

CALENDAR

March

Tue 3 Division Swimming
 Thu 5 EHPS Student-free Day
 Fri 6 Yrs 5&6 Summer Inter-School Sport
 Mon 9 Labour Day public holiday
 Tue 10-Fri 13 Yr 6 Camp
 Wed 11 PFA Annual General Meeting
 Fri 13 National Ride2School Day
 Fri 13 Region Swimming
 Fri 13 Yr 5 Summer Inter-School Sport
 Tue 17&Wed 18 School Photos
 Tue 17 Parent Forum with Michael Ymer
 Fri 20 Harmony Day
 Fri 20 Yrs 5&6 Summer Inter-School Sport
 Fri 27 Grandparents & Special Friends Day
 Fri 27 Term 1 ends - 2.30pm dismissal

April

Tue 14 Term 2 starts
 Wed 22-Fri 24 ... Yr 5 Camp
 Fri 24 ANZAC Commemoration

*Students do not attend school on public holidays
or student-free days.*

Whole School Assembly

Every Monday at 2.40pm in Stadium. *All welcome*

School Banking - every Tuesday.



School Hats - every day in Terms 1 & 4.

School Tours

Thursdays & Fridays at 9.30am, commencing Friday 6th March
Bookings essential.

2020 Term Dates

Term 1: 28 January* to 27 March

Term 2: 14 April to 26 June

Term 3: 13 July to 18 September

Term 4: 5 October to 18 December

** 28 January is a state wide student free day.*

*EHPS student-free days: 28 January, 29 January, 5 March and
probably 31 July*



COMPASS PARENT PORTAL

<https://essexheightsps-vic.compass.education>

Essex Heights Primary School
 22-30 Essex Road
 Mount Waverley VIC 3149
 Telephone: (03) 9807 4944
essex.heights.ps@edumail.vic.gov.au
www.essexheightsps.vic.edu.au
 Principal: Mr George Perini
 Office Hours: 8.30am to 4.30pm Monday to Friday
 during school terms.

Principal's Report



Dear Parents, Guardians, and members of the Essex Heights Community,

School Council Election 2020

Following the close of nominations for Parent Representatives on School Council, there were four (4) nominations for the four (4) vacant two year positions. Therefore, I am very pleased to declare the following parents duly elected to the Essex Heights School Council for two years: Jennifer Bittner, Oudom Chhit, Angela Millan and Carolyn Mott. There was also one (1) nomination for the one year Casual Vacancy. Therefore I am pleased to declare Kim Huynh duly elected.

Also congratulations to Paul Davis and Ben Wooster who were the only two (2) nominations for the two (2) DET representative positions. Therefore they were both duly elected unopposed.

Congratulations to all the successful candidates and I look forward to working closely with them for the growth and development of our school.

I would again like to thank all our retiring school councillors - Betty Ciorciari, Oliver Holmes, Tonia Preyser and Carolyn Wilson - for their work and commitment to our school over the past years. I hope that we can find other ways to keep them all participating and involved for the betterment of our school.

I look forward to working with our new School Council as we focus on continuing the excellent programs that we have for our children at Essex Heights and continue to implement our School Strategic Plan.

... continued on page 3

**Student-free Day
NEXT THURSDAY
5th March**

No students at school
*Care available 7am to 6pm - book
with Paul Davis*





February

29th Chloe C

March

1st Talie G
Shaan L

2nd Oscar W
Ollie P
Eddie F

Ava B
3rd Rico V
Xavier B

Luigi S
4th Leah J
Nandita C

5th Chelsea L
Lachlan W

6th Daniel Y
Agastya A
Cayle B
Alishba A

This week's information on Compass:

Notifications sent this week that were about events/information that have passed are not listed.



