

CALENDAR

November

Mon 23 Yr 6 Zoom with PM
Tue 24 Prep 2021 Parent Information Evening
via Zoom

December

Tue 1 & 8 Prep 2021 Orientation Days
Tue 8 Yrs 1 to 6 2021 Orientation Day
Fri 11 Yr 6 Electronics Day
Tue 15 Yr 6 Graduation
Wed 16 Yr 6 Electronics Day
Thu 17 Yr 6 Big Day In
Fri 18 Term 4 ends - 1.30pm dismissal

*Students do not attend school on public holidays
or student-free days.*

Whole School Assembly

~~Every Monday at 2.40pm in Stadium.~~ CANCELLED
Fortnightly online assembly created by Year 6s.

School Banking - every Tuesday.
SCHOOL BANKING POSTPONED

School Tours

~~Thursdays & Fridays at 9.30am. Bookings essential.~~
SCHOOL TOURS CANCELLED; VIRTUAL TOUR ON WEBSITE



School Hats - every day in Terms 1 & 4.

2020 Term Dates

Term 4: 5 October to 18 December
Statewide student-free days: 28 January*, 14 April, 25 May &
13 to 17 July.

EHPS student-free days: 29 January & 5 March

2021 Term Dates

Term 1: 27 January* to 1 April
Term 2: 19 April to 25 June
Term 3: 12 July to 17 September
Term 4: 4 October to 17 December
* 27 January is a state wide student free day.
EHPS student-free days: 28 January, and 2 further dates to be advised



PARENT PORTAL ON COMPASS

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School
22-30 Essex Road
Mount Waverley VIC 3149
Telephone: (03) 9807 4944
essex.heights.ps@education.vic.gov.au
www.essexheightsps.vic.edu.au
Principal: Mr George Perini
Office Hours: 8.30am to 4.30pm Monday to Friday
during school terms. School currently closed
to visitors; please contact us by phone or
email.

Principal's Report



Reflecting on another productive week at EHPS, I am proud of the way our students and staff are working and adapting to the changed and changing protocols that we are operating under. Our Year 2s had an indigenous art activity on Wednesday (I'm looking forward to the report and some photos in next week's issue of *Contact*), the Preps went on a "journey" around the school and made Journey Sticks, our Year 6s are preparing for their graduation with rehearsals and were working on their Kidscapes, and our incoming Preps had a transition session by Zoom with the Prep teachers. It was also great to see so many students dressed in free dress yesterday to support the Year 6 graduation fundraiser.

2021 Student Charges and Voluntary Contributions

Following our School Council meeting last night, I would like to share with you the latest information about fees and charges for next year.

Though payments are not being asked for at this time, we hope that the information provided below will assist families to plan for next year.

EHPS has an established tradition of providing a broad and comprehensive curriculum to meet the needs of all students. Educational programs relate to a curriculum based upon the Victorian Curriculum. The school relies upon and appreciates the financial commitment made by all parents to meet some of the costs of their children's education.

School funding comes from two sources: those that are provided from Government sources and those provided through local contributions. Increasingly funds from local sources are sought in order to meet the high expectations that our school community has for our students which in turn ensure that our educational provision is second to none.

We receive a grant for each student from the Department of Education and Training (DET). This grant is required to cover a wide range of items such as electricity, gas, water, postage, telephone, and other matters central to the functioning of the school. In addition, the grant **assists** with the provision of **very basic** curriculum materials and equipment.

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November

22nd Hiruni G
 23rd Richard W
 Harry H
 Olivia T
 24th Gianna X
 25th Mason Z
 Jessica S
 Ivy L
 27th Mitchell S
 Reiyi L
 Macklan C

This week's information on Compass:

Notifications sent this week that were about events/information that have passed may not be listed.

Year/Group	Compass News Feed
Prep	Catching on Early
Year 1	Weekly Newsletter
Year 4	Catching on Early
Whole School	Modelling self-kindness



Library



**PLEASE
RETURN
YOUR
LIBRARY
BOOKS**

Return Library Books - URGENT!

