



**Canteen is open MONDAY, WEDNESDAY & FRIDAY. Lunch orders only.**  
**Order from the Compass Canteen dashboard by 8.30am.**

## Sandwiches, Rolls, Jaffles & Potatoes

	\$
Wholemeal Sandwich .....	2.30
Wholemeal Roll .....	2.50
Hot Jaffle .....	3.20
Salad Box (Tomato, Lettuce, Carrot & Cucumber) .	3.50
Hot Cheese Roll .....	3.80
Baked Potato .....	3.50

### **Add any of these fillings:**

	\$		\$
Chicken .....	1.60	Vegemite .....	.50
Ham .....	1.20	Tomato .....	.30
Tuna .....	1.20	Lettuce .....	.30
Egg .....	1.60	Carrot .....	.30
Cheese .....	.50	Beetroot .....	.40
Baked Beans .....	1.00	Cucumber .....	.30
Spaghetti .....	1.00	Coleslaw .....	.60
Salsa .....	.40	Mayo .....	.20

## Hot Stuff

Lasagne .....	4.80
Samosa (vegetable) .....	2.00
Pizza – Ham & Pineapple .....	3.50
Pizza – Cheese & Bacon .....	3.50
Pizza – Margherita .....	3.50
Dim Sim (steamed) .....	1.00
Corn on Cob .....	1.00
Mini Margherita Pizza Muffin .....	2.00
Chicken Burger (wholemeal roll, carrot & lettuce)	5.00
Sausage Roll .....	3.50
Pastie (vegetable) .....	4.00
Rainbow Rice (vegies & soy sauce) - FRIDAY ONLY	3.50
Tomato Sauce / Soy Sauce / Wasabi .....	.20

### **Good Food Hero** (meals are 220g)



Butter Chicken (gluten free) .....	5.50
Beef Korma with Basmati Rice (gluten free) .....	5.50
Bolognese Pasta Bake .....	5.50
Coconut Chicken Thai Curry and Jasmine Rice ..	5.50
Macaroni Cheese .....	5.50



## Sushi

(Wednesday & Friday only)

Tuna .....	3.80
Chicken Teriyaki .....	3.80
Californian .....	3.80
Vegetarian .....	3.80



## Munchies

Fruity Nibble Mix .....	2.00
Fresh Fruit Salad - NOT TERM 3 .....	3.00
Veggie Sticks & Hummus .....	3.00
Boiled Egg in Lettuce Leaf .....	2.50
Cheese Cubes & Rice Crackers .....	2.00
Yoghurt Cup (vanilla) .....	1.80
Yoghurt & Berries (vanilla) .....	2.00
Popcorn .....	1.40
Gingerbread Kids .....	2.00
Slinky Apple .....	1.00



## Frozen Stuff

Frozen Orange Juice (90ml) .....	1.00
Orange Smile (frozen quarter orange) .....	.60

### **Collect from Canteen with stamped bag:**

Streets Paddle Pop – banana, chocolate, or rainbow .....	1.80
Quelch Fruit Stick (99% juice) .....	.80
Frozen Yoghurt .....	1.80



## Drinks

Just Juice - Apple or Orange (200ml) .....	2.00
Milk - Chocolate or Strawberry (200ml) .....	2.00
Plain Milk (300ml) .....	2.00
Still Water (300ml) .....	1.80





- ❖ Lunches **ordered online** via the Canteen dashboard in Compass. Canteen lunch ordering instructions are accessible from the Canteen folder in School Documentation under the Community menu in Compass.
- ❖ Orders must be placed **not later than 8.30am** on the day required.
- ❖ Orders for multiple days can be placed in one booking.
- ❖ Cancellations must be processed by 8.30am on the day of the order.



- ❖ Nutritional information is available in the Canteen.



- ❖ Please remember that the School Community benefits greatly from the efficient running of the Canteen.
- ❖ Volunteers are required and always most welcome, especially at the beginning and end of each Canteen morning, i.e. 9.00am and 1.15pm. *Note:* you must have a current Working with Children Check to volunteer.



### **Suppliers**

Drinks – LD&D Australia

Good Food Hero meals ([www.goodfoodhero.com.au](http://www.goodfoodhero.com.au)) – KG Foods



*Healthy food is our focus*

