

## CALENDAR

### October

Mon 19-Sat 25 ... Aussie Backyard Bird Count  
Thu 22 ..... Footy Colours Day  
Fri 23 ..... Friday before AFL Grand Final public holiday  
Mon 26-Fri 30 ... Yr 5 ICAS Science, English & Maths  
Thu 29 ..... Yr 4 ICAS Science

### November

Tue 3 ..... Melbourne Cup public holiday  
Wed 4 ..... Yr 6 ICAS Science  
Wed 4-Fri 6 ..... Yr 5 Onsite Camp  
Thu 5 ..... Yr 4 ICAS English  
Thu 5 ..... Music Count Us In Celebration Day  
Tue 10 ..... Yr 6 ICAS English  
Wed 11 ..... Yr 6 ICAS Maths  
Thu 12 ..... Yr 4 ICAS Maths

Students do not attend school on public holidays  
or student-free days.

### Whole School Assembly

~~Every Monday at 2.40pm in Stadium.~~  
SCHOOL ASSEMBLIES CANCELLED

### School Banking - every Tuesday.

SCHOOL BANKING POSTPONED

### School Tours

~~Thursdays & Fridays at 9.30am. Bookings essential.~~  
SCHOOL TOURS CANCELLED; VIRTUAL TOUR ON WEBSITE



**School Hats** - every day in Terms 1 & 4.

### 2020 Term Dates

Term 1: 28 January\* to 23 March  
Term 2: 14 April to 26 June  
Term 3: 13 July to 18 September  
Term 4: 5 October to 18 December  
Statewide student-free days: 28 January\*, 14 April, 25 May &  
13 to 17 July.  
EHPS student-free days: 29 January & 5 March

### 2021 Term Dates

Term 1: 27 January\* to 1 April  
Term 2: 19 April to 25 June  
Term 3: 12 July to 17 September  
Term 4: 4 October to 17 December  
\* 27 January is a state wide student free day.  
EHPS student-free days: 28 January, and 2 further dates to be advised



### PARENT PORTAL ON COMPASS

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School  
22-30 Essex Road  
Mount Waverley VIC 3149  
Telephone: (03) 9807 4944  
[essex.heights.ps@education.vic.gov.au](mailto:essex.heights.ps@education.vic.gov.au)  
[www.essexheightsps.vic.edu.au](http://www.essexheightsps.vic.edu.au)  
Principal: Mr George Perini  
Office Hours: 8.30am to 4.30pm Monday to Friday  
during school terms. School currently closed  
to visitors; please contact us by phone or  
email.

## Principal's Report



### Dear Parents and Carers

The children have had a fantastic week back at school. Big smiling and happy faces have been evident in all classes. The teachers have prepared an interesting and engaging program for all students and the success of the program has been obvious as I walked around the school this week.

Due to the current operational restrictions outlined by the Department of Education & Training some activities need to be modified or are not permitted. Classes cannot mix, especially in the buildings, all PE must be conducted outdoors, and singing/choirs are not allowed. Brass and woodwind instrumental music lessons are also still being conducted online. Nevertheless, all students are having the best possible learning experiences in all year levels.

Thank you to all families for following the procedures for arrival and dismissal from school. We really appreciate your effort to follow the steps we have outlined so that we keep everyone safe. Thank you for not congregating in groups, for socially distancing and for dispersing quickly. This fabulous cooperation will help us all keep safe and well.

I would however like to remind all families that children should NOT be at school before 8.30am for Prep and Year 1 students, and NOT before 8.45am for Years 2 to 6 students. I have observed some students at school at about 8.15am and in a few cases earlier. This is an unsafe practice because staff are NOT on yard duty until 8.30am. If your child needs to be at school early, they should be enrolled in Before School Care (contact the OSHC Program).

... continued on page 3

**Public Holiday**  
**Next Friday**  
**23rd October**

*Friday before the AFL Grand Final*  
**No students at school**





## October

18th ..... Fatima A  
Jeet T  
Jai T  
19th ..... Meyli N  
Taite B  
20th ..... Sophie L  
21st ..... Vincent J  
Nina V  
22nd ..... Dylan C  
Matthew L

### This week's information on Compass:

Notifications sent this week that were about events/information that have passed may not be listed.



