

CALENDAR

February

Fri 5	Prep students commence (finish at 1.30pm)
Fri 5	Yr 6 Summer Inter-School Sport starts
Mon 8-Fri 12	Prep - 8.45am to 2.30pm
Mon 8-Fri 12	Parent Teacher Discussions
Thu 11	Secondhand Uniform Sale
Fri 12	Yr 6 Summer Inter-School Sport
Mon 15	Prep - 8.45am to 3.15pm
Thu 18	Mulgrave District Swimming Carnival
Fri 19	Yr 6 Summer Inter-School Sport
Thu 25	EHPS student-free day <i>*DATE CHANGED*</i>
Fri 26	Yr 6 Summer Inter-School Sport

March

Mon 1-Wed 3	Yr 5 Camp
Fri 5	Yr 6 Summer Inter-School Sport
Mon 8	Labour Day public holiday
Tue 9-Fri 12	Yr 6 Camp
Mon 15-Tue 16	School Photos
Fri 19	National Ride2School Day
Fri 19	Yr 6 Summer Inter-School Sport
Mon 22	The Resilience Project parent webinar
Fri 26	Yr 6 Summer Inter-School Sport

April

Thu 1	Term 1 ends - 2.30pm dismissal
Mon 19	Term 2 commences

May

Tue 11-Thu 13	NAPLAN (Yrs 3 & 5)
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Students do not attend school on public holidays or student-free days.



School Hats - every day in Terms 1 & 4.

School Tours

For 2021 & 2022 entry - Thursday & Friday at 9.30am.
Bookings essential.

2021 Term Dates

Term 1: 27 January* to 1 April

Term 2: 19 April to 25 June

Term 3: 12 July to 17 September

Term 4: 4 October to 17 December

** 27 January is a state wide student free day.*

EHPS student-free days: 28 January, 25 February and 1 additional date



PARENT PORTAL ON COMPASS

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School
22-30 Essex Road
Mount Waverley VIC 3149
Telephone: (03) 9807 4944
essex.heights.ps@education.vic.gov.au
www.essexheightsps.vic.edu.au

Principal: Mr George Perini

Office Hours: 8.30am to 4.30pm Monday to Friday
during school terms.



Principal's Report



Dear Parent & Carers,

Welcome back to the new school year. I hope that this year, compared to 2020, will provide many opportunities for children and families to join together in a wide range of learning and fun experiences. As I walked around the school over the past week, I have been very pleased to see the children settled, happy and working together so well.

In the two weeks before returning to school it was fantastic to see so many children accessing the Outside School Hours Care Vacation Program again. The children were having so much fun with their activities and excursions. A big thanks to Paul Davis and his staff for once again running an outstanding holiday experience for the children.

This year we welcome two new staff to the great team at Essex Heights: Grace Cordell in Year 6 and Meldeen Pratiwi in Indonesian. The school is so fortunate to have such high calibre staff joining our school. We wish both well in their time with us and look forward to their contribution to the children and EHPS. I am also delighted to welcome back Brianna Golsworthy and Anita Dix into Year 3. Both are very well respected and experienced teachers. Their students in Year 3 will benefit greatly from their wide curriculum knowledge and expertise. In addition, Victoria Gilbert and Courtnee Johnson have rejoined our school to work as relief teachers or replacements.

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February

6th	Daniel Y Agastya A Alishba A
7th	Jonathan K
8th	Kaylee C
9th	William W Raelynn C Tim F Ray L
10th	Isabelle L Ryan W Heidi H
11th	Olive S Mabel H Jacob C
12th	Lukas N Siena G

This week's information on Compass:

Notifications sent this week that were about events/information that have passed may not be listed.