Year/Group

Compass News Feed

Prep	Foundation ArtSEL: Self-Talk for Staying on Task. Homework included.
Year 1	Grade 1 ArtSEL: Self-Talk for Learning. Homework included.
Year 2	Grade 2 ArtSEL: Lesson 3 Using Self-Talk. Homework included. Brain Food, Snack and Lunch
Whole School	Student-free Day - Thursday 5th March Welcome BBQ/Picnic - TONIGHT School Council Election 2020 Lost Water Bottles

Compass Events:

Year/Group

Notice/Activity and Payment & Consent Due Date

Year 6	Year 6 Forest Lodge Farm Camp - pay \$450 & consent by TODAY, 28th February
Whole School	SRI - Christianity 2020 - consent only by 5th March if participating SRI - Buddhist 2020 - consent only by 5th March if participating
Selected Students	Monash Waverley Division Swimming Finals - consent only by 1st March Victorian State Schools Spectacular - pay \$25 & consent 6th March

Assembly: Monday 2nd March

At Assembly on Monday:

- Junior School Council (JSC) badge presentation
- School banking winners
- Student of the Week, Birthdays and Baik Sekali awards

Note: Items listed above are correct at time of publication, but may be subject to change.

Assembly starts at 2.40pm in the Stadium. All welcome.

Snack/Brain Food is essential!

Snack/brain food is essential for students to keep their energy and concentration up. They must bring their fruit or vegetable (recommended) snacks every day to eat in the morning. If your child has a Canteen lunch order, please remember to send them to school with their snack/brain food.

National Ride2School Day



National Ride2School Day on Friday 13th March is the perfect opportunity to kick-start new healthy habits and promote the many benefits of active travel. We encourage all students and their families to leave the car at home and give riding, walking, scooting or skating to school a go.

Principal's Report



Compass – a great way to communicate

Essex Heights is committed to improving and facilitating communication between our school and home. As a result we use Compass School Manager, a web based system, as our primary communication tool, and it allows families to access up to date information about the school or make a number of tasks easier.

The Parent Portal on Compass includes many features such as:

- Ease of communication with your child's teachers and vice versa
- The ability to update your family contact details (mobile number and email)
- Obtaining important school information via the News Feed
- Viewing the school calendar and future events
- Approving and paying for school events, excursions and fees
- Monitoring your child's attendance and entering explanations for absences or lateness
- Downloading and viewing your child's semester reports
- Booking Parent Teacher Interviews



We encourage all families to regularly use the EHPS Parent Portal on Compass. Compass is accessible on any modern web browser at <https://essexheightsps-vic.compass.education> or by using the Compass School Manager iOS or Android apps.

To login to Compass you will require your unique family username and password. These details have been provided to you by the school. If you have lost your details, please contact the Office and request that your login information be reset.

More information about Compass can be obtained from the [EHPS website](#). Click on the Compass quick link (overview and login link), the Compass logo at the bottom of the home screen (Compass login), or [CLICK HERE](#) (links to overview and login, parent information booklet and user guides).

Junior School Council Badge Presentation

On Monday at Assembly we will be presenting our Junior School Council badges to another group of student leaders who will work throughout the year to ensure that the voice of students is heard within the school.

It would be fantastic to see parents/guardians there to congratulate their children.

Use of school toilet facilities

At Essex Heights we have a number of programs conducted on our school grounds after 3.30pm by external providers eg Chess, Kelly Sports, Basketball, SRI, Dance, etc. I would like to remind all parents who are around the school throughout the school day or waiting for children that participate in after hours programs that there are toilet facilities for adults in each of the buildings should you need to use them.

However no adult is permitted to enter the student toilets, as there may be students other than your child using this facility. We ask that you wait outside the bathroom for your child in order to respect the privacy of all students using the student bathrooms.

Thank you for your cooperation in this matter.

Prep – what a beginning!!!

On Wednesday afternoon, many Prep parents took the opportunity to join into our first **Stay and Play** afternoon. Parents and their children gathered outside the Prep rooms near the Prep playground so that they could mingle and get to know each other. At the same time the children munched on icy poles, played on the playground and gave their parent a flower. This was a wonderful and informal way for parents to get to know each other. Thanks to everyone who stayed behind, it was great to see you here. Special thanks to the Prep staff and Carolyn Wilson for organising this special gathering!

Yesterday, the Prep children were joined by their Year 5 **Buddies** for lunch. The children interacted so well. They all really enjoyed their time together and is the beginning of some really good friendships. The older students really see this as a leadership experience, and they will remain with their buddy until the end of next year. Thank you to the Prep and Year 5 staff for facilitating this special bonding experience.