Year/Group	Compass News Feed
Prep .....	Prep News!
Year 5 .....	Year 5 Return to Onsite Learning Message
Year 6 .....	General Info, Graduation Photo information & permissions
Whole School .....	Parenting like a cat and dog Welcome Back Everybody Update to Parents and Carers

## Hats in Term 4

In accordance with our SunSmart Policy, all families are reminded that students are required to wear a hat every day when outdoors throughout Term 4. These should be in the school uniform bottle green, and legionnaire or wide brimmed style for maximum sun protection. Please ensure that your child's hat is named, so that it can be returned promptly if it's misplaced. Children without a hat will be directed to play in a shaded area.



## We are so proud!

We hope that you've seen our video celebrating the remarkable efforts and achievements of all our school community throughout remote learning 2.0 in Term 3. We are so thankful for and proud of you all. You can see this special message of reflection here - <https://sites.google.com/education.vic.gov.au/ehps-learning-at-home/home>



## Return borrowed ICT equipment

If the school provided you with ICT equipment to use during the remote and flexible learning period, please return it to the Office next week. Attach a note with your child's name on it so its return can be logged.

## parenting \* ideas

"Schools are at their dynamic best when teachers and parents work hand-in-hand together" **Michael Grose**

Our school has membership of Parenting Ideas, one of Australia's most trusted sources of parenting education and support, provides our school community with excellent resources, including *Insights* articles, and webinar attendance at no cost (a saving of \$37).

The details of the next Webinar have been provided on Compass:

- *Parenting like a cat and dog* - to be held on Wednesday 11th November at 8pm; accessible until 11th February 2021

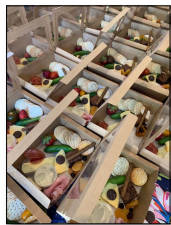
Effective parents use more than one style when communicating with their families. They know how to alter their style to suit the situation. In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children. The cat-dog approach to parenting is fun, easy to use, respectful and maximises parent effectiveness in challenging situations.

For further information, and to access the articles and webinar information above, please [CLICK HERE](#).

## Principal's Report

Also, if your child is coughing or unwell, they **MUST** be kept at home. If you believe that the symptoms are caused by allergies etc., then please provide a medical treatment plan so that we are aware of actions that we can take to assist and monitor your child.

### Parents and Friends Association



On Wednesday the PFA provided a delicious lunch for the staff. This was the traditional World Teachers' Day lunch, and it was greatly appreciated by the staff. The PFA provided a scrumptious lunchbox of finger food, individually boxed for every staff member, along with fruit and a drink. On behalf of the staff, I would like to thank the PFA for their generosity and kind thought. As always, the PFA is working in our school to build community and add value to the school. Thank you to Fiona and her committee.



### School Photos

Under the current Operational Guidelines, school photographers cannot take school photos. At present we will wait for the Premier's announcement on Sunday, and then make a decision about the viability of the dates that we have booked (26th and 30th October). If these dates are not possible, we will organise a local solution. Rest assured that we will capture a photo of the children this year.

### Footy Colours Day & Public Holiday

**Next Friday**, 23rd October, is a **public holiday** for the celebration of the AFL Grand Final, so the school will be closed.

During next week, classes will be celebrating Footy Colours Day. On Thursday (see below) children are encouraged to come dressed in their favourite footy colours. It will be a fun week, and on Thursday I want to see a sea of red and navy. Go Demons!!!!!!

### Book Week

The rescheduled Book Week will not be held next week but will be organised for later in the term.

**George Perini**  
Principal



## Footy Colours Day

It's **Footy Colours Day next Thursday, 22nd October**. Students are invited to dress in their football attire or a sporting attire that they enjoy.

