later than 2.30pm.**
- Saturday 19th September to Sunday 4th October is the **Spring School Holidays.**
- **Monday 5th October** is the start of Term 4, and **remote learning continues** for all students in Week 1.
 - Hard copy packs for Week 1 of Term 4 can be collected from the school on Friday 18th September until 2.30pm.
 - The rules for 'on site/at school attendance' in the first week have not changed. If you were eligible to attend this week, you will again be eligible for Term 4.
 - ◆ A Compass notice with the On Site Attendance form will be distributed on 15th September. Return form by 12.30pm on Thursday, 17th September.
- **From Monday 12th October:**
 - **Prep to Year 2** return to full time on-site schooling (more information will follow in Week 1 Term 4). The procedures will be very similar to the last return to school:
 - ◆ Entry and exit points will be the same.
 - ◆ Strict parent/staff social distancing rules will apply.
 - ◆ OSHC will operate.
 - **Years 3 to 6 - remote and flexible learning will continue.**
 - ◆ Some on site/at school attendance will be available for children of permitted workers, etc.
- A date for the return to on-site learning for Years 3 to 6 will be **subject to further health advice**, but will probably **not be before 26th October.**

... continued on page 3



August

23rd Felix L
 24th William P
 Ethan Q
 25th Manuka S
 George W
 Ugo G
 26th Reuben H
 27th Aishani N
 28th Diya H
 30th Katarina S
 31st Tess S

September

1st Zachary B
 Annabelle X
 2nd Arjun K
 4th Suhani U
 5th Felix H
 Kaitlin D
 6th Max T
 8th Senuri S
 Keira Mc
 9th Caila D
 Jeremy P

September

9th Caila D
 Jeremy P
 10th Ivy W
 Milly A
 Sebastian K
 Sarah Z
 11th Isabelle C
 12th Jaxon E
 13th Valentino K
 14th Jaden F
 16th Kiyaan D
 Isla W
 17th Tejas K
 Jeremy N
 18th Dylan I
 19th Jerry Z
 21st Olivia L
 22nd Ashley C
 23rd William B
 Lia N
 Cassie D
 24th Rafiq D
 Jay Sern C

September

25th Eezen L
 27th Lina S
 Tiana K
 28th Malmika B
 Yianni K
 29th Sophia C
 Ilsa K
 30th Rain Q

October

1st Vivaan D
 2nd Trien W
 4th Ayana R
 Hanya L
 Olivia C
 Amy C
 6th Xavier K
 7th Zoe C
 Myloh H
 8th Thomas F
 Luca M
 9th Ethan T
 Joshua W
 Maxwell D

For your information

Please note the following updates:

- **EHPS Student-free Day** - scheduled for Friday 31st July; to be rescheduled.
- **School Photos** - Prep to Year 2 will have their photos taken on Monday 26th October. Years 3 to 6 will have their photos taken on Friday 30th October, if permitted by DET.
- **Showcase** - scheduled for Friday 23rd October; cancelled.
- **ICAS Science, English and Mathematics** - will be conducted in the extended sitting window between 12th and 23rd October; specific date for each assessment will be advised in Term 4.
- **Year 5 Camp** - rescheduled to Wednesday 4th to Friday 6th November; cancelled.
- **Year 6 Graduation** - Tuesday 15th December - planning to go ahead.
- **Prep 2021 School Transition Program:**
 - **Story Time** - scheduled for Monday 20th July and Monday 10th August; cancelled onsite. Prep staff have created Story Time videos which are accessible on our school website.
 - **Transition 1 & 2 sessions** - scheduled for Thursday 3rd September and Thursday 8th October; cancelled onsite. Prep staff have been created a series of "Welcome to EHPS" videos which are accessible on our school website.
 - **Information Session** - held via Zoom on Tuesday 8th September at 7pm. All families with children enrolled for Prep 2021 and local kindergartens/preschools were advised and also promoted on our school website.
 - **NEW! Story Time & Song Session** - Thursday 8th October from 10.30am to 11am - information will be provided to our Prep 2021 families by email soon.



Principal's Report

The Department of Education & Training has outlined three clear priorities for all schools in Term 4. They are:

- ★ **Wellbeing and Equity** – to support the wellbeing of every child as they re-engage with school.
- ★ **Learning and Excellence** – to engage all students their learning at their point of need, with a strong focus on literacy, numeracy and physical activity.
- ★ **Transitions** – to prepare children for those important transitions in their schooling, e.g. Kinder to Prep 2021, Year 6 to secondary school, and all other classes as they move up to new classes and teachers for 2021.