We still have about 300 books loaned out, and we need them back urgently for our annual stocktake. If you have any Library books at home, **please return them now**. A plastic tub is provided outside the Library door during school hours for students to deliver their borrowed books (remind your children to make sure the lid is put back on the tub securely!).

Gael Munro

parenting*ideas

"Schools are at their dynamic best when teachers and parents work hand-in-hand together" **Michael Grose**

We have a school membership with Parenting Ideas, one of Australia's most trusted sources of parenting education and support, providing our school community with excellent resources, including *Insights* articles, and webinar attendance at no cost (a saving of \$37).

The following *Insights* article was distributed via Compass, and is also accessible on our school website:

- Modelling self-kindness

Upcoming Webinar:

- *Parenting like a cat and dog* - held on Wednesday 11th November; accessible until 31st December 2020. Effective parents use more than one style when communicating with their families. They know how to alter their style to suit the situation. In this webinar, Michael Grose uses cat and dog metaphors to introduce parents to two diverse styles of parenting. This will increase their ability and confidence to manage, nurture and build relationships with their children. The cat-dog approach to parenting is fun, easy to use, respectful and maximises parent effectiveness in challenging situations.

For further information, and to access the articles and webinar information above, please [CLICK HERE](#).

Lost Property

With the return of warmer weather, our lost property bins are overflowing with discarded school uniform! Due to the current restrictions our PFA members cannot come to school to sort lost property, nor are parents permitted to come to school and check the boxes. If your child has misplaced an item of clothing, direct them to look in the lost property boxes - there are four large square, grey, lidded, boxes located around the school.

**LOST
PROPERTY**

REMINDER

Make sure that **all items of clothing and property** that your child brings to school **are clearly named** (preferably with a first and last name), to ensure they can be identified and returned promptly. Also, check from time to time when washing uniforms that your child's name hasn't faded and is still readable.

Principal's Report



School Council reviews Parent Payments annually. In 2021 the Student Charges have been separated into two areas **Essential Student Learning Items** and a **Voluntary Contribution for General Classroom Materials, Resources & School Equipment**. Although this is a different format to past years, the amount being asked from parents for each student has not changed.

The **Essential Student Learning Items** include all necessary stationery and materials for student use in the classroom, i.e. pens, pencils, workbooks, rulers, diaries, etc. as well as online subscriptions essential for student learning of the curriculum, e.g. Essential Assessment and consumable materials, items which students take possession of, e.g. paint and craft materials for Art/ArtSEL. **\$180 per child**

The **Voluntary Contribution for General Classroom Materials, Resources & School Equipment** will assist with the purchase of Information and Communications Technology (including considerable computer related materials and consumables), Health & Physical Education, sporting equipment, Music, Indonesian resources, Science, Literacy materials, and Mathematics equipment. This money directly funds and enables the delivery of a high quality teaching and learning experiences for your child. **\$170 per child**

At EHPS we are accustomed and very proud of the resources we provide our children for their learning. We strongly encourage all parents to make the Voluntary Contribution for General Classroom Materials, Resources and School Equipment because it directly impacts upon the children's learning experience every day they are at school.

The total being asked for each student in 2021 is \$350, which is exactly the same amount as this year.

Voluntary Contributions: Grounds, ICT Support & First Aid Officer

Parents are also invited to make voluntary financial contributions towards Grounds Maintenance, ICT Support and First Aid Officer. Whilst these contributions are voluntary, they are important to support the effective operation of our school.

Grounds Maintenance \$30 per family

This contribution enables our grounds to be kept in a safe and presentable condition, and assists with the purchase of materials for grounds improvements. The Department does not provide funds for us to employ a person for this purpose.

ICT (Information & Communications Technology) Support \$30 per family

Currently the Department funds a network of schools-based technicians to work in our school for a day and a half per week. This is not sufficient to meet our complex needs in this area. Funds provided in this area would enable us to increase the level of ICT support to ensure that all computers, notebooks and iPads are working effectively across the network

First Aid Officer \$30 per family

Many schools do not have a Health Centre that is staffed by a qualified first aid officer five days per week. We have chosen to do this, so that we can ensure the health and safety of the children, and that there is good communication about illness and medical issues between home and school. This contribution is needed to support the costs involved in providing this service in 2021.