The children will be involved in many fun sporting activities during the day, with many sport related activities, including watching some inspiring football videos, completing a quiz (Prep to Year 2 and Years 3 to 6), voting on the 'Teacher Mark of the Year', designing an Essex Heights football guernsey, and participating in a drawing competition. There will be a prize for someone in each year level. Unfortunately, we can't run the parade this year.



**Melanie Boyle**

The world-renowned ICAS Assessments are developed by UNSW Global, a wholly owned subsidiary of UNSW Sydney, with over 35 years' experience in educational assessments. Learn more about ICAS here: [unsw.global/ICAS](https://unsw.global/ICAS)

ICAS Assessments are now online, a move that reflects a sector-wide transition to computer-based assessments. This allows greater accessibility for students and faster delivery of results.

ICAS Science, English and Mathematics assessments have been offered for Years 3 to 6 students this year.

All Years 3 to 6 students who have been registered online and have returned the permission form to school will now do the assessments as follows:

- ★ Year 3 - to be advised
- ★ Year 4
  - ★ Science on Thursday 29th October
  - ★ English on Thursday 5th November
  - ★ Maths on Thursday 12th November
- ★ Year 5 - Science, English and Maths in the week commencing Monday 26th October.
- ★ Year 6
  - ★ Science on Wednesday 4th November
  - ★ English on Tuesday 10th November
  - ★ Maths on Wednesday 11th November

**Alexandra O'Connor**  
ICAS Coordinator

## Year 6 Graduation

We are looking forward to the Graduation celebration for our Year 6 students on Tuesday 15th December.

### Photo Permission

A graduation tradition at Essex Heights is the compilation of a magazine, in which Year 6 students are represented by a written reflection of their time at EHPS and photos which show them in a variety of settings. Information has been sent via Compass, including a form that is to be completed and returned by next Wednesday, 21st October.



### Graduation Signature Toys

Another graduation tradition at EHPS is that Year 6 students have the opportunity to purchase a graduation signature toy on which they can collect signatures and messages from their friends and staff. All students have pre-selected a toy, and payment of \$13 by Compass Pay or BPay is due by Friday 6th November, as published on Compass.

## Year 6 2020 to Year 7 2021

It is essential that we have the correct information about where our Year 6 students will be starting in Year 7 next year. If your Year 6 child's enrolment has changed from what you advised (going to an independent school) or had placement confirmed (going to a Victorian government secondary school) earlier this year, please send an email with the new details to Mr Perini via the school email.

## Library



### Library Book Returns

If you have any Library books at home, please return them and put in the box provided outside the Library door.

*Gael Munro*

## Sustainability



### Aussie Backyard Bird Count

If you have ever wanted to be part of something that can help our environment, you can. It's now easier than ever - join in the Aussie Backyard Bird Count next week, from **Monday 19th to Sunday 25th October**.



Download the Aussie Backyard Bird Count app and help create a database from your very own backyard. If you don't know many birds, there are so many resources in the app and also on the associated website - [click here](#) for more information.

Part of the fun of the Aussie Backyard Bird Count is getting to know the birds that live in your area. You can probably identify a lot of them already. But there's always one or two elusive species to learn more about!



*Ms Steward and the Sustainability Captains*

## Munch & Crunch Canteen



The Canteen is open this term - Monday, Wednesday and Friday each week - for lunch orders. However it is required to operate without the assistance of parent volunteers. As a result, the following temporary changes have been made to the menu:

- Sausage rolls are available every day.
- Baked Potato, Rainbow Rice, and Chicken Burgers are not available.

Lunch orders can be ordered from the Canteen until the second last week of term; last day for orders is Friday 11th December.

**Maria Vlahos**

## Three Free Events

Three wonderful not-for-profit organisations have teamed up to deliver their annual community events, but this year with a difference. The events will be streamed to their audience over the internet, and this year, our whole community are invited.

### 1. Razzamatazz

*Streaming available from Friday 30th October to Sunday 1st November*

The Immune Deficiencies Foundation (IDFA) is again holding its annual "RAZZAMATAZZ" event, a family-friendly show full of weird and wonderful gizmos and gadgets, and hilarious shenanigans from some of the most original and inventive minds in the world of visual and prop comedy.