At EHPS we have been keenly aware of these issues for some time and our staff will continue to focus upon them during Term 4 so that every child is the best prepared for their next year of education.

2020 Art Competition

Last week, the school was informed that Alana C in Year 4 had won 2nd Prize in the ARC Centre of Excellence for Integrative Brain Function (Monash University) Art Competition for 2020. Alana is a very talented artist and her beautiful and detailed drawing was rated very highly by the judges. The title 'My brain lets me Create and Dream' seems to relate directly to Alana's creativity and wonderful imagination. Congratulations Alana you have made us all so proud.



Finally, thank you all for the amazing effort you have made in helping your children through remote learning. Enjoy the next few weeks and I look forward to catching up in Term 4.



George Perini
Principal



Congratulations!



Congratulations to Victoria Gilbert and her husband on the arrival of their daughter, Penelope.
Congratulations to Sarah Edwards and her husband who are expecting a baby in March 2021.

Daylight Saving Time

Daylight Saving Time starts on Sunday 4th October at 2am (the day before Term 4 begins) - remember to put your clocks forward one hour.



International Space Station Viewing

In 2016 and 2018 our school had the wonderful experience of connecting to the International Space Station through the ARISS program.



If you'd like the opportunity to view the International Space Station over the holidays, the following link will provide the dates and times - [click here](#).

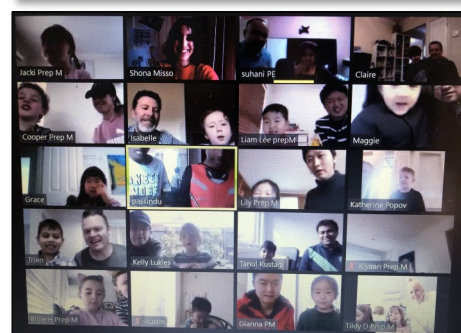
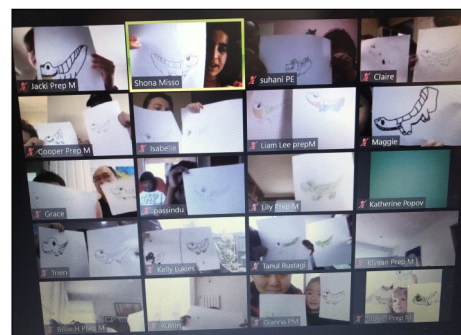


Prep M Zoom with Special Visitors

On Friday 4th September, Prep M had their morning Zoom, and Dads and other special visitors were invited along. We had Mums, Dads and siblings join us which was wonderful!!

The children each introduced who they brought along at the beginning of the Zoom. We then began by getting to our feet to officially learn how to floss (with the help of GoNoodle). Then we discussed the difference between an alligator and a crocodile, and watched a short clip about alligators to teach us some more facts.

But the main part of our Zoom was doing a drawing activity using the YouTube Channel 'Art for Kids Hub', where we were guided through how to draw a cartoon alligator. Everyone did an amazing job!! Prep M have been doing weekly drawing activities using this channel, and they are becoming more and more confident each time, as they learn about the importance of practise, having fun and being creative.



Family Birthdays

Birthdays are celebrated all around the world. In fact Pagans and Christians invented them back thousands of years ago.

Birthdays are like noses everyone's got one. Birthdays are celebrated from 1st of January to 31st of December.

First and foremost, say your birthday location is at the park. You arrive at the park 30 minutes before, and you start setting up, everyone does their share of setting up like decorations for example streamers and banter. Then you set up the table with all the food for example pizza, chips and cake. Lolly bags are made a week before the party and so is the booking if you go to a play centre.

In addition, the birthday person gets to pick which games are played at the party for example sports, piñata, laser tag and bowling. There is another perk for the birthday boy/girl, you get to choose which animal your piñata is. The only part that that's not good about birthday parties is going home after or arriving way too early and then having to wait for all the guests.

However, the procedure of the birthday is really complicated. First you arrive and set everything up, then, when the guests arrive you play all the games like soccer, jumping castle, bowling and laser tag. Once that's over, we sing the birthday boy/girl happy birthday song and then we have a cake. After cake we go back out there and have some more fun. Once everyone's had enough it's time to give all the kids their lolly bags and go home or pack up if you're hosting the birthday party. It's always fun to come home and see what you've got for your presents.