Payment Methods

All suggested Voluntary Payments will be able to be paid via Compass Pay. Essential Items, Instrumental Music, and Camps and Excursions can be paid via Compass Pay, BPay using the Biller code from your family statement, and via Eftpos at the Office.

Support

The school appreciates that families may sometimes experience financial difficulty in meeting payment requests. Several support options are available to parents who have difficulty making payments including the school's secondhand uniform shop, State Schools Relief, or the Camps, Sports and Excursions Fund (CSEF), and payment by instalments.

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Principal's Report



A visit from the Prime Minister

On Monday morning our Year 6 students will be involved in an online meeting with the Prime Minister, Mr Scott Morrison. The students are very excited at this unique opportunity to speak with Australia's leader, and to be able to ask him questions. This opportunity has been facilitated by our local Federal MP, Gladys Liu, and her office and we thank her for this marvellous learning experience for our children.

Planning 2021

As we prepare for next year, I would like to inform you of staffing matters as they are finalised. The Coordinators for 2021 have been decided and they are as follows:

Year Level	Coordinators
Prep	Kirsten Lightfoot & Natalie Zaibak
Year 1	Margaret Fitzpatrick
Year 2	Renée Dare
Year 3	Kristi Lloyd
Year 4	Elisha Cotterell
Year 5	Moiria Lennon
Year 6	Maria Capsalis
Specialist Team	Aubrey Hudson

We have an amazing group of Coordinators for next year and I am very confident that our teaching teams will benefit from their leadership. In coming weeks, after we complete the complex staffing tasks, I will be able to share with you the staffing changes for next year and the teachers that will be in each year level.

Car Parking & Safety

I seek your assistance with a few concerns that have been brought to my attention regarding traffic safety in Essex Road. As always, our main focus is the children's safety, and these matters are raised to ensure we are doing our best to provide a safe and secure environment for the children as they travel to and from school.

- The **new 'Kiss and Drop' zone** at the front of the school is not a car park and parents are not able to leave their car and walk away between 8.30am and 9.30am and 3.00pm and 4.00pm.
- When using the Kiss and Drop zone, please move your car as far up and into the area as possible. Please do not stop on an angle which interrupts traffic flow in Essex Road.
- As there is a solid white line on the road in front of the school, it is not legal for parents to conduct a 'U-turn' across this line. I ask parents to continue travelling in the same direction and go around the block.
- Please ensure that all children cross Essex Road at the supervised crossing in the front of the school. Even yesterday morning I noticed some parents with their children crossing Essex Road at places other than the signed and staffed school crossing. I believe that this is a very dangerous practice because Essex Road is extremely busy at around 8.30am and 3.00pm, and it is a poor example for the children. We should teach our children to cross safely at the appropriate places, even if it means walking a few extra metres so that when they are unaccompanied they know exactly where to cross the road safely.
- If you need to accompany your child to their designated drop off gate, then you must not use the Kiss & Go zone; park in another designated parking space.



I seek the support of all parents to follow these guidelines so that all children can be safe whilst traveling to and from school.

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Principal's Report

Parent Opinion Survey

Thank you to all the families who completed the Parent Opinion Survey, which closed last Friday. The survey results will be reported back to our school community through the 2020 Annual Report.



Enjoy your weekend.

George Perini
Principal



Alana's Art Competition Success



Congratulations again to Year 4 student, Alana C, for placing second in the ARC Centre of Excellence for Integrative Brain Function's 2020 Creative Art Competition.

The ARC Centre of Excellence for Integrative Brain Function loves making new discoveries about the brain, and wanted to share their enthusiasm for brain research with children so they too can become intrigued by how the brain works. That's why they hold an annual creative art competition for Australian primary schools. This year, students created an artwork inspired by the question "Why do you love your brain?"