Year/Group	Compass News Feed
Prep	Foundation Term 1 Newsletter Prep 2021 - IMPORTANT INFORMATION ABOUT THEIR FIRST DAY OF SCHOOL!
Year 1	Grade 1 ArtSEL Message: Listening to Learn. Homework included.
Year 2	ArtSEL - Grade 2. Lesson 1: Being Respectful. Homework included.
Year 3	Grade 3 Weekly Update Welcome to Grade 3 2021
Year 4	Recorders in music
Year 5	Term 1 Week 2 Year 5 Update Year 5 Parent-Teacher Conversations - Please Read Term 1 Week 1 Year 5 Updates Year 5 Term 1 Newsletter
Year 6	Interschool sport uniforms
Years 4, 5 & 6	Marimba program Years 4, 5 and 6
Years 1 to 6	Important forms to be completed and returned Classroom locations for 2021
Whole School	Student Charges Prep Care 2021 Parent and Carer Update 4 Feb 2021 Parent Teacher Discussions Camps, Sports & Excursions Fund (CSEF) OSHC Phone contact ArtSEL weekly homework Canteen in 2021 Parent and Carer Update 27 January 2021 Welcome to 2021 at EHPS

Compass Events:

Year/Group	Notice/Activity and Payment & Consent Due Date
Year 6	Summer Inter School Sport (ISS) - \$45 & consent; <u>overdue</u> , contact the Office to process.
Years 4, 5 & 6	Marimba Ensemble lessons 2021 - \$50 & consent due 26th February; CSEF does not apply.

welcome

In addition to our 63 Preps (including 38 new families), we welcome the following students and their families to the EHPS community:

Elias (5U) & Gisele (4T) A ★ Henry (3HD) & Emily (1W) A ★ Lara A (2PB) ★ Emily B (5U) ★
 Claire C (3HD) ★ Ethan (3HD) & Lucas (1O) C ★ Ava G (2PB) ★ Momin (3L) & Hasan (PD) M ★
 Isabelle (4T) & Nick (2D) N ★ Dia R (1O) ★ Zach (6C) & Lola (4T) T ★ Henry W (1K)

Principal's Report



A number of new children and their families have also joined our community this year. We hope that their time with us will be enjoyable, productive, and worthwhile. If you see new faces around the school, please make sure that we live up to the Essex Heights value of 'Friendliness' and make them feel welcome and part of our great community.

Parent - School Partnership

An effective partnership with families is a very important ingredient to enable all children to reach their highest potential. To be successful at school, our children need support from both home and school.

I encourage all families to support the school and assist your child's learning by ensuring that he / she:

- Attends school every day and arrives on time, ready for the day's learning.
- Completes all homework activities given by teachers.
- Reads daily to develop a love for reading and to improve literacy skills.
- Shares school experiences, 'what went well today', with you so that you are aware of the many good things in their school life.

Parent Teacher Discussions

Next week, we are conducting Parent Teacher Discussions as a first and important step for classroom teachers to get to know your child, and an opportunity for families to share their knowledge of their child with the teacher. I strongly encourage all families to take this opportunity to meet your child's classroom teacher.

Due the current COVID-19 restrictions, **all meetings will now occur online**. To book an appointment time, please log into Compass and go to your child's profile on the home screen. On the left hand side, you will then see an option to book an interview time.

Please note that teachers will inform parents of the appropriate log in codes for the online appointment.

Arrival Time at School

I would like to thank all families for following our arrival and dismissal procedures. Please remember however that children must not be at school prior to 8.30am. Staff commence yard duty at 8.30am, therefore students are not supervised before that time. Please book in to Before School Care if arrival prior to 8.30am is necessary.

Messages to the Office

If there are changed plans for the end of the school day and pick up of your children, please advise the school as soon as you know about it. Last minute messages, unless in an emergency, can be difficult to pass on. Our Office staff will always pass on messages to teachers; however, this requires time and lack of interruptions.

Please note also that just emailing a teacher at the last minute may not ensure that the message is received, because teachers are engaged with their class and may not necessarily see their emails until the end of the day. Therefore, please follow the following steps as soon as you know of a variation to the normal pick-up arrangements (3.15pm Prep (from 15th February) and Year 1, and 3.30pm for Years 2 to 6):

- If the change applies to that school day, you must ring the School Office on 9807 4944 as early as possible in the day to ensure the message is passed on.
- If the change is known in advance, i.e. at least the day before:
 - Enter an absence note on Compass, selecting the appropriate category; and
 - Email your child's teacher, to advise of the early departure and time of collection.
 - On arrival at the school, ring the School Office from the front gate and your child will be signed out and sent to meet you.