In conclusion, birthdays are one of the best times of the year and if your birthday is coming up make sure to have an awesome time on your very special day.

Aydin J, 6P



How to Fight a Flying Waterbending Fire Breathing Dragon.

Aim: Defeat the flying waterbending fire breathing dragon.

Materials:

- Sword
- Shield
- Armour
- Food the dragon likes (grass)
- Bag
- Brain
- Good physique
- Knowledge
- A cave

1. Be well equipped
[Grab armour and weapons for protection and defence. Put all other things in bag]
2. Head towards the flying waterbending fire breathing dragon
[Make sure the dragon is unaware. It will make the job easier]
3. Take out the food
[Flying waterbending fire breathing dragons likes grass. Take out grass from the bag and wave in the air]
4. Lead to a cave
[Lead dragon into cave with grass. It is more vulnerable there]
5. Find weak spot
[There is always a weak spot. Gather up knowledge. Flying waterbending fire breathing dragons have a weak spot around the lower tail area]
6. Make fight plan
[Plan out how the dragon will be defeated. Use the brain to find a way]
7. Do the plan
[Use good physique to carry out the plan]
8. Pinch
[The plan is a definite fail. No one is cool enough to defeat the dragon. Pinch to wake up from the weird dream]

Good job. You have read important information.

Annabelle X, 6C, showing us how you can put a creative spin on procedural writing.

Multiple Choice Questions

1. Samuel gets 10 cents for every plastic bottle he recycles. Samuel recycles 18 bottles.
How much money will Samuel get?
A. 18cents B. \$1.18 C. \$18 D. \$1.80
2. Which decimal is equivalent to $\frac{1}{4}$?
A. 0.20 B. 0.15 C. 0.25 D. 0.40
3. David has 25 twenty-cent coins in his purse.
How much money does he have altogether?
A. \$25 B. \$5 C. \$50 D. \$25.20
4. Bill, Sue and Mark share a bag of oranges.
Bill and Sue each get $\frac{1}{5}$ of the oranges in the bag.
What fraction of the bag of oranges is left for Mark?
A. $\frac{3}{5}$ B. $\frac{2}{5}$ C. $\frac{1}{5}$ D. $\frac{4}{5}$
5. Jack had 45 stickers.
He gave an equal number of stickers to 7 friends.
He gave each friend as many stickers as possible and kept the rest for himself.
How many stickers did Jack keep for himself?
A. 3 B. 6 C. 10 D. 38

David T, 6C, was able to use critical thinking and reasoning to construct his own multiple-choice assessment on equivalency.

Awesome Year 6 Writing

How to convince your teacher to play a class game

*** Note: This does not work on Essex Heights' teachers because they will be prepared for this method of convincing**

Equipment:

- A teacher to convince
- Equipment for playing games

Steps:

1. Convince your class to behave well during class so they do not infuriate the teacher.
2. When the teacher seems satisfied with the class, ask them for a class game.
3. If the teacher agrees, skip to step 6. However, if they reject the question, then start complaining "But we have been behaving well and working hard during class time!" If this is still not effective, stomp back to your seat and wait furiously for a few minutes, such as glaring at the teacher. After that period of time, start begging like your life depends on it.
4. Exaggerate about how the class game can benefit the class. Blurt out all the reasons you can think of.
5. Look for the moments when the teacher seems to be in a good mood. Repeat step 3 and 4 respectively but convince more students and form a larger group to protest and reason until your teacher gives in and agrees with you. However, ensure you do not annoy your teacher whilst proceeding with this step because they will be even less likely to agree with you.
6. Thank your teacher wholeheartedly and grab your equipment for playing games and strut enthusiastically behind your teacher.
7. Enjoy your class game! However, do not beg for a second game because the teacher will surely ask for a reason and say no. Even if you give them a fantastic reason, they will still say no.



Ron X, 6M

Jeet T, 6C, demonstrates his strong understanding of the different properties of numbers.