... photos and more continued on page 4

Principal's Report



Traffic in Essex Road

I again must stress the importance of parents following appropriate road rules around our school grounds. This applies to both pedestrian and car traffic. This week I have observed parents:

- parking and leaving their car in the two minute drop off zone during the designated restricted times.
- making U-turns in Essex Road opposite the car park entry and across the solid white line.
- parking illegally across driveways.
- dropping off children by having them alight from their car on the road side.
- double parking further along Essex Road to drop off and pick up children.

All of these practices are dangerous and are not following our road laws. I have contacted the City of Monash and requested immediate assistance to improve the traffic management and safety of our children in Essex Road and Tyne Court. I seek your support to improve the current situation for the safety of all our community.



Photography

I would like to remind all families that the taking of photographs of children other than your own contravenes privacy legislation in all circumstances, unless you have the explicit permission of the other child's parent or guardian. If there is a reason for a photograph to be taken, please talk with your child's teacher so that it can be discussed and perhaps permission obtained.



School Clean Up Day

Today is School Clean Up Day (part of Clean Up Australia 2020) and the children have been participating in clean-up activities throughout the week. Classes have been out and about picking up rubbish so that we make our school clean and reduce the amount of waste that can find its way into storm water drains.

Thank you to the children and staff for helping to clean up our environment.

Please refer to the Sustainability article later in this newsletter.



... continued on page 5



Making Friends

At the start of every year children are in different classes and a new set of relationships have to be made. As parents we all want our children to be happy at school so it is important to help them make new friends and fit into their new class structure. Parents sometimes ask what they can do to help their children. The following is an Insights article from Michael Grose, founder of Parenting Ideas and one of Australia's leading parenting educators, that offers some real advice about what you can do to help your child's transition to their new setting (a copy of this article is available from Office reception).

Making new friends and staying in touch with old classmates

As a parent there is a great deal you can do to help your child adjust socially at the start of the school year. Here are some tips to help.

Encourage your child to be open to new friendships

An open, friendly attitude is a child or young person's best social asset. Students who open to forming new friendships are more likely to succeed than those who seek solitude, who are critical and who limit themselves to just one or two familiar faces. Encourage your child or young person to seek out new friendships, even though they may feel uncomfortable or strange at first.

Encourage healthy relationships

Do all you can to encourage healthy relationships based on respect and common courtesy. Generally, when a relationship is healthy a child feels safe, valued and able to speak up. Unhealthy relationships, such as cliques, are restrictive, one-sided and are full of gossip and criticism.

Encourage inclusiveness

Studies have shown inclusiveness to be one of the prime social skills shared by socially successful students. Encourage your child or young person to include others in games, conversations, team activities and other group activities. Inclusiveness is not just a wonderful friendship skill, it's strong leadership attribute as well.

Encourage friendships with both genders

If you are in a co-education environment encourage your child to form friendships with both boys and girls. This is particularly valid if your child has siblings of their own gender, or don't have siblings. It's through these early relationships that we gain the confidence to mix with different genders in the later years. Forming friends across genders helps to break down the mystique that sometimes forms, when a child has little contact with the 'other' gender.

Stay in touch with former classmates and school friends

Encourage your child to maintain friendships with former classmates and groups outside of school as this helps to insulate against unfriendly behaviour that they may experience with their close social circle.

Provide social scripts

Your child may benefit from being provided with some social scripts that they can use in common social situations such as meeting a new friend, joining in a game or asking someone else for help. Boys, in particular, can benefit when given the words to use in a variety of different social situations.

Forming new friendships can take time

Meeting new students and forming new friendships can be anxiety-inducing. If this is the case for your child, then it helps to acknowledge their feelings of discomfort, but also remind them that these feelings will pass. As well discuss the fact that feeling comfortable with new friends often takes time, particularly if your child by nature is reserved or slow to warm up in social situations.

Helping kids work through friendships can be tricky for a parent as you don't have a great deal of control over what happens at school. However, with empathy, patience, encouragement and a supportive attitude you can do a great deal to help your child make a smooth social transition.

... continued on page 6

Principal's Report

Student-Free Day

A reminder that the next EHPS Student-free Day is **next Thursday, 5th March**. Students do not attend school on this day. Staff will be participating in professional development on numeracy facilitated by Michael Ymer. A Curriculum Day program will be run by our OSHC program from 7am to 6pm; bookings essential - contact OSHC Coordinator Paul Davis. Children must be enrolled in the OSHC program to attend.