Hats

In accordance with our SunSmart Policy, I would like to remind all families that the children are required to wear hats throughout Term 1. These should be in the school uniform dark green, legionnaire style or wide brimmed for maximum sun protection. I would ask parents to ensure that children are bringing the appropriate headwear to school each day. On hot days we also suggest that students seek shade and drink plenty of water.



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The Resilience Project

This year we are delighted to be participating in '[The Resilience Project](#)' as part of our focus on mental health and wellbeing for our students, staff and wider school community here at Essex Heights Primary School.

The Resilience Project delivers emotionally engaging programs to schools - providing practical, evidence-based, positive mental health strategies to build resilience and happiness. Through presentations, school curriculum, student diaries and their app, The Resilience Project seeks to help all Australians become mentally healthy. The 'Resilience Project' team have delivered programs to over 1000 government, independent and private schools nationally, and are regarded as one of the most engaging positive mental health programs in the country.



Coming Soon!

As part of the delivery and implementation of 'The Resilience Project' we are delighted to invite all our families to an **online webinar on Monday 22nd March from 7pm to 8pm.**

Hugh van Cuylenburg, the founder of The Resilience Project, will speak about evidence based research that explores how practising the principles of gratitude, empathy and mindfulness helps us to build resilience and be happier. Please note this important date in your diaries.

Our staff found Hugh's recent presentation inspiring and uplifting, and we are certain you will find this evening entertaining and informative too.

Student Illness and Accidents

At this time early in the school year it is a good idea to remind parents about the necessity to keep us up to date with phone numbers and emergency contact details. If your child is ill at school, or suffers an accident, then staff will give immediate care and appropriate first aid. However, it is necessary on occasions to contact parents and we are often frustrated by out-of-date information that delays this process. Please make sure you notify the Office of any changes to yours or your emergency contact details. Obviously in extreme cases we may also deem it necessary to call an Ambulance before consulting parents and you need to be aware of this. Please also keep the Office informed of any change in medical issues faced by your children as this helps us to make the best choices for their welfare.

Parents and guardians should also be aware that they are generally responsible for paying the cost of medical treatment for injured students, including any Ambulance transport costs. Most medical costs will be refundable by Medicare. If you are a member of an ambulance or health insurance fund, you may also be able to claim transport or other expenses from the fund. The Department of Education and Training (DET) does not hold accident insurance for school students.

Is other Insurance available? Yes.

There are commercial providers of insurance for students and they can be found online or through your Insurance Broker.

Students, Parents & Staff Personal Property

Often, students, staff and visitors bring personal property to school. This can include mobile phones, calculators, toys, sporting equipment, and cars parked on school premises.

Please note the Department of Education and Training (DET) does not hold insurance for personal property brought to schools and it will generally not pay for any loss or damage to such property.

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Principal's Report

Welcome Event, Dance Concert and Chess

With the constantly changing guidelines and restrictions due to COVID-19, this year, we will again, most likely have alterations to school events for the protection of the health and wellbeing of our school and the wider community. Sadly this week, we have cancelled the Dance Concert scheduled to be held in May, because we could not guarantee the ability to constantly rehearse and the size of the audience. We have rescheduled the event for 2022.

After school Chess Club and Dance will not run in Term 1. Presently it is planned that they will commence in Term 2.

The Welcome BBQ event, an EHPS tradition, scheduled for the end of February is currently being reviewed.

As soon as we have advice and make decisions about other school events, I will inform you promptly.

It's been a great start to the 2021 school year. I look forward to seeing your children around the school, and engaged in their learning.

George Perini
Principal



Annual Privacy Reminder

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy.

Please take time to remind yourself of the school's collection statement, [found on our website](#).

For more information about privacy, refer to: [Schools' Privacy Policy - information for parents](#). This information is also available in nine community languages:

- Amharic
- Arabic
- Dari
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese.