### 2. Circus Quirkus

*Streaming available from Friday 20th to Sunday 22nd November*

The Rotary Club of Preston proudly presents "CIRCUS QUIRKUS", an eclectic and entertaining mix of circus acts brought to you from all over the world. Internationally renowned clowns, jugglers, acrobats and more, deliver hilarious, hugely engaging and sometimes death-defying acts of unbelievable skill.



### 3. World Festival of Magic

*Streaming available from Friday 18th to Sunday 20th December*

Children's First Foundation is excited to host the "WORLD FESTIVAL OF MAGIC". Audiences will be amazed by cutting edge, large scale illusions and intimate close-up magic by world-renowned magician, Michael Boyd. Suitable for all ages and fun for the whole family.

This year audience members will be able to watch all three shows in their own COVID-safe bubble at home. The shows can be watched at any time during the three day period allocated for each show, and unlimited access means they can also watch it as many times as they like during that time. Or, they can even just play their favourite bits over and over again.

All that is needed to enjoy our show this year is an internet connection and a device with a screen such as a PC, laptop, tablet or even a smartphone. We will provide you with a web address and a password for each show.

### How to book tickets

Please send an email to me with the following information no later than Monday 26th October:

Surname of family

Name and class of eldest child

Name of show (Razzamatazz/Circus Quirkus/World Festival of Magic)

How many devices (e.g. PC/laptop/phone/iPad) will the show be viewed on?

How many people will be watching from each location/device (approximately)

*Example email:* The Smith Family (John Smith, 3F) - Circus Quirkus and World Festival of Magic, 2 devices, 5 watching



You will be provided you with the web address and password for the "Razzamatazz" show by Wednesday 28th October. Web addresses and passwords for "Circus Quirkus" and the "World Festival of Magic" will be emailed five days before streaming access is available for each show.

Please do not hesitate to contact me if you have any questions.

**Gael Munro**

Gael.Munro@education.vic.gov.au



### Trivia Night

A big thank you to Andrea F for organising and hosting such a fun event. Who would have known that Mr Perini and Jo Y were such trivia buffs! They were very kind in not accepting their prizes, and hence the following families received the following gifts:



**First Prize** - Hamper kindly donated by Gladys Liu MP: *The Cree Family*

**Second Prize** - Tupperware kindly donated by Monica Fulton: *The Smith Family*

**Third Prize** - Jitterbox Voucher kindly donated by Caz Mott: *The Kelsall Family*

Supporter Details:

★ [Tupperware \(Monica Fulton\)](#)

★ Jitterbox - <https://www.facebook.com/Jitterbox-103358954824387/>



### World Teachers' Day

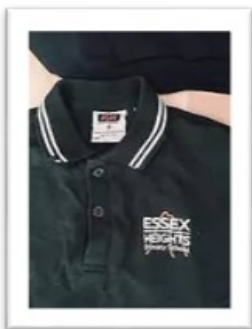
We hope staff enjoyed their lunch on Wednesday. Thank you Jitterbox (Caz M) for organising this event.

Once again, special thanks to our wonderful teachers and staff!



YUM  
YUM

### Secondhand Uniform



The children may not have worn their uniform for a whole term but they certainly have still grown. In case some families are struggling to find a uniform that fits, the PFA's friendly Secondhand Uniform Coordinator has a limited stock at her house (the PFA sorted, returned and donated uniforms at the end of Term 2). If your child needs a uniform, please email the PFA at [ehpspfa@gmail.com](mailto:ehpspfa@gmail.com) with what you are after, the size, and your contact phone number. Niki will communicate with you via phone, and arrange for you to collect the uniform on a contactless basis (location is five minutes from the school).

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### Ritchie's IGA Community Benefit Program

Did you know that Ritchies IGA support our school via their Community Benefit Program?

They have recently updated their Community Benefit Program, and in addition to launching a new loyalty card, the program now also has an App for both iOS and Android smart devices.

Please consider downloading the Ritchies app and support our school by registering "Essex Heights Primary School" as the organisation you want to support.