See you all around the school.

George Perini
Principal



ArtSEL

Self-Talk for Staying on Task

This has been another great week for learning at our school. An important skill for learning is using self-talk.

Self-talk means talking to ourselves in a quiet voice or in our heads. Self-talk can help us stay on task and focus attention. Think about what self-talk you might use if you were trying to remember directions your teacher gave you. Remember to use self-talk when you need to stay focused and on task!

If you would like to know more about this program, please come and see us.

Nikki Olsen & Jean Elliott
ArtSEL Teachers



Parent Volunteers

We love the support and involvement of parents, as it enhances the successful running of our school. To offer to participate in the many opportunities available to volunteer, you must:

- ★ have a Working With Children Check (WWCC); and
- ★ have read and signed the Child Safe documentation.

Before volunteering for the first time present your WWCC card to be copied for our register, and submit the signed acknowledgement from the Child Safe Code of Conduct at the Office.

Some of the volunteering opportunities currently available are:

- ★ Classroom Representative
- ★ 'Space Trip' Dance Show - help with costumes
- ★ Year 1 home reading program and classroom helper program for literacy group
- ★ Inter-School Sport for Years 5 & 6 - scoring and coaching
- ★ Year 4 Wednesday afternoon sport - equipment pack up
- ★ Canteen - roster
- ★ PFA
- ★ School Banking - Tuesday mornings
- ★ Classroom Helper - speak to your child's teacher.

If you require information about the Working With Children Check or a copy of the Child Safe documentation, please come to the Office.



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit
www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- **new student enrolments;** your child has started or changed schools in 2020 or you did not apply in 2019.
- **changed family circumstances;** such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.



2020 School Fees

2020 school fees (student charges and voluntary contributions) have been advised to families by Compass notification and an email with your family statement attached. The Compass notification included a copy of the fees letter explaining the school fees for this year. The email with your family statement attached was sent to the designated email address for your family. Please check your family statement before paying to confirm the amount payable; those families who had credits (excluding CSEF) on their family statements in 2019 have had these carried over and are on your current statement.

Our preferred payment options are:

1. BPay (details on the family statement sent by email) - you will be able to pay in one transaction; or
2. Compass Pay (refer to the [user guide on the school website](#) if required). *Note: each charge is payable as a separate transaction.*

If you are unable to pay using the options above, bring a copy of your family statement to our School Office (on your phone or on paper), and you can pay by:

- Eftpos/Credit card (Visa or MasterCard; minimum transaction \$20); or
- Cash (provide correct amount as no change is held at the Office); or
- Cheque payable to Essex Heights Primary School.

School fees are payable by Monday 16th March.

Any families experiencing financial hardship should contact Mr Perini or our Business Manager, Barbara McCann, before the due date.

Health Centre



Maintaining good health hygiene at school and home

Just a reminder for all our families to reinforce with their children that everyone can protect against infections by practising good hand hygiene and respiratory hygiene both at home and at school.

Please talk with your children and make sure that they are using soap which is provided in all bathrooms after they use the toilet at school as well as at home.



... continued on page 9

Health Centre



Here are some tips that everyone can follow:

- ★ Cover your mouth and nose when coughing and sneezing with a tissue, or cough into your elbow.
- ★ Dispose of the tissue into a bin and then wash your hands afterwards.
- ★ Wash your hands regularly, after using the toilet, and before eating.
- ★ Germbusters, an antibacterial hand sanitiser, is provided in all classrooms at EHPS and children are encouraged to use this.

Students who are unwell at home should not come to school; please see your Doctor if you have any health concerns.

Thanks,
Julie Zuk
First Aid Officer

Sustainability



School Clean Up Day (SCUD)

I'm so excited this year, the organisers for Clean Up Australia day have come up with a great new initiative. There is also a great link between the themes for Science Week - *Deep Blue: innovations for the future of our oceans* - and SCUD. The action of cleaning up litter reduces the amount which may end up in the bay and further into surrounding pelagic zones.

The initiative is to make a pledge to change a behaviour. So what's your pledge? Follow the links below to learn more about our impact on the environment and set a goal. My pledge is to always remember my Keep Cup, no more take away coffee cups for me. In the classroom, I pledge to rethink my teaching so I use all of the pages in the books the students use. This will also mean I photocopy less. Win Win, really!