Student-free Days

Each year Victorian Government schools are provided with four student-free days for professional development, school planning and administration, curriculum development, and student assessment and reporting purposes. The first day of Term 1 is a student-free day in all Victorian government schools, and the remaining three student-free days are determined by each individual school. Please note the following dates for the EHPS community:

- Wednesday 27th January (student-free day in all Victorian government schools)
- Thursday 28th January
- Thursday 25th February ****NOTE: this date has changed from that advised in the final issue of Contact in 2020****
- Wednesday 11th August (tentative; will be confirmed at a later date)

Student Leaders in 2021

Congratulations to the following students who take up these leadership positions in 2021:

- **School Captains** - Shibe H, Pranavi D, Reyansh G, Lachlan W
- **Music Captains** - Timothy F, Ariya L, Yuki L, Joshua C
- **Indonesian Captains** - Elaine P, Morgan S, Aiden D
- **Sustainability Captains** - Conor S, Max D, Ethan S, Tiana K
- **Art Captains** - Eromi G, Celine L, Erin M, Matilda S, Ruby B
- **Flag Captains** - Sebastian K, Sienna B, Liam G
- **Library Captains** - Phileas L, Ilsa K, Livia W, Zara K, Anita W, Murray H, Edward P
- **Lindsay House Captains** - Bella H, Huzaifa A, Luca M
- **Boyd House Captains** - Olivia S, Jacob C, Celeste V
- **Drysdale House Captains** - Noah S, Emma C, Zoe K
- **Nolan House Captains** - Elissa O, Romesh G, Josh M



Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund (CSEF) helps eligible families to cover the costs of school trips, camps and sporting activities.

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible. There is also a special consideration category for asylum seeker and refugee families.

Payment amounts this year are \$125 for eligible primary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you are applying for the first time, please collect an application form from the School Office reception, print a copy of the form attached to the message sent via Compass on 1st February, or from our [school website](#).

You can also download the form, and find out more about the program and eligibility, on the Department of Education and Training's [Camps, Sports and Excursions Fund web page](#).

Check with the School Office if you have any queries. Return completed forms to the School Office as soon as possible; bring your concession card when lodging your application form. CSEF must be lodged not later than the end of Term 2 (Friday 25th June).



Prep Bags

Every year, each Victorian Government school Prep student receives a Prep bag in Term 1 to celebrate this milestone in their educational journey. Our Preps received their bag today - their first day at EHPS.

The bag contains a number of useful resources for parents and students which includes five children's books curated by a panel of experts, a ruler, bookmark, flyers, stickers and a fun activities booklet.

The five fantastic books are:

- '[Your Birthday Was the BEST!](#)' by Maggie Hutchings and Felicita Sala
- '[Our Island](#)' written by the children of Gununa, with Alison Lester and Elizabeth Honey
- '[All of the Factors of Why I Love Tractors](#)' by Davina Bell and Jenny Lovlie
- '[Gary](#)' by Leila Rudge
- '[The Koala Who Could](#)' by Rachel Bright and Jim Field.

The bag has also been designed to be useful in the future, e.g. as a library or sport bag.



Secondhand Uniform Sale

The Term 1 Secondhand Uniform Sale will be held **next Thursday, 11th February**, from **3.45pm to 5pm** outside the Stadium. If the weather is inclement/raining, the sale will be in the Stadium foyer.



Volunteers are required to help run the sale. If you are available to assist from:

- 3.15pm to 4.15pm (shift one),
- 4.15pm to 5.15pm (shift two), or
- 3.15pm to 5.15pm (whole sale),

please leave your name, contact phone number, and your preferred time at the Office.

If you have secondhand uniform to **donate**, we'd be very grateful if you can deliver it early next week to the School Office or place in a lost property box in bags clearly marked "Donation", so we can prepare for the sale on Thursday.

- Items to be clean and in good condition.
- Current logo only; no old logo items.
- Remove your child's name.



Instrumental Music Program



2021 Instrumental Lessons

Want to learn an instrument this year?

- Recommended starting ages for Instruments:
 - Grade 1 – Piano, Keyboard, Drum-Kit, Violin, Viola
 - Grade 2 – Cello, Clarinet, Trumpet
 - Grade 3 – Flute, Guitar, Ukulele, Harp
 - Grade 4 – Saxophone, Trombone and Double Bass
 - Grade 5/6 – Any Instrument
 - Preps – may start Grade 1 instruments from Cycle 2 onward.



Interested in learning an instrument we don't have?

Please let us know by completing an Expression of interest form – you can find it with the Handbooks on the school link below.