Jeet 13/8

NUMBER	ODD	EVEN	FACTORS	PRIME	COMPOSITE	SQUARE	TRIANGULAR
1	✓	✗	(1)	✗	✗	✓	✓
2	✗	✓	1, 2	✓	✗	✗	✗
3	✓	✗	1, 3	✓	✗	✗	✓
4	✗	✓	1, 2, 4	✗	✓	✓	✗
5	✓	✗	1, 5	✓	✗	✗	✗
6	✗	✓	1, 2, 3, 6	✗	✓	✗	✓
7	✓	✗	1, 7	✓	✗	✗	✗
8	✗	✓	1, 2, 4, 8	✗	✓	✗	✗
9	✓	✗	1, 3, 9	✗	✓	✓	✗
10	✗	✓	1, 2, 5, 10	✗	✓	✗	✓
11	✓	✗	1, 11	✓	✗	✗	✗
12	✗	✓	1, 2, 3, 4, 6, 12	✗	✓	✗	✗

Awesome Year 6 Writing

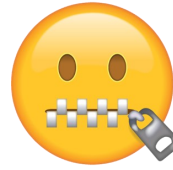
How to Convince Your Teacher to Play a Class Game

Goal:

Convince the teacher to have a class game.

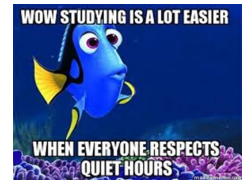
Things you need:

Classmates and teacher.



Steps:

1. Hold a secret class game vote between classmates when the teacher is not around. Select the day for the class game as well. Be careful! You do not want to get caught!
2. On the selected day, tell everyone to behave and finish their work early. If anyone goes crazy, then our plan will be DOOMED!!!
3. Make sure the teacher is in a good mood before approaching. Check that the teacher is smiling, laughing and looks relaxed else you might end up getting scolded!
4. When the time is right, one selected student approaches the teacher and asks for a class game. Remember:
 - a) Everyone else must keep quiet otherwise the teacher might get annoyed.
 - b) The student asking must smile and ask politely.
5. If the teacher says no, this is the backup plan:
 - a) Explain the benefits of the class game to the teacher, e.g. it is good for our mental health, we are getting exercise and fresh air, it encourages teamwork and cooperation etc.
 - b) If all else fails, tell the teacher that this will give him or her a break from teaching.



Jay Sern C, 6M

How I make a Toasted Pizza Sandwich

You're hungry and need a hot tasty 15 minute snack. Here's how:

Assemble the following materials and tools:

- Mozzarella cheese
- Bread (any type)
- Tomato paste
- Griller ... toasty maker or sandwich press

Procedure:

Lay out bread on a flat surface. (Counter, table, cutting board etc.)

Grab a butter knife, and the tomato paste, and spread it across the bread. Most importantly, make sure all corners of the bread are covered.

You then sprinkle the mozzarella on the bread. [Careful how much it oozes like mad!]

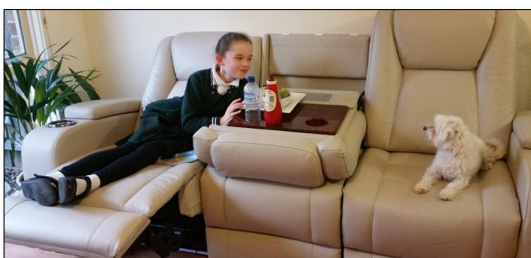
Pick up the pieces and put them together, like a sandwich.

Place the sandwich in the grill and let it sit in there for a between 5 and ten minutes.

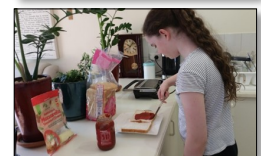
The sandwich should be toasty brown and sizzle just a bit.

Serve on a plate with parsley and/or cucumber for presentation.

Now ... eat! [Share with your dog ... but not too much... it will make her fat and hyper].



Aubrey P, 6M



Tuna Melt

Ingredients and equipment needed:

- 2 pieces of bread
- Tuna 1 small can
- 1 slice of cheese
- 2 tablespoons of mayo???
- 10 grams of butter

Equipment:

- Sandwich press
- knife
- chopping board
- plate



1. Get ingredients and equipment.
2. Butter bread and make sure buttered sides are together.



3. Mix mayonnaise and tuna together in a separate bowl, with a fork add salt and pepper.
4. Heat up sandwich press.
5. Place one of the pieces of bread butter side down on the hot plate take the filling and place it on the bread then put the piece of cheese on top then add the second slice of bread, butter facing up. Then close the press and wait for it to cook.
6. After it has finished cooking get sandwich out of the press and cut in half.
7. Put the cut sandwich on a plate then enjoy!