If you don't have a smart phone, you can continue to use a Ritchies loyalty card - pick one up in store, and register our school as your favourite organisation.

Our local Ritchies IGA is in the Mount Waverley Village.

### Download the App and register in 3 easy steps

- 1** In the Ritchies App, register by clicking on the Sign Up button. Complete the registration.
- 2** A verification email will be sent to the email address you register. Click the link in the email to activate your account.
- 3** Login to your newly created account to select your favourite club, school, or charity from the Community page.



You can also use the Ritchies Loyalty Card. Pick one up in store and link your card to the Ritchies App

For more information please visit  
[www.ritchies.com.au/loyalty](http://www.ritchies.com.au/loyalty)

Ritchies Stores Pty Ltd ABN 61 005 041 814

### Contacting the PFA

Contact us by email using [ehpspfa@gmail.com](mailto:ehpspfa@gmail.com).

**Fiona Nicholson Stocker**  
(Mum of Allison, 4O)

## Parents Victoria Online Conference

Parents/carers, school leadership/staff and school councillors are invited to attend the **2020 Parents Victoria Online Conference on Monday 19th October**.

The theme of the forum is a Brave New World: Changes, challenges and opportunities for families and schools.

This year's conference program includes presentations from expert speakers and groups on mental health support for students and parents, connecting school communities and engaging families.

Deputy Premier and Minister for Education James Merlino will open the conference and answer questions submitted by schools and families.

Details on the conference and how to register are provided below:

**Date:** Monday 19th October 2020

**Time:** 10am to 1.15pm

**Cost:** The conference is free but registration is essential.

**Registration:** The conference will take place on Zoom. Participants will be emailed a Zoom link on 18th October.

Please note that the opportunity to submit a question to this year's conference has passed.

For more information visit the [Parents Victoria website](https://www.parentsvictoria.org.au).



## Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School. In responding to any advertisement, you accept full responsibility for the consequences of goods or services received.



### ASHWOOD CRICKET CLUB PRESENTS

## WOOLWORTHS CRICKET BLAST

Both Junior Blasters (ages 5-7)  
& Master Blasters (ages 8-10)  
programs available

FRIDAY NIGHTS  
FROM 5:30PM

8 WEEK PROGRAM FROM 29 JANUARY



Register at  
[playcricket.com.au](http://playcricket.com.au)



GLEN WAVERLEY COUGARS CRICKET CLUB

Affiliated with Inner South East Cricket (ISEC) and the Eastern Cricket Association (ECA)



## JUNIOR CRICKETERS WANTED!

U11's, U13's, U15's & U17's (male & female)

### WOOLWORTHS CRICKET BLAST (ages 5 - 10)

The Glen Waverley Cougars are actively seeking junior cricketers to join our great club for season 2020/21 and beyond! Whether you are new to cricket or have some experience, we welcome all new players to join our junior teams.

We are also excited to launch our new **Woolworths Cricket Blast** - an action packed program tailored to coaching kids of all abilities the basic skills of cricket in a fun, safe and engaging environment!

For more information, please reach out via one of the following channels:

KRIS LEWSCHTENKO - PRESIDENT  
[kris.lewsczhenko@yahoo.com.au](mailto:kris.lewsczhenko@yahoo.com.au)

[WWW.COUGARS.NET.AU](http://WWW.COUGARS.NET.AU)  
[enquiry@cougars.net.au](mailto:enquiry@cougars.net.au)

FACEBOOK  
[Glen Waverley Cougars Cricket Club](https://www.facebook.com/GlenWaverleyCougarsCricketClub)



## Emotion Focused Parenting

A Parents Building Solutions Program

Would you like tips and strategies to:

- Better understand and talk with your child?
- Help your child learn to manage their emotions and deal with conflict?
- Manage challenging behaviours?
- Parent anxious children?

