



## INFORMATION SESSION TO HELP PARENTS EXPLAIN CHILD SAFETY TO THEIR CHILDREN

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## OUR COMMITMENT TO CHILD SAFETY

EHPS IS COMMITTED TO CHILD SAFETY. **WE WANT CHILDREN TO BE SAFE, HAPPY AND EMPOWERED.**  
WE SUPPORT AND RESPECT ALL CHILDREN, AS WELL AS OUR STAFF AND VOLUNTEERS.

WE HAVE ZERO TOLERANCE OF CHILD ABUSE, AND ALL ALLEGATIONS AND SAFETY CONCERNS WILL BE  
TREATED VERY SERIOUSLY AND CONSISTENTLY WITH OUR ROBUST POLICIES AND PROCEDURES.

WE HAVE LEGAL AND MORAL OBLIGATIONS TO CONTACT AUTHORITIES WHEN WE ARE WORRIED  
ABOUT A CHILD'S SAFETY, WHICH WE FOLLOW RIGOROUSLY.

EHPS IS COMMITTED TO PREVENTING CHILD ABUSE AND IDENTIFYING RISKS EARLY, AND REMOVING  
AND REDUCING THESE RISKS.

EHPS HAS ROBUST HUMAN RESOURCES AND RECRUITMENT PRACTICES FOR ALL STAFF AND  
VOLUNTEERS.

EHPS IS COMMITTED TO REGULARLY TRAINING AND EDUCATING OUR STAFF AND VOLUNTEERS ON  
CHILD ABUSE RISKS.

WE HAVE SPECIFIC POLICIES, PROCEDURES AND TRAINING IN PLACE THAT SUPPORT OUR LEADERSHIP  
TEAM, STAFF AND VOLUNTEERS TO ACHIEVE THESE COMMITMENTS.

## CHILDREN'S PROTECTION SERVICES

DEPARTMENT OF EDUCATION AND EARLY CHILDHOOD DEVELOPMENT

INTEGRATED FAMILY SERVICES

- CHILD FIRST
- SEXUAL ABUSE COUNSELLING & PREVENTION PROGRAMS
- FATHER SUPPORTS; FAMILY VIOLENCE PROGRAMS (CARING DADS, ORANGE DOOR)
- EY RESEARCH

## CONSIDER HOW YOU CURRENTLY TALK TO YOUR CHILD ABOUT SAFETY

- USE OF VISUALS
- CONSENT FOR KIDS (BODILY AUTONOMY)
- PUBLIC & PRIVATE
- PROTECTIVE BEHAVIOURS, SOCIAL & EMOTIONAL LEARNING
- USE FAMILY LINKS
- MONITOR CHANGES

## I CAN GET **HELP**

**My Safety Network Activity**

- List your Safety Network, one on each finger
- Colour in and cut out your hand.
- Take it home and show the adults on your list
- Talk to one or more of your safety helpers on your network, if things don't feel right. Keep trying until you get the help you need.

**Activity Rules:**

- Person must be an adult
- Exclude both males and females
- Some who live at home
- People from outside the home
- People from outside the family

**Suggestions:** Nana, Mum, Dad, Auntie, Teacher, Principal, Friend of Mum or Dad, Police, Sports Coach, School Chaplain

### MY SAFETY NETWORK



Kids Help Line  
**1800 55 1800**

Police  
**000**

## 3 TYPES OF SAFETY

- EMOTIONAL – POSITIVE ATTACHMENTS, SELF ESTEEM
- PHYSICAL ENVIRONMENT
- ONLINE – CONTENT, CONTACT, CONDUCT

## TO BE SAFE CHILDREN NEED:

FAMILIARITY, PREDICTABILITY & SENSE OF CONTROL

FOR ADULTS TO DISPLAY ADULT BEHAVIOUR

REINFORCEMENT OF SAFETY MESSAGES

MOST HARM IS PERPETRATED BY PEOPLE WE KNOW

WE CAN'T SCARE PEOPLE INTO FEELING SAFE

## TALKING SAFETY WITH CHILDREN

ASK CHILDREN WHAT SAFETY MEANS TO THEM

USE EVERYDAY EXAMPLES

TEACHABLE MOMENTS

SHARE YOUR EXPERIENCES WITH THEM

OK TO TALK ABOUT ANYTHING

## EVERYDAY VOCABULARY

NEED TO USE COMMON TERMS

TALK ABOUT 'GOOD' AND 'BAD' SECRETS

USE SCENARIOS – EVEN IF QUESTIONS

## RISK TAKING

IS PART OF DEVELOPMENT

HOW CAN WE SUPPORT CHILDREN TO DEVELOP AWARENESS/  
RESILIENCE



## BODIES AND SAFETY

PROPER NAMES FOR PRIVATE PARTS AND RULES FOR TOUCHING – LET YOUR CHILD KNOW THAT IF ANYONE BREAKS THESE RULES THEY SHOULD COME AND TELL YOU

USE THE **PANTS** RULES



BUILD A SAFETY NETWORK

## KEEPING CHILDREN SAFE ONLINE

CHILDREN LOVE USING TECHNOLOGY AND ARE LEARNING TO NAVIGATE WEBSITES, ONLINE GAMES AND CONSOLES, AND TOUCH SCREEN TECHNOLOGY LIKE IPADS AND SMARTPHONES FROM A YOUNG AGE. CHILDREN NEED SUPPORT IN THESE ENVIRONMENTS, TO GET THE BEST OUT OF USING THE INTERNET RIGHT FROM THE START.

**Where do I start?**

**Should I set any rules?**

**How can I supervise my child?**

**How much time is too much time?**

**Are there tools to help?**

**What advice can I give my child?**

**What games are ok for my child to play?**

**Where can I report? Office of the eSafety Commissioner  
AFP: <https://www.afp.gov.au/what-we-do/services/child-protection/online-child-sex-exploitation>**

**SEE THE ESSEX HEIGHTS PRIMARY  
SCHOOL WEBSITE FOR MORE  
INFORMATION**

**[HTTP://ESSEXHEIGHTSPS.VIC.EDU.AU/](http://essexheightsps.vic.edu.au/)**