Ensemble Groups

Guitar Ensemble
Percussion Ensemble
Concert Band
String Ensembles
Contemporary Band

If you learn outside school,
come and join our ensembles.
Check out the Essex Ensembles
Handbook.

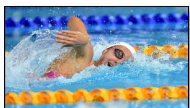
Current students: Enrolments are ongoing.

- Want to continue with everything the same? No need to do anything.
- If you would like to change your type of lesson, instrument or withdraw from lessons, please email Alyssa.Kennedy@education.vic.gov.au

Handbooks available: <http://www.essexheightsps.vic.edu.au/page/76/Instrumental-Music-Program>

P.E. & Health

When the saying “Let’s hit the ground running” was coined, I do believe it was referring to the Essex Heights P.E. & Health Program!



A special mention to all the students who trialled for the EHPS **District Swimming Squad** on Tuesday. We were supported by wonderful parents who were busy signalling and timing the lanes at MARC (Monash Aquatic & Recreation Centre).



The most impressive part of the day was to see and hear the kids from different age groups encouraging each other. Our sporting programs are designed to promote healthy relationships through team work and the many opportunities we offer.

The squad will be announced early next week. All information will be provided via Compass.

In order to fully support [Life Saving Victoria](#), many of the year levels will be looking at **Water Safety** in class this term. Please reinforce these lessons when taking your children swimming or even picnicking near water.



Above: The Year 6's using scenarios to practice dry rescues. The scenarios included a backyard pool, a camp site next to a river, and a beach. Each of these are unpatrolled by Life Saving Victoria. The students created a role play executing first response to keep themselves and others safe. It was great to see them work together and enjoy their Water Safety program.

Marita Steward

ArtSEL Program

We want your child to be as successful as possible at school. Success in school is not just about reading and maths. It is also about knowing how to learn and how to get along with others. We will be using the ArtSEL (Art Social Emotional Learning) program in your child's classroom to teach these critical skills.



The ArtSEL program teaches skills in the following four areas:

- ★ **Skills for Learning:** Students gain skills to help themselves learn, including how to focus their attention, listen carefully, use self-talk to stay on task, and be assertive when asking for help with schoolwork.
- ★ **Empathy:** Students learn to identify and understand their own and others' feelings. Students also learn how to take another's perspective and how to show compassion.
- ★ **Emotion Management:** Students learn specific skills for calming down when experiencing strong feelings, such as anxiety or anger.
- ★ **Problem Solving:** Students learn a process for solving problems with others in a positive way.

Your child will be learning a lot this year - and they will need your help! Throughout the year, your child will be bringing from school 'Home Links' that go with several of the ArtSEL lessons. Home Links are simple, fun activities for you and your child to complete together. They are a great way for you to understand what your child is learning and for your child to show you what he or she knows.

The program is split into two Semesters. The first semester (February to June) begins next week for the Preps, Year 1 and Year 2 students. In the second semester (July to December) Years 3 to 6 students will be involved. Those not doing ArtSEL will attend Visual Arts classes. If you have any questions about the ArtSEL program, please do not hesitate to contact us for more information. Thank you for supporting your child in learning the skills that lead to success in school and in life.

Jean Elliott
ArtSEL Coordinator

Indonesian

We're delighted to welcome our new Indonesian teacher, Meldeen Pratiwi, to EHPS.



SELAMAT DATANG!

Hi! I am Bu Pratiwi and i'm excited to be teaching Indonesian Language this year. I am thrilled to be your teacher and can't wait to get to know you better! I am looking forward to a wonderful year and fun!

TENTANG SAYA

This will be my first year teaching. I was born and raised in Indonesia and this will be my 5th year living in Australia. I graduated from Monash University in 2019.

MY FAVOURITES

- Playing with my 1 year old dog Bagel the Beagle.
- Nasi Goreng
- Candles
- Playing Chess
- Chocolates
- Blue is my favourite colour!



CONTACT INFORMATION

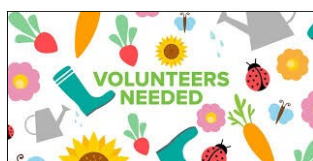
Compass is the best way to communicate with me.



Sustainability

Welcome to a new year!