EHPS students gathered today to participate in '**Step Up to Clean Up**'.



Photos: Marita Steward

Contact your local Council to find out more about local community Clean Ups on Sunday 1st March.

Find out more by clicking on this link: <https://www.cleanup.org.au/factsheets>

Visit the video to learn more: <https://www.youtube.com/watch?v=FDPFt2uEjQk>

Marita Steward

School Photos



School Photos will be taken on **Tuesday 17th and Wednesday 18th March** by The School Photographer.

If you know that your child will be absent on either or both of these dates, please ensure you have entered an absence note on Compass and sent an email to your child's teacher and Gael Munro (care of the school email).

Photos are ordered online; information will be available soon.

Special Religious Instruction (SRI)

All families have received a Compass notification about Special Religious Instruction (SRI) classes in Christianity and Buddhism. Accredited facilitators offer classes in Christianity (Prep to Year 6) or Buddhism (Years 3 to 6) on Thursday afternoons from 3.40pm to 4.10pm, commencing on Thursday 19th March. Participation requires parent/guardian consent. You only need to respond to the Compass notification if you want your child to attend. Consent is required by next Thursday, 5th March.

For more information about SRI - <https://www.education.vic.gov.au/school/principals/spag/curriculum/Pages/sri.aspx>

'Space Trip' Dance Show



Rehearsals for the *Space Trip* Dance Concert have commenced. All students are learning a choreographed dance and a song to sing for the finale.

Years 5 and 6 students were given the opportunity to audition to play character roles in the show and a cast has now been chosen.

The *Space Trip* Dance Concert will be held on Monday 4th May (Group 1) and Tuesday 5th May (Group 2). Your child/ren will only perform on one night.

This year the concert will be held at Crossway Baptist Church in Burwood East. There will not be a limit on tickets per family as there has been in previous years.

Parent Helpers

Help with costumes



We are looking for parents interested in helping with our *Space Trip* costumes. We borrow our costumes from another school, but some light sewing may be required! If you have the skills to help us out, please contact Moira Lennon (lennon.moiram@edumail.vic.gov.au).

Cardboard Tube Donations

We need cling wrap/aluminium foil/baking paper cardboard tubes. If you have any lying around at home, please bring them to school and deliver them to the Office. It would be greatly appreciated.

Year 4 Wednesday Afternoon Sport - Volunteers Needed

We are looking for some helpers with packing up after our Year 4 sports rotations on Wednesday afternoons. In particular, the table tennis tables and the volleyball net need to be packed up. This will be from 3.15pm and will only take about 10 minutes. If you are around to pick your kids up on Wednesday afternoons and can assist, please contact Mr Russell.

Many thanks,
Year 4 Teaching Team



#270551635

Year 6 Camp

Year 6 students and their teachers will travel to Jack River to attend a four day Camp at Forest Lodge Farm from Tuesday 10th to Friday 13th March. Students will participate in a range of outdoor activities focusing on team building, developing self confidence/self-esteem and problem solving. The camp also reinforces the Year 6 integrated unit of 'Survival/Natural Disasters'.

The information night for parents/guardians was held on Wednesday.

Camp information has been published on Compass. Payment of \$450 and consent is due by TODAY, Friday 28th February. If you have CSEF, you can request that this be applied. Please also complete the Medical Form and return to your classroom teacher; access the Medical Form under Resources tab in the Camp notification on Compass.



Year 5 Camp

Year 5 students will be on camp from Wednesday 22nd to Friday 24th April.

Sovereign Hill Camp is an exciting opportunity for Year 5 students to directly engage in the learning area of historical knowledge within the Victorian Curriculum. Students will learn firsthand Victoria's rich history in gold and significant events in Australian history such as the Eureka Stockade. This camp also enables students to develop self-confidence and to learn and participate in activities that involve both independent and team work skills. This further enhances students' personal learning, wellbeing and engagement.

Camp information will be published soon on Compass, including date for payment of \$340 and consent. If you have CSEF, you can request that this be applied.



Years 5 & 6 Summer Inter-School Sport



We played Inter-School Sports against Glendal Primary School today. Next week we compete against Mount Scopus.