Australian Research Council
Centre of Excellence for
Integrative Brain Function

Out of **nearly 700 entries** throughout Australia, Alana's artwork (right) was picked as one of only six artworks shortlisted in her category (Years 2 to 4). Out of this shortlist, 65 CIBF Scientists, Staff and Students voted and placed Alana's artwork second!

This incredible achievement has won EHPS a **\$500 voucher** from Modern Teaching Aids, as well as an individual prize pack for Alana that includes a **\$100 Angus and Robertson gift voucher!**

In a recent newsletter, you may have noted that Alana also placed very highly in the Say No to Bullying poster competition. Once again, congratulations to Alana for all her wonderful artistic achievements this year!

Aubrey Hudson
Art Department



Important Reminders



Bike/Scooters at School

Riding a bike/scooter to school is encouraged for all students who can manage their bike safely, obey the road rules, and be able to operate their bike lock independently to secure their bike in the Bike Shed at school.

If your child rides their bike or scooter to school, please remind them that they must walk with their bike/scooter on school grounds. At the school gate, they must get off their bike/scooter and walk to the Bike Shed (and vice versa when leaving at the end of the school day).

When riding to and from school:

- ★ The footpath is a shared space for pedestrians and bike/scooter riders.
- ★ Use your bell clearly and in sufficient time to alert a pedestrian to your presence, and ride carefully around them.
- ★ Pedestrians move to the left to allow bike/scooter riders to pass by safely when they've signalled with their bell that they need to pass.
- ★ Obey road rules - always stop and check that it is safe to cross a road.
- ★ Pay attention and be aware of cars leaving a driveway.

Water Bottles

Please ensure that your child has a filled and refillable water bottle every day. The water fountains around the school are currently not available to students to drink from due to the protocols in place for their health and wellbeing. They are able to refill their water bottles from designated taps, however these taps are not to be used to drink from.



Visiting the School

Parents/guardians are reminded of the current protocols about visiting the school. Parents/guardians are **not permitted to enter the school grounds**. If you are delivering an item your child has forgotten and requires during the day (e.g. water bottle, lunch, hat), or you are collecting them early (e.g. for an appointment), do not enter the school grounds; you must:

1. Wait at the front gates in Essex Road.
2. Phone the Office on 9807 4944.
3. Staff will come out to the gate to collect the item, or sign your child out and send them to meet you.

This protocol remains in place for the time being for the health and wellbeing of our school and the wider community, and we appreciate your assistance in following this procedure.

Leaving early during school hours

It is sometimes necessary for **students** to **leave school early** (e.g. they have a medical appointment during school hours). Please follow these simple steps to ensure that your child can be collected from school efficiently if they need to leave school early:

1. Enter an absence note on Compass (preferably the day before).
2. Email your child's teacher using the link in Compass before the end of the previous school day to advise them about the early departure and the time they will be collected from school. The teacher will send your child to the Office at the specified time so they can be signed out from school. NOTE: if you email on the day of the departure, we can't guarantee your child's teacher will have seen the message, so phone the Office as early in the day as possible so the teacher can be advised.
3. On your arrival at school, wait at the front gates in Essex Road.
4. Phone the Office on 9807 4944.
5. Office staff will sign your child out, and send them out to meet you. Please check with your child before leaving that they have been to the Office to sign out of school; we've noticed that some children will go straight to their parents when they see them waiting at the gate. Signing them out of school is an important step in our duty of care to your child; send them back to the Office to be signed out if they've not done this.

Important Reminders



Arrival and departure times

Parents are reminded of the following arrival and departure times currently in place:

- **Prep & Year 1 - 8.45am to 3.15pm**

Students arrive at the designated gate from 8.30am and go straight to their classroom. If they arrive at 8.45am or later they must go straight to the Office to be signed in to school and receive a pass for their teacher. Students will be dismissed at 3.15pm from the designated gate. If you are late, for health and safety reasons and respect for our staff, please ring the Office to advise when you expect to arrive. If you cannot arrive on time to collect your child, book your child in to After School Care.