Children with emotional intelligence:

- Have greater success with making and keeping friends
- Show improved concentration at school
- Have fewer illnesses

When:

Wednesdays (6 evening sessions)  
Oct 21st to Nov 25th 2020  
7.00pm - 9.00pm

Where:

Online - Via Zoom

Cost:

Free of charge for parents in the Eastern Suburbs of Melbourne (Bookings essential)

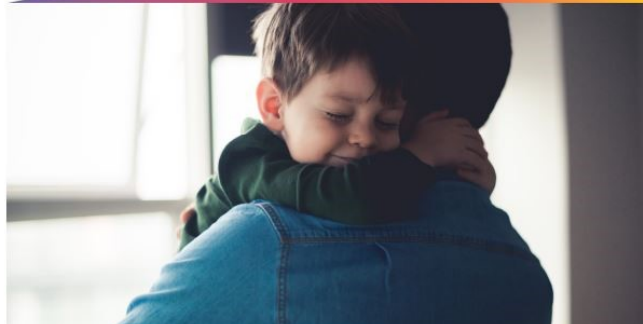
Bookings:

Julia at ParentZone on 9721 3629 or 0400 866 495

PARENTZONE

[anglicarevic.org.au](http://anglicarevic.org.au)

BETTER  
TOMORROWS



## Dads Matter

Dad's at their best - helping children to thrive

Are you a dad who would like to:

- Better understand your importance in your child's life?
- Have agreements that work?
- Further develop your relationship with your young people?
- Get your head around what they need from you?

Come along to these 6 online sessions. Share strategies, strengths and stories. Take some time out for you and celebrate the importance of being a Dad!

When:

Tuesdays (6 evening sessions)  
27th October to 1st December 2020

Time:

7.00 pm to 9.00 pm

Where:

Online - Via Zoom

Cost:

Free of charge. Bookings are essential.

Bookings:

Julia on 0400 866 495 or 9721 3629

PARENTZONE

This is a Parents Building Solutions Program

[anglicarevic.org.au](http://anglicarevic.org.au)

BETTER  
TOMORROWS

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# St Luke's Preschool Mount Waverley

<http://www.stlukeskindergarten.org.au/>

## 2021 ENROLMENTS OPEN!

### 3 & 4 year olds



Our professional and experienced teachers deliver a program which supports each child in developing the social, emotional and cognitive skills in preparation for school. The preschool is fully-equipped to challenge and inspire and satisfy every child's imagination.

Our program follows Victoria Government Department of Education Kindergarten Guidelines and offers experienced based learning options with exciting incursion and excursion activities throughout the year. The preschool, established in 1963, is not-for-profit. We love celebrating the cultural diversity of our community, and enrolments from outside the City of Monash are welcome.

Our 4 year old program is 15 hours/week, with 2 session options (2 full days, or 3 half days), while our 3 year old program is 5 hours/week over two days.

**For enquiries or enrolments from outside the City of Monash, contact St Luke's Preschool**  
Phone: 0466 419 127. Email: [stlukes.els@vt.uniting.org](mailto:stlukes.els@vt.uniting.org)

**For enrolments within the City of Monash, refer to the Monash Council Enrolments Portal**  
<https://www.monash.vic.gov.au/Services/Children-Family/Kindergartens/Enrolment>



2020 has been a tough year  
but when it comes to looking after our mates

## AUSSIES ARE ABSOLUTE LEGENDS

Reconnect with your mates and help their mental wellbeing  
Train together for the ultimate team challenge  
Walk 30km, 60km or 100km in 2021

Training and support program available from  
September and adapted for current restrictions

REGISTER EARLY - NUMBERS STRICTLY LIMITED

[greaaussiehike.com.au](http://greaaussiehike.com.au)



TEAM CHALLENGE  
26-27 March 2021  
East Gippsland Rail Trail

## HELP YOUR MATES AND REGISTER A TEAM TODAY



**kids helpline**  
Anytime Any Reason

We're here for your kids, if they need support they can...



**Call us for FREE**  
**1800 55 1800**



**Email us**



**WebChat with us**

**Parents! For more information and resources, please check out our Kids Helpline parents section**

[kidshelpline.com.au/parents](http://kidshelpline.com.au/parents)