Information about the Summer Inter-School Sport competition has been published on Compass. Payment of \$45 and consent is now overdue. If your child's payment and consent is still outstanding, please finalise at the Office early next week.

Parent Volunteers



In the past we have been fortunate to have the assistance of parents for scoring and coaching during the Inter-School seasons and other Inter-School sporting events. If you are interested and available at all, we would very much appreciate your assistance. You must hold a Working With Children Check and have signed and lodged the Child Safe documentation to volunteer. Contact the Office for information or to lodge your documentation if this is not in place.

Please contact Elisha Cotterell if you have any questions - cotterell.elisha.j@edumail.vic.gov.au.

Division Swimming

Congratulations to Jayda C, Indie C, Kira D, Zoe K, Grace L, Matthew L, Ethan L, Mackenzie L, Ethan L, Ryan L, Camryn R, Karl S, Olivia S, Jayden T, Celeste V, Celina A, and Annabelle X who have qualified to compete in the Monash Waverley Division Swimming Finals next Tuesday, 3rd March. The competition will be held at the Monash Aquatic and Recreation Centre (MARC) from 9am to 12 noon.



Information has been published on Compass. There is no cost for this event, but consent is required by Sunday 1st March.

The Victorian State Schools' Spectacular (VSSS) is an annual event and is one of the largest recurring productions in Australia. The VSSS brings together over 3000 school students performing as a 64 piece orchestra, 1300 voice choir, 1200 mass dancers, 30 lead vocalists, 16 principal dancers, 20 ensemble dancers, eight backing vocalists, roller skaters and puppeteers and much more.

VSSS encourages creative skills, discipline, perseverance and confidence over months of rehearsals. Students, working towards a common goal in a collaborative, competition-free environment. Its dual aim is to provide an invaluable performing arts opportunity to students and to showcase the enormous talent that exists in our schools. This all comes together in a three hour show that celebrates the diversity of performance mediums.

Participating students have the opportunity to work with industry professionals including Creative Director Neill Gladwin, Musical Director Chong Lim AM and Dance Director Deon Nuku.

The 25th anniversary VSSS will be staged at Melbourne Arena on **Saturday 12th September 2020** in two performances at 1pm and 6.30pm.

We are very excited to be selected as one of the schools to perform in the Mass Choir in the VSSS this year; members of Chorale will represent EHPS.


Information has been published on Compass. Payment of \$25 (for compulsory Spectacular t-shirt) and consent is due by Friday 6th March.

Instrumental Music

2020 Instrumental Lessons

Want to learn an instrument this year?

- Recommended starting ages for Instruments:
 - Grade 1 – Piano, Keyboard, Drum-Kit, Violin, Viola
 - Grade 2 – Cello, Clarinet, Trumpet
 - Grade 3 – Flute, Guitar, Ukulele, Harp
 - Grade 4 – Saxophone, Trombone and Double Bass
 - Grade 5/6 – Any Instrument
 - Preps – may start Grade 1 instruments from Cycle 2 onward



Ensemble Groups

- Guitar Ensemble
- Percussion Ensemble
- Concert Band
- String Ensembles
- Contemporary Band

Interested in learning an instrument we don't have?

Please let us know by completing an Expression of interest form – you can find it with the Handbooks on the school link below.

If you learn outside school, come and join our ensembles. Check out the Essex Ensembles Handbook.

Current students: Enrolments are ongoing.

- Want to continue with everything the same? No need to do anything.
- If you would like to change your type of lesson, instrument or withdraw from lessons, please email kennedy.alyssa.a@edumail.vic.gov.au

Handbooks available: <http://www.essexheightsps.vic.edu.au/page/76/Instrumental-Music-Program>



5L Invitation to Assembly

5L would like to invite family and friends to Assembly on Monday 16th March. We are going to sing *Grumpy Pirate*. We would love for you to clap for us and show your support while we are singing.

Sincerely,
Aiden, Luca, Mitchell and Zac

Showcase

Showcase, our annual music concert, will be held on **Friday 23rd October**. Please note the date as it has changed from that advised previously.



Outside School Hours Care

Child Care Subsidy (CCS)

In order for you to receive Child Care Subsidy (CCS) you will have to set up a myGov account.

After you have provided me with your CRN and your child's CRN, you will then need to confirm guardianship on your myGov account.