- **Years 2 to 6 - 9am to 3.30pm**

Students arrive at their designated gate from 8.45am and go straight to their classroom. If they arrive at 9am or later they must go straight to the Office to be signed in to school and receive a pass for their teacher. Students will be dismissed at 3.30pm from the designated gate (unless they have a sibling in Prep or Year 1, and therefore will be dismissed from the younger sibling's designated gate at 3.15pm).

If you cannot arrive on time to collect your child, book your child in to After School Care.

If you are late, for health and safety reasons and respect for our staff, please ring the Office to advise when you expect to arrive, and arrangements for the supervision of your child can be made.

Ill or Unwell Children

It is very important in the current circumstances to keep your child home if they are ill or unwell. Our current protocol is that if your children displays any of the following symptoms, you will be contacted and asked to collect them from school:

- coughing
- sneezing
- runny nose
- shortness of breath
- temperature/fever
- sore throat

They must remain at home until symptom free, and medical attention and/or a COVID-19 test sought if required. If your child requires medication such as Panadol, Nurofen, or cold and flu medication on the morning of a school day, they should not be sent to school. We thank you for your support in keeping everyone in our community happy and healthy.

Being SunSmart - Hats and Sunscreen

A hat that complies with our SunSmart Policy is compulsory in Term 4, and is required whenever a student is outside the classroom. Please ensure your child has a hat at school, and that it is clearly named preferably with their first and last names. The hat can be kept at school so it doesn't need to be remembered each day.



If you wish for your child to apply sunscreen for recess and lunch times, send their own named sunscreen in their bag and remind them to apply this before eating their snack or lunch. Students are required to apply their own sunscreen.

Secondhand Uniform

We are grateful for donations of secondhand uniform, but currently do not have the capacity to store anymore on site at school. Until restrictions are lifted and the PFA can resume management of secondhand uniform, we would appreciate you keeping items to donate at home. We will let you know when we can accept donations again.

If you have uniform that you'd like to donate, please note the following:

- Good quality items only.
- Current logo only, no old logo items.
- Cut off/remove your child's name.

Leaving EHPS

If your child is leaving EHPS at the end of this school year, please advise Mr Perini in [writing via email](#) as soon as possible. Include the following information in your email:

1. Child's name and 2020 class.
2. Date of last day at EHPS (end of 2020 school year is Friday 18th December).
3. Name of the school your child is enrolled at.
4. Commencement date at new school (the 2021 school year commences on Wednesday 27th January).
5. The reason for leaving EHPS.
6. New contact details, if any are changing (eg address, phone number, email).

Please also note the following if your child is leaving EHPS:

- Ensure that any outstanding school charges are paid.
- Library books are returned.
- If your child participates in the Instrumental Music Program, please advise Alyssa Kennedy in writing that they are withdrawing from the program, and if applicable, return hired musical instruments.
- Copy academic reports on Compass to an external source before the last day at EHPS; access to the parent portal closes when students leave EHPS.

Junior School Council

Out of Bounds Areas

It has recently come to the attention of the Junior School Councillors in Year 5, that lots of people in the playground have been going into **areas that are out of bounds**. We have collected a tally of how many people have been accessing these out of bounds areas over a 20 minute period in one day. We were very surprised to see so many people doing the wrong thing in the playground.

We, the JSC, would encourage all teachers, students and parents/guardians to remind all students to stay clear away from the following out of bounds areas:

- Behind the Banksia Building;
- on the Swale (rocky area that separates The Heights from the Violet Building and the Portables/Blue Gum Building); and
- the rocky area in the Sensory and Meditation Garden.

The issues are:

- the plants in the Swale may die or be damaged if trampled upon.
- In the Sensory and Meditation Garden, it is easy to trip or fall and therefore injure yourself. Many people have been seen throwing or crushing rocks in this area as well.
- The danger of the area behind the Banksia Building is the limited teacher supervision and it is therefore most vulnerable to strangers.

For your information, the results gathered from the tally are: In 20 minutes, we had 37 people go through the Swale, 71 people went onto the rocks in the Sensory and Meditation Garden, and we had 122 people go behind the Banksia Building.