Caitlin D, 6M

Emoticons

:P – Bleep. I use Bleep often, as it represents a silly or lighthearted mood

:U – Gasp. Gasp doesn't get much use, as I don't gasp often in-game

:I – Meh. It gets a lot of use, as many people are doing boring stuff in-game, so I just put it at the end of my chat.

@-@ - Dizzy. It's often used when someone is confused. I'm sure it has other uses, I just don't know of them TvT

TvT Or TwT – Cri. Although they mean the same thing, I tend to use TvT more often, because it's easier to write

☹(´▽`)☹ - STRONGMAN. I don't have a Japanese keyboard on any device, so I can't use it, but I thought I'd pop it in there for fun :>

Kira D, 6C, shares her skills and passion for technology and modern literature by creating a humorous list of emoticons in ICT.

Sustainability



Thank you to the Millan family for putting the yellow lid recycling bins out and especially now for pulling them back in every second Monday. Without this ongoing support this program could not be possible.



Sustainability and Environment Matters

Monash City Council continues to recycle the following materials through a partnership with VISY. See this link for more information: <https://www.monash.vic.gov.au/Services/Rubbish-Recycling>

VISY continues to recycle paper, cardboard and plastic. VISY has also recently taken on a glass recycling facility. Keep your recycling loose. Any items in plastic bags will be sent to landfill.

Monash also has a food waste kitchen caddy with your green bin which is composted and used by market gardeners to condition soils.

<https://www.monash.vic.gov.au/Services/Rubbish-Recycling/Greenwaste/Food-Waste-Collection>

A little further afield ...

Stream Phillip Island's Little Penguins into your lounge rooms for free every night just after sunset - [CLICK HERE](#). The stream is currently starting at 6.20pm AEST on the Phillip Island Nature Parks Facebook page and YouTube channel.

Please note this is a free event – beware of fake links asking you to subscribe or pay to watch.



Nature at Home Activities

- ★ [Remember the Wild](#) has an email list for 'Nature at Home' activities that you may like to sign up to (see below).
- ★ The Zoo's Victoria [Animals at Home](#) looks particularly good.
- ★ The Victorian National Parks Association also has a page of 'Nature at Home' activities - <https://vnpa.org.au/programs/nature-at-home/>. Included is a set of great 'Wild Families' activity sheets - <https://vnpa.org.au/programs/wild-families/>



Birds in Your Backyard

The **Aussie Backyard Bird Count** is on again this year from 19th to 25th October - [click here](#).

Some other useful Birdlife Australia links:

- ★ [Birds in backyards](#)
- ★ [Keep your kids chirpy at home with these activities!](#)



So many ways to keep your children involved in their environment and all the truly 'awe and wonder' moments we experience.

*Stay Safe and Look after our environment
Ms Steward and the Sustainability Captains*

School Photos

The School Photographer



School photos have been rescheduled as follows:

- ★ **Prep to Year 2** students will have their photos taken on **Monday 26th October**.
- ★ If permitted by DET, **Years 3 to 6** students will have their photos taken on **Friday 30th October**.

Please note: if you know that your child will be absent on their photo day, please ensure you have entered an absence note on Compass and sent emails to your child's teacher and Gael Munro.

The world-renowned ICAS Assessments are developed by UNSW Global, a wholly owned subsidiary of UNSW Sydney, with over 35 years' experience in educational assessments. Learn more about ICAS here: unsw.global/ICAS

ICAS Assessments are now online, a move that reflects a sector-wide transition to computer-based assessments. This allows greater accessibility for students and faster delivery of results.

ICAS Science, English and Mathematics assessments have been offered for Years 3 to 6 students this year.

All Years 3 to 6 students who have been registered online and have returned the permission form to school will now do the assessments **between 12th and 23rd October**. The specific dates for each subject will be advised in Term 4.

Revised information about the assessments was provided via Compass, and can also be accessed from the Notices section on the [Parent Resources page](#) on our school website.

Alexandra O'Connor
ICAS Coordinator

Health Centre



Spring – Hay Fever/Asthma Symptoms

With the onset of Spring and the warmer weather, comes the peak pollen season which of course brings on Hay Fever and Asthma symptoms in people who suffer from these conditions.



Please be aware that many symptoms of Hay Fever overlap symptoms of COVID-19 that we are told to look out for. These include cough, runny nose, sore throat.