Quality Improvement Plan (QIP)

The program is in the process of developing its Quality Improvement Plan. If you have any suggestions that you feel may enhance the programs operations please let us know. We want to ensure that we are doing everything to make your child happy whilst in care.

Breakfast Menu

We will be surveying children and parents in relation to our current breakfast menu. We want to ensure that your children are provided with nutritious and interesting breakfast options.

Hats & Sunscreen

If your child wants to go outside whilst at Aftercare they must have a broad rimmed hat and sun block. This is in accord with our Sun Protection Policy.

Student-free Day

On the Student-free Day next Thursday, 5th March, we will run a Curriculum Day program. Enrolment forms can be picked up from the program during operating hours from today, Friday 28th February.

If you have any questions, please send them to davis.paul.d@edumail.com.au.vic.gov.au, or phone OSHC on 9807 2615 or 0417 941 986.

Thank you,
Paul Davis
Coordinator

Munch & Crunch Canteen



Canteen Roster

Monday 2nd March - 11.15am to 1.45pm Xiqoling Chen, Elaine Cao

Wednesday 4th March - 9.00am to 1.45pm Yin Tian, Angela Li

Friday 6th March - 9.00am to 1.45pm Katy Smith, Natalie Murphy

Please remember to sign the Visitor's Register in the Office before coming to the Canteen.

If you are unable to do your rostered duty, or you have any queries, please contact Maria as soon as possible on 0409 934 573.

Maria Vlahos
Canteen Manager

Parents & Friends News



Welcome BBQ – TONIGHT



We hope you are all able to enjoy a relaxed picnic on the Heights (grass area outside the School Hall) **TONIGHT**, Friday 28th February, between 6pm and 8pm, and are able to reconnect with old friends and make some new ones. Sausages and cold drinks will be on sale, or you can bring a picnic tea.

PFA membership is now due

PFA membership is free but requires signing up annually. PFA membership means you will be kept up to date with the activities of the PFA. You will be invited to PFA meetings (two per term). Attendance is not mandatory, but we would love your input.

Please use the link below to click the relevant boxes and enter your details: <https://www.signupgenius.com/go/10C084AADA829A2FF2-2020>. Forms are also available from the Office, and will be accessible on the school website soon.

Our next meeting is the **Annual General Meeting (AGM)** on **Wednesday 11th March** at 7.30pm in the Staff Room. Supper provided.



Facebook

Please join the EHPS Community Facebook group to keep connected to our school community.

Hot Cross Buns

The Hot Cross Buns drive is the PFA's next fundraiser. We will be distributing the order form in the next few weeks. Help will be needed to tally orders in due course. The delicious buns will be collected from school during the last week of term.



Fiona Nicholson Stocker
(Mum of Allison, 4O)
ehpspfa@gmail.com



Entertainment Membership

FUNDRAISING WITH
entertainment.

“
My favourite way to save...
Is to support my school!”

20% of every Membership sale goes directly to our fundraising,
so you save on everything you love to do while supporting us

Buy now to catch Early Bird BONUS offers

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Discover offers
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Save up to \$60
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for ongoing value

Easily search and redeem
offers in the Entertainment App

Support us today in 3 simple steps:

1. Order your Digital Membership on our online order page below
2. Activate your Memberships & download the Entertainment App
3. Log in to the App and start saving right away!

Hurry Early Bird offers end 29th February 2020.

*Terms and Conditions apply. See <https://www.entertainment.com.au/promotions> for more information

<https://www.entertainment.com.au/orderbooks/187402c>

Andrea Fyfe
Entertainment Membership Coordinator

Community Noticeboard

Products & services advertised in Contact are placed on a paid basis and are not necessarily being promoted by Essex Heights Primary School.



THE ATOM PHOTO COMP 2020

This year's theme is 'Fragility'

There are five age-group categories: Lower Primary (Years F-3), Upper Primary (4-6), Lower Secondary (7-9), Upper Secondary (10-12) and Open.

Prizes include Ted's Cameras gift vouchers valued at \$500 for the primary categories, \$750 for the secondary categories and \$1000 for Open.