Please be respectful to all the areas in the school by avoiding rocks, sticks and vegetation.

Once again, please remind everyone to avoid playing or walking/running through the above mentioned areas.

Thank you for your time
Ashlyn W, Errol S, Reyansh G & Shibe H

Year 5 Living Wax Museum

The Year 5 students have wrapped up a big project that was started during Term 2 Remote Learning. They researched someone who lived during the Australian Gold Rush period, and presented their inquiry findings by taking part in a Living Wax Museum. Students prepared, practiced and participated in an oral presentation as if they were a living 'waxwork' figure of their chosen individual. This project specifically addressed the skills of exploring the role that a significant individual or group played in shaping the Australian colonies, and sequencing information and events in a person's life. A big congratulations to all Year 5 students for finishing this enormous project!



Janice Q – “I really enjoyed watching everyone talk about their individuals and also telling my class about my person.”

Georgia K – “It was actually one of my favourite projects because you could be someone else and it felt so amazing to have an opportunity to discover new things.”

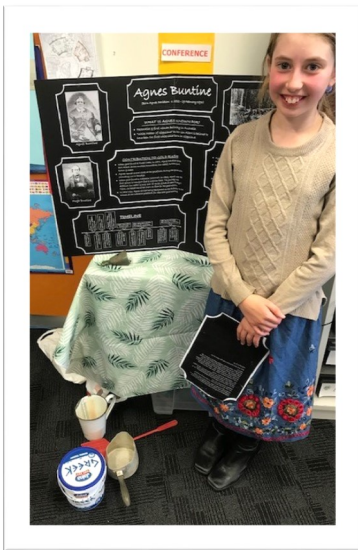
Eromi G – “The Living Wax Museum was a great way to learn how people contributed to the Gold Rush.”

Max D – “The Living Wax Museum was a good opportunity to learn about the history of the Gold Rush and all the events that happened during it.”

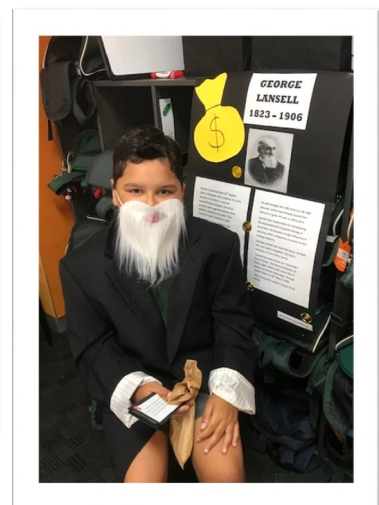
Emma C – “It was fun to see everyone's props and costumes.”

Romesh G – “It got to wear a beard. I enjoyed seeing people dressed up.”

Elissa O – “Everyone kept on calling me Edward Smell ... even though my name was Edward Snell!”



Photos: Moira Lennon



Science Talent Search



What an amazing effort to put your hand up to take on an extra curricula activity, given the year we have had.



To **ALL** our 2020 Science Talent Search entrants, a huge congratulations to you.

We explored the theme *Deep Blue: innovations for the future of our oceans*.

This focus comes at a critical time for our management of this natural resource. We look to responsibly adopt a range of preservation, conservation and broad usage roles which aim to support the many ecosystems in balance throughout the world's oceans.

TIP: Please make it your practice to snip the ear hooks on your masks before disposing of them in a thoughtful manner.

Our Entrants:

- ★ **Eric C**, 4O - Computer Program- 'Clean the Ocean' - *Acknowledgement*
- ★ **Taite B**, 4S - Working Model- 'Submarine in Operation' - *Merit*
- ★ **Pranavi D**, 4O - Picture Story Book- 'Uncovering the Secrets of the Ocean' - *Merit*
- ★ **Daniel A & Jaden F**, 4S - Picture Story Book- 'Journey to the Bottom of the Ocean' - *Minor Bursary*
- ★ **Noah S-J & Mitchell L**, 5U - Scientific Wall Chart (Poster)-'SOS, Save our Oceans' - *Minor Bursary*
- ★ **Haritas K**, 4O - Poster- 'Deep Blue Ocean' - *Major Bursary*
- ★ **Gabriel T & Hayden L**, 6M - Scientific Wall Chart (Poster)-'Conserving Ocean Life' - *Major Bursary*



This year's Bursary winners ceremony was very different, as the event has been held at La Trobe University for many years. Ms Steward booked a Zoom session and we listened to an address from leaders in their field to inspire us to continue our involvement and passion for science, and especially the oceans. Here we are (see below, centre) showing off our medals and certificates. We were also handed our cheques provided by the competitions sponsors.