People who experience Asthma and Hay Fever are urged to keep their symptoms under control with the use of usual medications or other methods, and be aware of the differences between their usual reactions and other viral symptoms. Please see your Doctor or talk to your Pharmacist if you have any questions about your current management and treatment.

It is advised that if you are unsure about your symptoms, to consult your Doctor and get tested for COVID-19 and isolate until your results come in.

Julie Zuk
First Aid Officer

Outside School Hours Care

September Vacation Care

As advised via Compass, regretfully, under the current Stage 4 restrictions our operations are extremely limited. I apologise for the inconvenience this will cause families. We are only able to accept children for the September Vacation Care program if they were eligible to attend on site supervision at school during Term 3. Hence, only families with a Permitted Worker Permit (including Childcare) form will be allowed to access the program.



If you have any questions, please send them to Paul.Davis@education.vic.gov.au, or phone OSHC on 9807 2615 or 0417 941 986.

Paul Davis
Coordinator



Father's Day Talent/Joke Competition

Thank you to all the Dads who have made submissions to our Father's Day Competition. It was great to see so many get involved and the entries certainly gave the school community something to smile and laugh about. Well done Dads!!

Congratulations on the following fathers who each won \$50 VISA vouchers:

Talent: Flossing - Grant X (Gianna X, PM)

Joke: Tim C (Bailey C, 6P)



Aman K (Anhad K, 2D) won the draw for a \$50 voucher from Archie's Fish N' Chips.

Honourable mentions went to Senio (Jailan, 4R & Mason, 1W), Kenny (Maddie, 2PB), Patrick (Max, 2PB & Marcus, 1G) and Leon (Victoria, 2PB).

We hope all the Fathers enjoyed Father's Day.

Showbag Fundraiser



Thank you to all those who purchased a Showbag. We hope the children will have fun with their show bags during the holidays. However, if you have already eaten the lollies or need further distraction from the extended restrictions, you're in luck ... **there are some unsold bags for sale** (please note: Totally Boys and Mega Fizz are sold out). Please [click here](#) to purchase via Trybooking.



PFA Trivia Night

Thank you to all those who attended our PFA meeting on the 9th September. The PFA is now planning a **virtual Trivia Night** to be held on **Friday 9th October**. Please RSVP via our email: ehpspfa@gmail.com or via the

EHPS Community Facebook group - <https://www.facebook.com/gfbfns2020roups/259711334954222>

RSVP



Finally, congratulations to everyone for completing the whole of Term 3 via remote learning! This includes children, teachers, staff and parents! We made it!!

Take care and keep safe,
Fiona Nicholson Stocker
(Mum of Allison, 4O)

Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School. In responding to any advertisement, you accept full responsibility for the consequences of goods or services received.





St Luke's Preschool Mount Waverley

<http://www.stlukeskindergarten.org.au/>

2021 ENROLMENTS OPEN!

3 & 4 year olds



Our professional and experienced teachers deliver a program which supports each child in developing the social, emotional and cognitive skills in preparation for school. The preschool is fully-equipped to challenge and inspire and satisfy every child's imagination.

Our program follows Victoria Government Department of Education Kindergarten Guidelines and offers experienced based learning options with exciting incursion and excursion activities throughout the year. The preschool, established in 1963, is not-for-profit. We love celebrating the cultural diversity of our community, and enrolments from outside the City of Monash are welcome.

Our 4 year old program is 15 hours/week, with 2 session options (2 full days, or 3 half days), while our 3 year old program is 5 hours/week over two days.

For enquiries or enrolments from outside the City of Monash, contact St Luke's Preschool
Phone: 0466 419 127. Email: stlukes.els@vt.uniting.org

For enrolments within the City of Monash, refer to the Monash Council Enrolments Portal
<https://www.monash.vic.gov.au/Services/Children-Family/Kindergartens/Enrolment>



ENROL YOUR CHILD TODAY!

ST SCHOLASTICA'S KINDERGARTEN

Nurturing a world full of fun and creativity

3 YEAR OLD SESSIONS MONDAY & TUESDAY
9:00 AM TO 3:00 PM

4 YEAR OLD SESSIONS WEDNESDAY, THURSDAY & FRIDAY
9:00 AM TO 3:00 PM

Enrol at www.wpsa.com.au or contact the kinder on 9808 9724

GET CREATIVE AND DECORATE AT HOME!