We hope to have all our programs back up and running in 2021, including a yellow lid bin roster!! Please see the Office if you can help putting the **yellow lidded recycling bins** out on a Sunday evening. The Council prefers these bins to not be out any earlier as they can be filled illegally or can fall over, creating a huge litter problem.



If anyone has a free hour during the week, the **orchard** always appreciates some weeding and watering. This can done whilst social distancing during class hours, or even over the weekend. Please see Marita Steward if you plan to spend any time in the Sustainability Hub.



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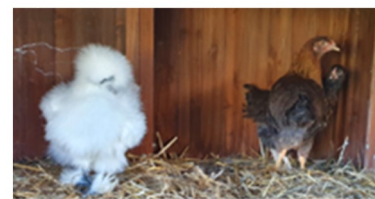
Sustainability



Exciting news!

Our most exciting news is also the cutest! We have recently purchased four almost brand new chooks. For this new adventure we have chosen pure bred chickens. The species we have chosen will not lay every day and also have "time off" during the colder months. This non-laying period allows the chicken's reproductive system to rest and repair. We now have two Asian Silkies and two Dutch Barnevelders. They are docile breeds who are spending time in their coop getting to know each other and the friendly faces of the children. We ask that students do not poke the chickens through the fence - the chickens do not like it. We have a past student completing her Duke of Edinburgh by caring for the brood over the weekends, and the OSHC Program taking the holiday shift.

Did you know that the ISA Brown chicken is a brand name and not an actual breed? It stands for Institut de Sélection Animale, the company which developed the crossbreed in 1978 for egg production as a battery hen.



W.O.W. - more good news!

We begin the year with our new and improved **Wipe Out Waste** program on Tuesdays and Thursdays. Please pack a no wrapper lunch on these days. On other days please encourage your child to take home any packaging for home disposal.

Wipe Out Waste

Rubbish Free Lunches are BACK BY POPULAR DEMAND in 2021.

Tuesdays and Thursdays will be days when our lunchboxes are wrapper free.

Try our **new and improved program** with it's new name - **W.O.W.**



Crunch & Munch Canteen

Our Canteen will open next Monday, 8th February, and will be preparing lunch orders on Monday, Wednesday and Friday.



Canteen menu update

There have been some changes to menu items, availability and prices. Please check the [new menu](#) when preparing lunch orders to ensure you are ordering correctly. In particular, please note:

- Sushi - only available Wednesday and Friday.
- Chicken Burger, Sausage Roll, and Vegetable Pastie are now available on Monday, Wednesday and Friday.

The new menu has been provided to the school community via Compass, and is also accessible on our school website. A copy can also be collected from the Office reception.

UPDATED

VOLUNTEERS



NEEDED!

Roster Volunteer Request

The Canteen needs volunteers to function successfully. If you can assist on Monday (11.15am to 1.45pm), Wednesday (9am to 1.45pm) or Friday (9am to 1.45pm), please complete the volunteer request reply slip provided via Compass, and return early next week so the roster can be finalised.

Maria Vlahos
Canteen Manager

Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School. In responding to any advertisement, you accept full responsibility for the consequences of goods or services received.



Confidence **Communication Skills** **Creativity**

superspeak

Weekly public speaking, drama & presentation skills for ages 6-14

IN-PERSON or ONLINE

- ★ Leading Curriculum
- ★ Experienced Teachers
- ★ Loads of FUN!

communication
★ quick thinking
★ **expression**
★ teamwork
★ **confidence**
★ leadership
★ **persuasion**
★ vocal variety

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The 50% discount offer applies to the attendance fee only, and does not apply to any further out of pocket expenses such as hospital admission, X-rays and pathology.



Alan, Ada and Eva Selwyn Emergency Department

www.cabrini.com.au/EDdiscount

Community Noticeboard

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Free Tennis Open Day



Sunday 7th Feb
11am to 2pm

**MCC Glen Iris Valley
Tennis Club**
260 - 270 High Street
Road, Mt Waverley

- Kids HotShots tennis lessons
- Intro Lessons for all
- Juniors from 3 years to Adults
- Membership Specials
- Jumping Castle
- Sausage Sizzle

If you can not make it on the day, contact us to organise another time.

Angelo 0407 477 798 or
info@vidatennis.com.au
vidatennis.com.au
mccglenirisvalley.org.au