TAKE original photographs that address this year's theme (more info available online)

SUBMIT 3 photos through our online entry system at atomphotocomp.org

WRITE a short statement (up to 300 words) and submit it with your entry

All photographs must be taken specifically for the ATOM Photo Comp 2020. All entries must be submitted online at atomphotocomp.org

The ATOM Photo Comp 2020 is free to enter and is open to all Australian and New Zealand residents.

Enter your photographs now!
atomphotocomp.org

Entries close midday AEST, Thursday 9 April 2020

Presented by: Partner: Sponsors:



HEART BODY & SOUL

GROUP FITNESS TRAINING

Intro Offer
\$15
2-weeks unlimited

We offer group fitness classes that are:

- Time friendly – just 30 minutes
- Affordable – from just \$15/session
- Equipment free – bodyweight exercises in a HIIT format
- Ego-free zones – everyBODY is welcome
- Beginner & athlete friendly (and all abilities in between) – our qualified & experienced coaches will modify or scale exercises to suit your fitness & ability.

metafit

DAY | TIME | COACH

MON | WED @ 6AM - Emily Condon

MON | WED @ 9.15AM - Jane O'Callaghan

**WHERE: 1 Queens Pde, Glen Iris
Charisma Dance Centre**

FURTHER INFO OR TO BOOK:

www.heartbodyandsoul.com.au

Little by little ... a little becomes a lot

**Bring out the best
in your child with
singing.**



Enrolments for the **Australian Youth Choir** are now open to boys and girls from 7 years.



An opportunity to develop singing, build confidence, self esteem and make new friends.



Weekly rehearsals in Burwood during school Term; workshops and concerts included in the year.

TRY OUT NOW
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**Take your child's singing from the
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australian_youth_choir



The Australian Youth Choir is a division of National Institute of Youth Performing Arts
Australian (NIYPAA) ABN 28 007 124 629

**YOUR CHILDREN
ARE AMAZING
ALREADY.
WE JUST HELP
THEM PROVE IT.**

From Prep to Year 10, NumberWorks'nWords after-school tuition brings out the best in Aussie students by:

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- setting achievable goals and monitoring their progress
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FREE TRIAL CLASSES
Available throughout the year

COME AND ENROL

Saturday 18th January • Enrolment Day

Thursday 30th January • Enrolment Night

All information can be found on our website
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24 YEARS OF DANCE

Classes Available for girls and boys, ages 2 and above

Ballet • Jazz • Tap • Hip Hop
Lyrical • Contemporary • Acro

Performance Opportunities, Competition Teams, Disneyland Tour, Moomba Parade, SFD Exams, End of Year Concert and many more fun events...



At Studio D we believe that all members of our community have the right to a welcoming environment which provides a place for dancers to achieve their best and have fun.

Studio D Code of Conduct - Reach for the STARS

Strive for Excellence • Team Work • Attitude • Respect • Safety

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www.studlod.com.au • 0490 366 136



Guest Artist: Nadine Dudek

ART SHOW 2020

CELEBRATING 25 YEARS OF ROBERTS MCCUBBIN

OPENING - FRI MARCH 13

7-10PM | TICKETS AT DOOR \$25 | REFRESHMENTS | LIVE MUSIC

EXHIBITION - SAT MARCH 14

10AM - 5PM | GOLD COIN ENTRY | ESTABLISHED ARTISTS

CHILDREN'S ART ACTIVITIES SAT 14

10AM - 12PM MAKE YOUR OWN KALEIDOSCOPE | \$2 AT DOOR
2 - 3PM MASTERCLASS | GRADE 5-6 | BOOK ON COMPASS \$10
ALL DAY CHILDREN'S SCAVENGER HUNT | FREE

**NEW SECTION SHOWCASING VCE ART WORKS
FROM LOCAL SECONDARY SCHOOLS**

1PM SAT 14 VCE BEST IN SHOW PRIZE PRESENTED | PERFORMING ARTS ROOM

www.robmacps.vic.edu.au | 57 Birdwood Street Box Hill South 3128 | [@robertsmccubbinartshow](https://www.instagram.com/robertsmccubbinartshow)

EVERYONE'S INVITED TO OUR:
Welcome BBQ

Friday 28 February 2020

**A great chance to meet your
children's classmates' families**



**Sausages and
Cold Drinks for sale
6pm – 8pm**

**You are also welcome to
bring your own dinner
and have a picnic**