INCLUDES PLAIN BUNS, ICING AND TOPPINGS!



\$15

TRY OUR DIY FINGER BUN KIT

Bakers Delight



BUY NOW from Bakers Delight
at Burwood One.



Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School. In responding to any advertisement, you accept full responsibility for the consequences of goods or services received.



Calm Parents Happy Kids

A Parents Building Solutions Program for
Parents of Children aged 2 to 12 years

Do you want to:

- Learn ways to deal with anger and anxiety in your children and in yourself?
- Improve communication and relationships with your children?
- Discover strategies to manage challenging behaviour?
- Take care of your own emotional wellbeing and resilience?

Join us for 6 online sessions, learn valuable strategies, whilst taking some time out for you!

When: Thursday evenings (6 weekly sessions) 15th Oct to 19th Nov 2020

Time: 7:00 to 8:30 pm

Where: Online via Zoom

Cost: Free of charge for parents and carers in Melbourne's Eastern Region.

Bookings: Contact Sharon 0438 683 049
sharon.muir@anglicarevic.org.au

PARENTZONE

anglicarevic.org.au

BETTER
TOMORROWS



Emotion Focused Parenting

A Parents Building Solutions Program

Would you like tips and strategies to:

- Better understand and talk with your child?
- Help your child learn to manage their emotions and deal with conflict?
- Manage challenging behaviours?
- Parent anxious children?

Children with emotional intelligence:

- Have greater success with making and keeping friends
- Show improved concentration at school
- Have fewer illnesses

When:

Wednesdays (6 evening sessions)
Oct 21st to Nov 25th 2020
7:00pm - 9:00pm

Where:

Online - Via Zoom

Cost:

Free of charge for parents in the Eastern Suburbs of Melbourne (Bookings essential)

Bookings:

Julia at ParentZone on 9721 3629 or 0400 866 495

PARENTZONE

anglicarevic.org.au

BETTER
TOMORROWS



Dads Matter

Dad's at their best - helping children to thrive

Are you a dad who would like to:

- Better understand your importance in your child's life?
- Have agreements that work?
- Further develop your relationship with your young people?
- Get your head around what they need from you?

Come along to these 6 online sessions. Share strategies, strengths and stories. Take some time out for you and celebrate the importance of being a Dad!

When:

Tuesdays (6 evening sessions)
27th October to 1st December 2020

Time:

7:00 pm to 9:00 pm

Where:

Online - Via Zoom

Cost:

Free of charge. Bookings are essential.

Bookings:

Julia on 0400 866 495 or 9721 3629

PARENTZONE

This is a Parents Building Solutions Program

anglicarevic.org.au

BETTER
TOMORROWS



Talking Teens

A Parents Building Solutions Program

Do you want to:

- Improve your relationship with your teenager?
- Improve communication with your teen and resolve family disputes?
- Understand why young people behave the way they do?
- Learn effective ways to deal with anger and anxiety - both yours and theirs

Join us online to learn strategies and take some time out for you.

13, 20, 27 Oct & 10, 17, 24 Nov 2020

Program runs across 6 sessions

Time:

7:00 pm - 8:30 pm

Where:

Online via Zoom

Cost:

Free of charge for parents and carers in Melbourne's Eastern Region.

Bookings:

Laurie on 0488 501 204 or
laurie.arrowsmith@anglicarevic.org.au

PARENTZONE



Health
and Human
Services

anglicarevic.org.au

BETTER
TOMORROWS

Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School. In responding to any advertisement, you accept full responsibility for the consequences of goods or services received.



MONASH YOUTH SERVICES &
QUIKSOUND PRODUCTIONS PRESENT

FILM FESTIVAL 2020

CREATE, CONNECT, INSPIRE!!!

FREE LIVE PREMIERE SCREENING ON YOUTUBE
WEDNESDAY 23 SEPTEMBER FROM 6.30PM
JOIN US AT:
<https://www.youtube.com/user/myfchannel>

To register for event reminders and to be entered into a
draw to win a \$20 Uber Eats voucher, head to:
trybooking.com/BLAMQ

For more information, visit monashyouth.org.au
or call us on 9518 3900



TRINITY KIDS AUSTRALIA

KINDNESS & EMPATHY PROGRAMS

For kids aged 4 - 12 years
ONLINE

www.trinitykids.com.au/kids-programs