We never thought we would be so successful. It was hard due to COVID-19, but we managed to get through it and have a really great experience.

Jaden, Noah, Haritas & Daniel



Photos: Marita Steward & Navisha Lee

This year went ahead with thanks to the dedicated staff from STAV (Science Teachers' Association of Victoria Inc.) and all the schools involved who provide the judging panels. Without such a willing, talented and professional crew, these opportunities would not be here to support our eager students. It was truly inspiring to see the Science Talent Search continue through this pandemic.

Ms Marita Steward
STS Coordinator



Graduation Fundraiser: Free Dress Day

Thanks to everyone who supported the Year 6 Graduation fundraiser yesterday by coming to school in free dress and donating a gold coin - \$626 was raised.

class of 2020

Electronics Days

Year 6 students will have two Electronics Days this year (instead of the usual one day). These special events take place on Friday 11th and Wednesday 16th December.

Graduation Celebration

Our Year 6 students will celebrate their Year 6 Graduation on **Tuesday 15th December**.



Big Day In

The Big Day Out we traditionally would have for Year 6s will now be a Big Day In on **Thursday 17th December**. Year 6 teachers and the Graduation Committee have some plans, and will let community know the details soon - watch this space!

Music



Australian Girls Choir Open Day

Look no further than the Australian Girls Choir (AGC) because we encourage, challenge and inspire girls as they learn to sing, dance and perform. School aged girls are invited to come along to our Virtual Open Day on Sunday 22nd November to try our fun and inclusive classes and learn more about being part of the AGC! Please visit our website to register to attend our free Open Day: <https://ausgirlschoir.com.au/openday2020/>

Health Centre



Hay Fever Season



We are in the middle of peak Hay Fever season at present, and I am seeing a lot of children presenting with symptoms of itchy eyes and runny noses.

Thank you to parents who have sent in Allergy Plans for this.

The [Melbourne Pollen Count and Forecast](#) website provides useful information. I use the [Melbourne Pollen Count App](#) on my phone which is available and free from the

App Store or Google Play. It gives me a seven day forecast of grass pollen levels, which would be particularly useful for families to be aware of predicted high pollen days, so anti histamine can be administered in the morning before school if that is part of your Allergy Plan. It also provides a forecast for potential Thunderstorm Asthma events. I highly recommend this to all families - particularly with children susceptible to Hay Fever and Asthma.

Please remember to see your doctor if you have concerns, and have an up to date Asthma Plan and Allergy Plan.



Julie Zuk
First Aid Officer



PFA Meeting

The next PFA meeting is to be held on Tuesday 1st December at 7.30pm at 57 Café Bar Restaurant, Pinewood Shopping Centre, Centreway, Mount Waverley. RSVP for booking purposes to ehpspfa@gmail.com. Please join the Committee in celebrating the chance to meet in person!

Secondhand Uniform

The arrangements recently advertised for accessing secondhand uniform has now closed. We will advise when we can begin accepting donations of good quality secondhand uniform again, and how this will be made available to purchase.

Fiona Nicholson Stocker
PFA President & Mum of Allison, 40

Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School. In responding to any advertisement, you accept full responsibility for the consequences of goods or services received.



AUSTRALIAN GIRLS CHOIR



Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

Join us at our **VIRTUAL OPEN DAY**
SUNDAY NOVEMBER 22

Register now at ausgirlschoir.com.au/openday2020 or phone 9859 6499



AUSTRALIAN SCHOOL OF PERFORMING ARTS

